Making the Milestones Matter

The 36th Forum for Behavioral Science in Family Medicine

September 17-20, 2015

Sponsored by
The Medical College of Wisconsin
Department of Family & Community Medicine

Endorsed by The Society of Teachers of Family Medicine
Accreditation
The Medical College of Wisconsin is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Medical College of Wisconsin designates this live activity for a maximum of 21.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Medical College of Wisconsin designates this activity for up to 21.25 hours of participation for continuing education for allied health professionals.

The Medical College of Wisconsin is approved by the American Psychological Association to sponsor continuing education for psychologists. The Medical College of Wisconsin maintains responsibility for this program and its content. This activity contains content or processes that may be potentially stressful.

The Medical College of Wisconsin is registered with the Illinois Department of Professional Regulation as a Continuing Education Sponsor for social workers (License No. 159-000664).

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Objectives
At the conclusion of this program participants will:

• Build professional connections with those of diverse backgrounds

• Plan, provide and/or evaluate effective educational experiences in behavioral science for primary care settings

• Gain practical knowledge and skills in behavioral science teaching and patient care

• Implement strategies that enable trainees to acquire behavioral science skills and abilities specifically associated with the ACGME family medicine competencies.

Target Audience
Physicians, behavioral scientists/coordinators and allied health professionals in medical education.

Hotel Information
DoubleTree by Hilton Chicago – Magnificent Mile
300 East Ohio Street, Chicago, IL 60601

Reservations: Toll Free (800) 222-8733 or online http://tinyurl.com/DoubleTree-Forum

A block of rooms is reserved for registrants until August 25, 2015 at a special rate of $199 plus tax, per night.

Note: To receive the special rate, reference “The Forum for Behavioral Science in Family Medicine” or “BSM”. If conference attendance exceeds expectations, rooms in the conference block may be sold out prior to this date.
Reflecting on 15 years of work together, Drs. Triana and Olson have deconstructed what they believe to be the key elements of a successful partnership: sharing common goals and values, honoring the other's expertise, unconditional acceptance, compassion, and evocation of strengths, all based on mutual trust. They have come to view each other as catalysts for positive change; for themselves, their learners, and their system. Drs. Triana and Olson will share a process of intentional partnership that can lead to tangible clinical, teaching, and scholarly outcomes. Finally, they will discuss the opportunities and pitfalls of partnership and invite the audience to think creatively about their own intentional partnerships and collaborative relationships.

Drs. Triana is the Associate Program Director at the John Muir/UCSF Family Medicine Residency in Walnut Creek, CA; She completed her residency and a Family Systems Fellowship at the University of Texas Medical Branch-Galveston were she also was faculty; Dr. Olson is an Associate Professor and Director of Behavioral Medicine at UTMB. He earned his PhD at Kansas State University with post-doctoral training in Behavioral Medicine at UTMB.

Plenary Speakers:

**Family Medicine for America’s Health: The Role of Behavioral Science Education**

**Samuel Cullison, MD**

Family Medicine for America’s Health is a commitment by eight family medicine organizations to improve practice models, payment, technology, workforce and education, and research to support the Triple Aim (better health, better care, lower health care costs) and equip family medicine to improve America’s health over the next twenty years. This initiative will prepare family physicians to adapt to a changing healthcare system and assume leadership in healthcare. Family Medicine for America’s Health endorses training in behavioral science and emphasizes new areas in which behavioral science educators will make substantive contributions. After Dr. Cullison describes the Health is Primary-Family Medicine for America’s Health initiative, a panel of behavioral science educators will explore how behavioral science training can contribute to the goals of Family Medicine for America's Health.

Dr. Cullison is the Immediate Past President of STFM and DIO/Vice President for Graduate Medical Education for Methodist Health System in Dallas. He has practiced in rural Washington, was a Professor of Family Medicine at the University of Washington and residency program director and a member of the ACGME Family Medicine Review Committee.

**Milestones That Matter: Implications for Teaching and Assessment in the Behavioral Sciences**

**Dennis H. Novack, MD**

What Milestones really matter? While the ACGME would say, “all of them,” behavioral science faculty would say that skills such as expressing empathy, compassion, patient-centered care, trainee self-awareness and self-care are the ones that really matter. But those Milestones are also among the most difficult to assess. How can behavioral science educators continue to emphasize such qualities in the face of data driven systems and create reliable, valid measures? Finally, how can family medicine educators use the Milestone guidelines to inform and advance residency training in the behavioral sciences? Dr. Novack will examine an emerging literature that provides some answers and guidance.

Dennis Novack, MD is Professor of Medicine and an Associate Dean of Medical Education at Drexel University College of Medicine. A general internist, Dr. Novack completed a fellowship with George Engel MD in Rochester NY. He has held leadership roles with the American Academy on Communication in Healthcare and the American Psychosomatic Society and is Secretary of the Academy on Professionalism in Healthcare, dedicated to promoting professionalism in medical education.

**“Alone, I Go Faster. Together, We Go Further:” Elements of a Successful Partnership**

**Catalina Triana, MD; Michael Olson, PhD, LMFT**

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Thursday, September 17, 2015

2:30 – 6:30 pm  REGISTRATION
3:30 – 5:00
Seminar 101  Identifying Resident Professionalism Issues through Milestones: Effective Team Approach with Program Director and Behaviorist
J. Todd Weihl, DO, FACOFP; Jeri O’Donnell, MA, LPCC

Seminar 102  Integrating Motivational Interviewing and Narrative Medicine to Teach Behavior Change
Lauren Oshman, MD, MPH; Gene Combs, MD

Lecture  Discussion 103  Why I Am Not a “Behaviorist” and Other Words that Matter in Family Medicine
Michelle Kane, PsyD; Dael Waxman, MD

Seminar 104  Self-Reflection and Frequent Small Evaluations: Making Milestones Matter for Residents and Faculty
Leanne Chrisman-Khawam, MD, MEd; Michael Raddock, MD

5:15 – 6:30 GATHERING IN: Vitality and Balance! A Gathering In Towards Shared Well-Being and Milestone Mastery
Facilitated by: Christine Runyan, PhD, ABPP, Alex J. Reed, PsyD, MPH, Jeffrey Ring, PhD
Whether this is your first Forum or one of several you have attended, the “Gathering In” time is designed to help participants get acquainted and oriented to the meeting theme.

Friday, September 18, 2015

7:15 – 5:00 pm  REGISTRATION
7:45 – 9:15  WELCOME AND PLENARY – (Breakfast Provided)
Family Medicine for America’s Health: The Role of Behavioral Science Education
Samuel Cullison MD

9:30 – 10:30 Lecture  Discussion 105  Miles to Go Before We Sleep: Behavioral Science Educators’ Role in Milestone Feedback and Evaluation
Katherine Buck, PhD, LMFT; Alex Reed, PsyD, MPH

Lecture  Discussion 106  Bringing the Family Back to Family Medicine: A Review of Family Systems Longitudinal Curriculum
Rebekah Schiefer, LCSW; Demetrio Sanchez, LCSW

Lecture  Discussion 107  Beyond Glad, Mad, Sad: Developing Emotional Intelligence from the Secure Base of the PGY Class
Claudia Allen, PhD; Theodore Siedlecki, PhD

Lecture  Discussion 108  Opportunities with Interns: Maximizing Behavioral Science Milestones from the Start
Kathleen Young, PhD

Lecture  Discussion 109  Teaching the Effects of Vicarious Trauma to Medical Students and Professionals
Dawn Graham, PhD; Joseph Bianco, PhD; Tracy Shaub, DO

10:30 – 10:45 BREAK
10:45 – 11:45 Research 110  Patient-Centered Care Research Projects (See abstracts for details)
Supporting The Quadruple Aim with Behavioralist Leadership: Out of the Academic Fringes and into the Mainstream
Leanne Chrisman-Khawam, MD, MEd; Sheerli Ratner, PhD

Lecture  Discussion 111  Residents Leading Milestones’ Discussions: The Physician Educational Plan (PEP)
John Clabby, PhD; Maria Ciminelli, MD

Lecture  Discussion 112  If You Build It, They Will Come: Promoting Faculty and Resident R+R (Reflection & Renewal)
Lauren Penwell-Waines, PhD

Lecture  Discussion 113  Unexpected Milestones of Aging Patients in Communities
Michelle Sierpina, PhD

11:45 – 1:15 LUNCH ON YOUR OWN
1:15 – 2:15 pm Research 115  Research on Patient’s Beliefs and Experiences (See abstracts for details)
Getting Miles out of The Milestones: Incorporating Milestones into a Longitudinal Curriculum
Stephanie Nader, LCSW; Laura DuBach, MD
Friday, September 18, 2015

1:15 – 2:15 pm
Lecture Discussion 117
Are People Moving to Colorado? Adolescent and Marijuana Update
Melissa Arthur, PhD

Lecture Discussion 118
Resident Wellness as a Milestone: Really? How Do We Do That?
Allison Bickett, MS; Dael Waxman, MD

Lecture Discussion 119
Decoding the Dean’s Letter: What to Look for in Graduating Seniors’ MSPE
Richard Holloway, PhD

2:15 – 2:30
BREAK

2:30 – 3:30
Lecture Discussion 120
From Idea Generation to Implementation: Strategies to Develop, Submit and Obtain Grants for Research
David Nelson, PhD; Leslie Patterson, PhD

Lecture Discussion 121
Immunize Your Clinic from Burnout! Implement Clinic Case Conference
Charlotte Navarre, RN, C; Jennifer Hill, PhD

Lecture Discussion 122
Acquiring Professionalism Behaviors: “You Saw Your Faculty Member Do What?”
Lynn Simons, PsyD; Meaghan Beasley, MD; Christine Medaugh, MD

Lecture Discussion 123
Using a Learning Portfolio to Teach Emotional Intelligence Using the Competencies and Milestones
Terri Wall, PhD; Sonya Dominguez, MD

3:30 – 3:45
BREAK

3:45 – 5:15
Workshop 125
The Balint Group Experience: Promoting Relationship Awareness (Session I)
Phillip Phelps, LCSW; Mary Wassink, EdD; Demetrio Sanchez, LCSW; John Freedy, MD, PhD

Seminar 126
Caring for LGBT Patients: Methods for Improving Residents’ Cultural Competence
Elizabeth Klein, MD; Malieheh Nakhai, MD

Workshop 127
Maximizing Mileage From the Milestones: Establishing Trust in the Biopsychosocial Approach to Patient Care
Beverlee Ciccone, PhD; William Kayal, MD; Jan Downs-Barrett, LMFT, MPS, ATR

Seminar 128
Milestones with Meaning: Personal and Spiritual Formation Processes to Help Residents Achieve Their Full Potential
Tom Barbera, PhD; Jessica Hauser, PhD; Heather Kirkpatrick, PhD; Mark Vogel, PhD; Curt Ward, MD, MBA

Seminar 129
Difficult Didactics Made Easy and Engaging
Kaitlin Leckie, PhD; Amy Davis, MD; Colleen Fogarty, MD, MSc; Randall Reitz, PhD; Laura Sudano, MA

Saturday, September 19, 2015

7:00 – 8:00 am
ROUND TABLE DISCUSSIONS (Breakfast Provided)

8:15 – 9:45
Workshop 130
Writing as Process: A Writing Exercise to Promote Individual and Group Reflection, Collaboration, and Creation
Colleen Fogarty, MD, MSc; Natercia Rodrigues, MD

Seminar 131
The Doctor as Drug: Teaching Residents a “Pharmacology” of Relationships
Jeffrey Sternlieb, PhD

Seminar 132
Seeing the Milestones: Assessing and Teaching Resident Competencies with Videoprecepting
Dennis Butler, PhD; Seth Bocden, MD; Larry Duenk, MD

Seminar 133
“Esprit de Corps” - Leadership Training in Building & Sustaining Organizational Morale
Deborah Taylor, PhD; Leanne Chismian; Khawam, MD, MEd

Lecture Discussion 134
The Behavioral Sciences Intensive: A Peripatetic Approach to Resident Personal/Professional Development
Jeffrey Ring, PhD

Register Online: http://ocpe.mcw.edu/family_medicine
Saturday, September 19, 2015

9:45 – 10:00  BREAK

10:00 – 12:00  
Workshop 135  
Teaching Advanced Patient Centered Skills Utilizing Challenging Issues in Cancer Communications  
Thomas Bishop, PsyD; Amy Odom, DO; Kathleen Zoppi, PhD, MPH; Michael Floyd, EdD

Discussion 136  
The Roles of Behavioral Science Faculty on the Inpatient Teaching Service  
Laura Sudano, MA; Randall Reitz, Ph.D.; Mary Talen, PhD

10:00 – 12:00  
Workshop 137  
Linking Family Medicine Milestones to Comprehensive OB/GYN Care: Enriching Learning and Continuity of Care  
Danka Perry, PsyD; Heather Kirkpatrick, PhD; Marissa Rogers, DO; Harveer Mann, MD

Workshop 138  
A Resident Retreat Model Using Play to Teach Behavioral Science Milestones  
Emma Guerrero-Pavich, LCSW

12:15 – 1:45 pm  
LUNCH AND PLENARY – (Lunch Provided)

Milestones That Matter: Implications for Teaching and Assessment in the Behavioral Sciences  
Dennis H. Novack, MD

2:00 – 3:00  
Research 143

One Milestone Lesson: Using Self-Compassion to Make Professional Conduct and Accountability Matter  
Barbara Ackerman, PhD

Discussion 144

Building Behavioral Health Teams: Medical Family Therapy and Family Medicine Residency Cross Training  
Jay Brieler, MD; Max Zubatsky, PhD; Betsy Wan, MD; Danielle Thomas, MS, PLPC

Discussion 145

How Doctors Deal with Difficult Conversations: Monitoring Competencies Using OSCEs and Milestones  
Mary Talen, PhD; Santina Wheat, MD, MPH; Dorothy Dschida, MD

Discussion 146

Acceptance and Commitment Training in Family Medicine  
Daniel Moran, PhD, BCBAD; John Armando, MSS, LCSW

3:00 – 3:15  BREAK

3:15 – 5:15  
Workshop 148

The Balint Group Experience: Promoting Relationship Awareness (Session II)  
Phillip Phelps, LCSW; Mary Wassink, EdD; Demetrio Sanchez, LCSW; John Freedy, MD, PhD

Workshop 149

Behavioral Science Faculty at the Epicenter of Teaching Wellness, Chronic Disease Prevention and Epigenetic Care  
Catherine Snapp, PhD; Ruth DeBusk, PhD, RD; Julie Schirmer, MSW

Workshop 150

Comprehensive Care of Pain: Developing Systems and Tools to Improve Patient Care and Resident Education  
Julie Pickert, PsyD; Shubneet Grewal, MD; Tae Ho Choi, MD

Seminar 151  
Creating a Culture of Gratitude: Giving and Receiving Appreciation  
Amy Odom, DO; Jeffrey Sternlieb, PhD

Seminar 152  
Mentoring in the Shadows: Bringing the Role of Behavioral Scientist as Mentors to Light  
Janelle Von Bargen, PhD; Teresa Dalton, MA; Kathryn Fraser, PhD; Dael Waxman, MD
Sunday, September 20, 2015

7:30 – 9:30 am  COFFEE AND MUFFIN SERVICE

8:00 – 9:30 am  Seminar 153
How to Promote Scholarly Activity in a Busy Residency Program
Maureen Grissom, PhD; Tochi Iroku-Malize, MD

Seminar 154  “I Don’t Like How This Doctor Treated Me!": Responding to Complaints About Residents
James Anderson, PhD; Nancy Newman, MD

Workshop 155  Incorporating Self-Compassion into Academic Medicine Training Programs:
A Triphasic Approach to Address Burnout & Distress
Jennifer Ayres, PhD

Seminar 156  Online Point-of-Care Feedback to Improve Milestone-Specific Evaluations in
Family Medicine Residents
Stephen Warnick, MD

9:30 – 10:00 am  BREAK

10:00 – 11:30 am  CLOSING PLENARY –
“Alone, I Go Faster. Together, We Go Further:” Elements of A Successful Partnership
Catalina Triana, MD; Mike Olson, PhD

11:30 am – 12:00 pm  EVALUATION/ADJOURN

Registration

MCW uses an online system for registration. There are no hard copy registration forms available.

To register please visit: http://ocpe.mcw.edu/family_medicine
For more information: www.familymedicine.org

Questions: Contact Mary Ellen Radjenovich at meradjen@mcw.edu or 414-955-8189

Full Registration Fees:

Paid by 8/25/15  ............................................................$430
Paid after 8/25/15 .........................................................$465
Resident/Medical Student/Graduate Student/Fellow
Paid by 8/25/15 .............................................................$220
Resident/Medical Student/Graduate Student/Fellow
Paid after 8/25/15 .........................................................$260

One Day Registration Fees:

Paid by 8/25/15  ............................................................$245
Paid after 8/25/15 .........................................................$265
Resident/Medical Student/Graduate Student/Fellow
Paid by 8/25/15 .............................................................$150
Resident/Medical Student/Graduate Student/Fellow
Paid after 8/25/15 .........................................................$170

Full registration includes breakfasts, luncheon, breaks, and continuing education credits.
(If unable to attend, 50% of the fee paid will be refunded if written notification is postmarked
by 8/25/15.)
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CHICAGO: September 17-20, 2015

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