The 40th Forum for Behavioral Science in Family Medicine

September 18-21, 2019

2019 Theme:
The Evidence, the Art, the Outcomes

Sponsored by
The Medical College of Wisconsin
Department of Family & Community Medicine

Endorsed by The Society of Teachers of Family Medicine
ACCREDITATION
The Medical College of Wisconsin is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Physicians – The Medical College of Wisconsin designates this live activity for a maximum of 20.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Allied Health Professionals – The Medical College of Wisconsin designates this activity for up to 22.00 hours of participation for continuing education for allied health professionals.

Psychologists – The Medical College of Wisconsin is approved by the American Psychological Association to sponsor continuing education for psychologists. The Medical College of Wisconsin maintains responsibility for this program and its content. This activity contains content or processes that may be potentially stressful.

Social Workers – The Medical College of Wisconsin is registered with the Illinois Department of Professional Regulation as a Continuing Education Sponsor for social workers (License No. 159-000664).

Family Practice Physicians – Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

OBJECTIVES
• After attending sessions and workshops which describe effective teaching strategies and educational interventions, attendees will be able to plan, provide and/or evaluate effective educational interventions for behavioral science training in graduate medical education settings and for clinical practice for primary care settings.

• By attending clinical practice updates and other sessions focused on common psychiatric and health problems seen in primary care, attendee will be able to apply up to date evidence-based research to support clinical interventions in their clinical settings.

• After attending sessions focused on research, attendees will be able to identify opportunities to improve the utilization of available research evidence and opportunities to generate good quality, ethical research to support the activities of family physicians and family medicine educators.

TARGET AUDIENCE
Physicians, behavioral scientists/coordinators and allied health professionals in medical education.

HOTEL INFORMATION
DoubleTree by Hilton Chicago – Magnificent Mile
300 East Ohio Street, Chicago, IL 60601

Reservations: Toll Free (800) 222-8733 or online https://tinyurl.com/DoubleTreeForum2019

A block of rooms is reserved for registrants until August 23, 2019 at a special rate of $209 plus tax, per night.

Note: To receive the special rate, reference “The Forum for Behavioral Science in Family Medicine” or “FBS”. If conference attendance exceeds expectations, rooms in the conference block may be sold out prior to this date.
As we focus on increasing kindness and compassion in our lives and the world around us, we as teachers of Family Medicine, are poised in the intersections among healing, teaching, training, and caregiving. Faculty are held accountable for ensuring that our learners achieve certain milestones and demonstrate certain competencies. This talk will explore principles of kindness and compassion that provide the underpinnings of our work as teachers, and will provide an opportunity for attendees to reflect on opportunities for kindness and compassion in their careers.

Plenary Speakers:

ACT SCHOLARLY! EMBRACE YOUR INNER BEHAVIORAL SCIENTIST
Sandra Burge, PhD
A recent systematic review stated, “the implementation of Primary Care Behavioral Health services is ahead of the science…” pointing to a need to study what we do and document its value to patients, families, and physicians. In this talk, Dr. Burge will encourage Behavioral Science Faculty to see themselves as Behavioral Scientists and Scholars, and to envision The Forum as a learning community in which to join forces, build scholarship skills and generate new knowledge. She will define scholarship as a fundamental activity within a learning community, and emphasize small and large ways that we can contribute to the science of behavioral science.

THE CHANGING PSYCHOLOGY OF BEING A BEHAVIORAL SCIENCE EDUCATOR
Dennis J. Butler, PhD
In his address Dr. Butler will describe how the Forum has chronicled and influenced the maturation and advancement of behavioral science in family medicine for forty years. His address will examine the critical shift in the role of behavioral science education from curricular uncertainty to alignment of core content and the personal development of behavioral science educators from role confusion and isolation to integration and a strengthened professional identity, noting bumps, setbacks and detours along the journey. He will challenge attendees to think beyond reliance on professional affiliation and documentation of the utility of behavioral science as the mainstays for integrating behavioral science in family medicine. The Forum has provided an archive of essential content but do behavioral science educators possess the authority and skills to demand trainee accountability? Is it time to answer the question, “Can a resident fail behavioral science?”

CONNECTING IS JOB NUMBER ONE: USING KINDNESS, COMPASSION, AND CONNECTION TO HELP HEALERS LEARN
Colleen Fogarty, MD, MSc
As we focus on increasing kindness and compassion in our lives and the world around us, we as teachers of Family Medicine, are poised in the intersections among healing, teaching, training, and caregiving. Faculty are held accountable for ensuring that our learners achieve certain milestones and demonstrate certain competencies. This talk will explore principles of kindness and compassion that provide the underpinnings of our work as teachers, and will provide an opportunity for attendees to reflect on opportunities for kindness and compassion in their careers.

The Forum for Behavioral Science in Family Medicine is endorsed by the Society of Teachers of Family Medicine
**Wednesday, September 18, 2019**

2:30 – 6:30 pm  **REGISTRATION**

3:30 – 5:00

Workshop 101  **Narrative Medicine: Re-engaging and Re-energizing Ourselves through Story**  
Andre Lijoi, MD; Ana Tovar, PhD

Workshop 102  **Teaching Family Interviewing to Residents: Basic Concepts and Applications**  
Herman Barenboim, PhD; Teni Metropulos, MA

Seminar 103  **Overcoming Barriers to Mental Health and Substance Use Care in Pregnancy**  
Betsy Manor, MD; Jeremy Waldhart, DO; John Hayes, DO; Kristin Maglocco, MD

Workshop 104  **Core Values & Resilience Promotion in Family Medicine Education**  
Jennifer Ayres, PhD; Valerie Ross, MS, LMFT

5:15 – 6:30  **GATHERING IN: Behaviorist, Heal Thyself!**  
Thomas W. Bishop, PsyD; Katherine Fortenberry, PhD; Corey D. Smith, PsyD; Courtney Barry, PsyD

**Thursday, September 19, 2019**

7:30 – 5:00 pm  **REGISTRATION**

8:00 – 9:15  **WELCOME AND OPENING PLENARY** (Breakfast provided)

**Act Scholarly! Embrace Your Inner Behavioral Scientist**

Sandra Burge, PhD

9:30 – 10:30  **Lecture**

You’ll Shoot Your Eye Out  
Lynn Simons, PsyD; Meaghan Beasley, MD; Bonny Rye, LLP; Christine Medaugh, MD

**Clinical Practice Update**

An Evidence Based Approach to Team-Training in Healthcare  
Adam Guck, PhD; Meredith Williamson, PhD; Katherine Buck, PhD, LMFT

Research 107  **Research on Integrated Care** (See abstracts for details) – Moderator: XXX

**Clinical Practice Update**

Genius Genes: A Helpful Guide to Understand & Interpret Psychopharmacogenomic Tests  
Christopher White, MD, JD, MHA; Kevin Brazill, DO; Stephen J. Warnick, Jr, MD

**Lecture**

Meaning in Medicine: Putting Meaning Back in Medicine  
Miranda Huffman, MD; Lindsay Fazio, PhD

10:45 – 11:45  **Lecture**

Ethical implications of religion and culturally responsive care  
Shena Johnson, PsyD

**Lecture**

Hi, I’m Your Doctor: How to Establish a 20-Minute Relationship  
Mark A. Dixon, PhD, LCSW; Carrie Lucas, PhD

**Lecture**

Lighting the Path: Helping New and Experienced Behaviorists to Thrive  
Jeri O’Donnell, MA, LPCC; Jennifer Reynolds, LCSW

**Lecture**

An Integrated Care Model for Medication Assisted Substance Abuse Treatment  
Amber Cadick, PhD, HSPP; Meghan Williams, PharmD, BCPS; Sara Ritter, LCSW

**Lecture**

Resident Wellness: An Evidence Based Approach  
Alexander Brown, PhD; Alison Parodi, MSW; Kirke Olson, PsyD

**Lecture**

Developing a System to Monitor Resident Well-Being: A Collaborative Approach  
Jose R. Nino, MA, LCPC; Limor Gildenblatt, PhD, LCSW; Mario Hagar

11:45 – 1:15  **LUNCH ON YOUR OWN**

1:15 – 2:15 pm  **LECTURE**

Telemedicine: The Art of Innovative Technology in Family Medicine  
Oliver Oyama, PhD, ABPP, PA-C; Elizabeth Lawrence, MD

**Clinical Practice Update**

Cure or Curse? The Latest Evidence Behind Cannabis Use and Mental Health  
Kevin Brazill, DO; Christopher White, MD; Stephen Warnick, Jr, MD

**Lecture**

“A Million Gray Areas”: Addressing Diversity, Allyship and Cultural Connections  
Kathryn Fraser, PhD; Karen Samuels, PhD
Thursday, September 19, 2019

1:15 – 2:15 pm
Lecture
Discussion 118
Research 119

Physician Wellness, Moral Distress and Stress of Conscience
Corey D. Smith, PsyD

Curricular Research (See abstracts for details) – Moderator: XXX

2:15 – 3:15
Lecture
Discussion 120
Lecture
Discussion 121
Clinical Practice Update 122
Lecture
Discussion 123
Lecture
Discussion 124

Teaching Virtue, Fostering Idealism: Ethics Rounds on the Inpatient Service
Joseph P. Gibes, MD; Alfred Martin, MD

Interprofessional Approaches to Teaching in Family Medicine
Sarah Dewane, PhD; Kautil Leckie, PhD; Limor Gildenblatt, PhD; Sarah Kay Welch, DOFT

Suicide: A Protocol for Screening, Risk Assessment and Evaluation for Family Medicine
Chris Rule, LCSW; Rhonda Mattix, MD; Brooke Palmer, MA; Chasity Jiles, LCSW

The Use of Comics to Discuss Stressors in Medicine
Theresa Maatman, MD; Katinka Hoyer, PhD, MS

One Time Psychiatry Consult: Increasing Access to Care & FM Provide Knowledge & Skills
Catherine Schuman, PhD; Katya Alcaraz, MD; Mark McCabe, MD

3:30 – 5:00
Seminar 125
Workshop 126
Workshop 127
Workshop 128
Workshop 129

"What’s the problem?” Identification of Practice Gaps in the Clinical Setting
Mary Dobbins, MD; Jordyn Mathias, LCPCH; Nicole Tenegra, MD

Integrating the Arts into the Science: Teaching Strategies and Resources
Mary Talen, PhD; Aimee Valeras, PhD

Mission: It’s Possible! Dynamite Didactics for Wellness and Beyond
Kautil Leckie, PhD; Laura Sutcano, PhD; Jennifer Ayres, PhD

The Art and Science of Developing Research and Grant Writing
David Nelson, PhD, MS; Leslie Ruffalo, PhD; Melissa DeNomie, MS

Balint Groups: The Art of Relationship in Family Medicine
Phillip Phelps, LCSW; Chris Rule, LCSW; Jose Nino, MA; Shari Holland, LPC; John Freedy, MD, PhD

Friday, September 20, 2019

7:00 – 8:00 am
ROUND TABLE DISCUSSIONS (See abstracts for details; Breakfast provided)

8:00 – 9:30
Seminar 130
Lecture
Discussion 131
Workshop 132
Workshop 133
Clinical Practice Update 134

Inter-professional Practice Development: Practical Approaches Across Settings
Nataliya Pilipenko, PhD; Krishna Desai, MD; Meredith Williamson, PhD

Lifestyle Medicine Exposure Experience: Health Coaching for Residents’ Wellness
Christopher Haymaker, PhD; Rosalee Cassidy, MD; Griffin Hickey, MPH

Research is a Team Sport!
Sandra Burge, PhD; Alex Reed, PsyD, MPH

Creative (Fun) Activities that Promote Resilience & Minimize Resistance
Jennifer Ayres, PhD

An Integrated Approach to Addressing Opiate Misuse in Primary Care for Female Patients
Joanna Petrides, PsyD; Alexander Kowalski, DO; Jennifer Ehala, MPH, CHES

9:45 – 10:45
Research 135
Lecture
Discussion 136

Research on Clinical Care (See abstracts for details) – Moderator: XXXX

Leaning into Suffering: Personal Growth and Wellness through Empathy
Hugh Blumenfeld, MD, PhD

Register Online: http://ocpe.mcw.edu/family_medicine
Friday, September 20, 2019

9:45 – 10:45
Lecture
Enhancing the Process of Professionalization with Peer Mediation
Barbara Ackerman, PhD; Parastou Farhadian, MD

Clinical Practice Update 138
Childhood Depression
Brianna Smith, PsyD; Megan Brown, PsyD

Workshop 139
The Balint Group Experience: Promoting Relationship and Team Awareness (9:45 – 11:45)
Philip Phelps, LCSW; Chris Rule, LCSW; Jose Nino, MD; Shari Holland, LPC; John Freedy, MD, PhD

11:00 – 12:00
Lecture
Integrating Homeless Outreach: A Longitudinal Component of Family Medicine Residency
Brian Wexler, PhD; Rosa Lucas, RN, FNP-C; Valentine Nudhry, MD; Christopher Robinson, MD

Lecture
CNo More Talk About Wellness! - In Search of Direction in Assisting Residents to Flourish
Michelle Kane, PsyD; Lee Chamblish, MD

Lecture
Responding to Inappropriate Patients: What to Say When You Don’t Know What to Say
Jill Schneiderhan, MD; Tom Bishop, PsyD

Lecture
Breaking the Eggshells: The Ethics of Providing Feedback to Medical Learners
Scott Fields, PhD; Allison Seavey, LCSW

12:15 – 1:45 pm
LUNCH AND PLENARY (Lunch Provided)
Forty Forums: The Changing Psychology of Being a Behavioral Science Educator
Dennis J. Butler, PhD

2:00 – 3:00
Lecture
E-Cigarettes: What We Know, What We’re Teaching
Beverlee Ciccone, PhD; Cindy Barter, MD, MPH; Debra Moorhead, PhD

Lecture
Beyond Genograms: The Art of Engaging Medical Learners in Systems Thinking
Amy Romain, LMSW; Julie Woodwarner, PhD

Clinical Practice Update 146
Medication Assisted Treatments for Opioid Use Disorder
Patricia McGuire, MD; Alyssa Bruehlman, MD; Marianne Koenig, PharmD, BCPS

Lecture
Principles of Adult Learning: Application to Family Medicine Residencies
Mark A. Dixon, PhD, LCSW; David Snowden, PhD; Charu Stokes-Williams, PhD

Lecture
Storytelling and Research: The Oral History Project and Crossing the Divide
Thomas Bishop, PsyD; Julie Schirmer, LCSW; Mike Floyd, EdD

3:15 – 4:45
Workshop 149
Cognitive Behavioral Therapy? But I’m Not a Therapist! I Don’t Have Time for This!
Cynthia Jauregui, PsyD; Lynn Rogers, LCSW

Workshop 150
Deep Dive into the “Well”: How Behavioral Science Faculty Create a Culture of Wellness
Kathryn Fraser, PhD; Harry Blanke, MD PGY3; Danielle Blee, LCMFT; LCAC; Chantel Long, MD

Workshop 151
Conducting Ethical Scholarly Activity and Research, Common Conundrums
Heidi Musgrave, PhD; Chensee Divo, LCSW

Workshop 152
Yes, and for All: Teaching Improvisation Across the Medical Education Continuum
Alex Reed, PsyD, MPH; Valerie Ross, MS, LMFT

Workshop 153
Beyond Benzos – A Review of Pharmacologic Treatment of Anxiety
Kwanza Devlin, MD; Dominique Fons, MD; Kimberly Krohn, MD

Saturday, September 21, 2019

7:30 – 9:15 am
COFFEE AND MUFFIN SERVICE

8:00 – 9:00
Lecture
How to Build a Research Proposal in Family Medicine
Courtney Barry, PsyD; Heather Martens, PsyD; Joanna Petrides, PsyD

Lecture
Expanding Behavioral Health Screening in Primary Care: A Stepped Approach to Diagnosis
Mark Dexter, MD; Lindsay Fazio, PhD; Sara Lempert, BA

Lecture
PRomoting Engagement for the Safe Tapering of Opioids (PRESTO)
Paul Hershberger, PhD; Dean Bricker, MD; Lor Martensen, MS

Lecture
Collaborative Care: Expansion and Education
Stephen Warnick, Jr, MD; Kevin Braziti, DO; Chris White, MD, JD; Sara Marsasco, LMSW; Teague Simoncic, LMSW
**Saturday, September 21, 2019**

### 8:00 – 9:00

**Clinical Practice Update 158**

- Psychopharmacology for Depression
  - TBD

### 9:15 – 10:15

**Lecture Discussion 159**

- Transgender Care: The Role of Behavioral Science Faculty in Training
  - Alison Gurley, PsyD

**Clinical Practice Update 160**

- Get the Lead Out! Lead Poisoning is a Concern from Womb to Tomb
  - Heidi Musgrave, PhD; Deborah McMahon, MD

**Lecture Discussion 161**

- The Art and Science of BATHE: A Foundational Brief Therapy Tool that Learners Use and Love
  - Claudia Allen, PhD, JD; Joseph Tan, PhD

**Clinical Practice Update 162**

- Bipolar Disorder: Managing the Peaks and Valleys
  - William Johnson, MD; Scott Fields, PhD; Ellen Bluett, PhD

**Lecture Discussion 163**

- How Can the Neuroscience of Compassion Help Me with My Patients Today?
  - Dominic Vachon, PhD

### 10:30 – 11:30

**CLOSING PLENARY**

- Connecting is Job Number One: Using Kindness, Compassion, and Connection to Help Healers Learn
  - Colleen Fogarty, MD, MSc

**11:30 am**

**ADJOURN**

---

### REGISTRATION

**To register and more information visit:**

[www.mcw.edu/Family-Medicine.htm](http://www.mcw.edu/Family-Medicine.htm)

---

### FULL REGISTRATION FEES:

- Paid by 8/21/19 ................................................................. $495
- Paid **after** 8/21/19 ....................................................... $525
- Resident/Medical Student/Graduate Student/Fellow
  - Paid by 8/21/19 ................................................................. $240
  - Paid **after** 8/21/19 ....................................................... $280

### ONE DAY REGISTRATION FEES:

- Paid by 8/21/19 ................................................................. $285
- Paid **after** 8/21/19 ............................................................. $300
- Resident/Medical Student/Graduate Student/Fellow
  - Paid by 8/21/19 ................................................................. $180
  - Paid **after** 8/21/19 ............................................................. $200

---

**Questions:** Contact Mary Ellen Radjenovich at meradjen@mcw.edu or 414-955-8189

*Please note there is a $17 non-refundable processing fee for all registrations.*

*Full registration includes breakfasts, luncheon, breaks, and continuing education credits. (If unable to attend, 50% of the fee paid will be refunded if written notification is postmarked by 8/21/19. **There will be no refunds after this date.**)*
The 40th Forum for Behavioral Science in Family Medicine

CHICAGO: September 18-21, 2019

Register Online: http://ocpe.mcw.edu/family_medicine