



MEDICAL  
COLLEGE  
OF WISCONSIN

CONTINUING EDUCATION  
PROGRAM



## **The 40th Forum for Behavioral Science in Family Medicine**

September 18-21, 2019

**2019 Theme:**

The Evidence, the Art, the Outcomes

**Sponsored by**

**The Medical College of Wisconsin  
Department of Family & Community Medicine**

Endorsed by The Society  
of Teachers of Family Medicine



## Sponsor

The Medical College of Wisconsin, Department of Family and Community Medicine

## Planning Committee

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**Mary Ellen Radjenovich**  
Conference Coordinator  
Medical College of Wisconsin

## WEB SITE:

[www.mcw.edu/  
Family-Medicine.htm](http://www.mcw.edu/Family-Medicine.htm)

- Online registration
- Plenary/Speaker bios
- Detailed abstracts of each session's content

## ACCREDITATION

The Medical College of Wisconsin is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**Physicians** – The Medical College of Wisconsin designates this live activity for a maximum of 20.50 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Allied Health Professionals** – The Medical College of Wisconsin designates this activity for up to 22.00 hours of participation for continuing education for allied health professionals.

**Psychologists** – The Medical College of Wisconsin is approved by the American Psychological Association to sponsor continuing education for psychologists. The Medical College of Wisconsin maintains responsibility for this program and its content. This activity contains content or processes that may be potentially stressful.



**Social Workers** – The Medical College of Wisconsin is registered with the Illinois Department of Professional Regulation as a Continuing Education Sponsor for social workers (License No. 159-000664).

**Family Practice Physicians** – Application for CME credit has been filed with the American Academy of Family Physicians.

***Determination of credit is pending.***

## OBJECTIVES

- After attending sessions and workshops which describe effective teaching strategies and educational interventions, attendees will be able to plan, provide and/or evaluate effective educational interventions for behavioral science training in graduate medical education settings and for clinical practice for primary care settings.
- By attending clinical practice updates and other sessions focused on common psychiatric and health problems seen in primary care, attendee will be able to apply up to date evidence-based research to support clinical interventions in their clinical settings.
- After attending sessions focused on research, attendees will be able to identify opportunities to improve the utilization of available research evidence and opportunities to generate good quality, ethical research to support the activities of family physicians and family medicine educators.

## TARGET AUDIENCE

Physicians, behavioral scientists/coordinators and allied health professionals in medical education.

## HOTEL INFORMATION

**DoubleTree by Hilton Chicago – Magnificent Mile**  
300 East Ohio Street, Chicago, IL 60601

**Reservations: Toll Free (800) 222-8733 or online**  
<https://tinyurl.com/DoubleTreeForum2019>

A block of rooms is reserved for registrants until August 23, 2019 at a special rate of \$209 plus tax, per night.

**Note:** *To receive the special rate, reference “The Forum for Behavioral Science in Family Medicine” or “FBS”. If conference attendance exceeds expectations, rooms in the conference block may be sold out prior to this date.*

# Plenary Speakers:



## **ACT SCHOLARLY! EMBRACE YOUR INNER BEHAVIORAL SCIENTIST**

**Sandra Burge, PhD**

A recent systematic review stated, “the implementation of Primary Care Behavioral Health services is ahead of the science...” pointing to a need to study what we do and document its value to patients, families, and physicians. In this talk, Dr. Burge will encourage

Behavioral Science Faculty to see themselves as Behavioral Scientists and Scholars, and to envision The Forum as a learning community in which to join forces, build scholarship skills and generate new knowledge. She will define scholarship as a fundamental activity within a learning community, and emphasize small and large ways that we can contribute to the science of behavioral science.



## **THE CHANGING PSYCHOLOGY OF BEING A BEHAVIORAL SCIENCE EDUCATOR**

**Dennis J. Butler, PhD**

In his address Dr. Butler will describe how the Forum has chronicled and influenced the maturation and advancement of behavioral science in family medicine for forty years. His address will examine the critical shift in the role of behavioral science education from

curricular uncertainty to alignment of core content and the personal development of behavioral science educators from role confusion and isolation to integration and a strengthened professional identity, noting bumps, setbacks and detours along the journey. He will challenge attendees to think beyond reliance on professional affiliation and documentation of the utility of behavioral science as the mainstays for integrating behavioral science in family medicine. The Forum has provided an archive of essential content but do behavioral science educators possess the authority and skills to demand trainee accountability? Is it time to answer the question, “Can a resident fail behavioral science?”



## **CONNECTING IS JOB NUMBER ONE: USING KINDNESS, COMPASSION, AND CONNECTION TO HELP HEALERS LEARN**

**Colleen Fogarty, MD, MSc**

As we focus on increasing kindness and compassion in our lives and the world around us, we as teachers of Family Medicine, are poised in the intersections among healing, teaching, training, and caregiving.

Faculty are held accountable for ensuring that our learners achieve certain milestones and demonstrate certain competencies. This talk will explore principles of kindness and compassion that provide the underpinnings of our work as teachers, and will provide an opportunity for attendees to reflect on opportunities for kindness and compassion in their careers.

# Wednesday, September 18, 2019

**2:30 – 6:30 pm**

## REGISTRATION

**3:30 – 5:00**

- Workshop 101      Narrative Medicine: Re-engaging and Re-energizing Ourselves through Story  
*Andre Ljoi, MD; Ana Tovar, PhD*
- Workshop 102      Teaching Family Interviewing to Residents: Basic Concepts and Applications  
*Hernan Barenboim, PhD; Teri Metropulus, MA*
- Seminar 103      Overcoming Barriers to Mental Health and Substance Use Care in Pregnancy  
*Betsy Manor, MD; Jeremy Waldhart, DO; John Hayes, DO; Kristin Magliocco, MD*
- Workshop 104      Core Values & Resilience Promotion in Family Medicine Education  
*Jennifer Ayres, PhD; Valerie Ross, MS, LMFT*

**5:15 – 6:30**

## GATHERING IN: Behaviorist, Heal Thyself!

*Thomas W. Bishop, PsyD; Katherine Fortenberry, PhD; Corey D. Smith, PsyD; Courtney Barry, PsyD*

# Thursday, September 19, 2019

**7:30 – 5:00 pm**

## REGISTRATION

**8:00 – 9:15**

**WELCOME AND OPENING PLENARY** (*Breakfast provided*)  
**Act Scholarly! Embrace Your Inner Behavioral Scientist**  
*Sandra Burge, PhD*

**9:30 – 10:30**

- Lecture      You'll Shoot Your Eye Out  
Discussion 105      *Lynn Simons, PsyD; Meaghan Beasley, MD; Bonny Rye, LLP; Christine Medaugh, MD*
- Clinical Practice      An Evidence Based Approach to Team-Training in Healthcare  
Update 106      *Adam Guck, PhD; Meredith Williamson, PhD; Katherine Buck, PhD, LMFT*
- Research 107      Research on Integrated Care (*See abstracts for details*) – Moderator: XXX
- Clinical Practice      Genius Genes: A Helpful Guide to Understand & Interpret Psychopharmacogenomic Tests  
Update 108      *Christopher White, MD, JD, MHA; Kevin Brazill, DO; Stephen J. Warnick, Jr, MD*
- Lecture      Meaning in Medicine: Putting Meaning Back in Medicine  
Discussion 109      *Miranda Huffman, MD; Lindsay Fazio, PhD*

**10:45 – 11:45**

- Lecture      Ethical implications of religion and culturally responsive care  
Discussion 110      *Shena Johnson, PsyD*
- Lecture      Hi, I'm Your Doctor: How to Establish a 20-Minute Relationship  
Discussion 111      *Mark A. Dixon, PhD, LCSW; Carrie Lucas, PhD*
- Lecture      Lighting the Path: Helping New and Experienced Behaviorists to Thrive  
Discussion 112      *Jeri O'Donnell, MA, LPCC; Jennifer Reynolds, LCSW*
- Lecture      An Integrated Care Model for Medication Assisted Substance Abuse Treatment  
Discussion 113      *Amber Cadick, PhD, HSPP; Meghan Williams, PharmD, BCPS; Sara Ritter, LCSW*
- Lecture      Resident Wellness: An Evidence Based Approach  
Discussion 114A      *Alexander Brown, PhD; Alison Parodi, MSW; Kirke Olson, PsyD*
- Lecture      Developing a System to Monitor Resident Well-Being: A Collaborative Approach  
Discussion 114B      *Jose R. Nino, MA, LCPC; Limor Gildenblatt, PhD, LCSW; Mario Hagar*

**11:45 – 1:15**

## LUNCH ON YOUR OWN

**1:15 – 2:15 pm**

- Lecture      Telemedicine: The Art of Innovative Technology in Family Medicine  
Discussion 115      *Oliver Oyama, PhD, ABPP, PA-C; Elizabeth Lawrence, MD*
- Clinical Practice      Cure or Curse? The Latest Evidence Behind Cannabis Use and Mental Health  
Update 116      *Kevin Brazill, DO; Christopher White, MD; Stephen Warnick, Jr, MD*
- Lecture      "A Million Gray Areas": Addressing Diversity, Allyship and Cultural Connections  
Discussion 117      *Kathryn Fraser, PhD; Karen Samuels, PhD*

# Thursday, September 19, 2019

## 1:15 – 2:15 pm

- Lecture  
Discussion 118      Physician Wellness, Moral Distress and Stress of Conscience  
*Corey D. Smith, PsyD*
- Research 119      Curricular Research (See abstracts for details) – Moderator: XXX

## 2:15 – 3:15

- Lecture  
Discussion 120      Teaching Virtue, Fostering Idealism: Ethics Rounds on the Inpatient Service  
*Joseph P. Gibes, MD; Alfred Martin, MD*
- Lecture  
Discussion 121      Interprofessional Approaches to Teaching in Family Medicine  
*Sarah Dewane, PhD; Kaitlin Leckie, PhD; Limor Gildenblatt, PhD; Sarah Kay Welch, DOFT*
- Clinical Practice  
Update 122      Suicide: A Protocol for Screening, Risk Assessment and Evaluation for Family Medicine  
*Chris Rule, LCSW; Rhonda Mattox, MD; Brooke Palmer, MA; Chastiy Jiles, LCSW*
- Lecture  
Discussion 123      The Use of Comics to Discuss Stressors in Medicine  
*Theresa Maatman, MD; Katinka Hooyer, PhD, MS*
- Lecture  
Discussion 124      One Time Psychiatry Consult: Increasing Access to Care & FM Provide Knowledge & Skills  
*Catherine Schuman, PhD; Katya Alcaraz, MD; Mark McCabe, MD*

## 3:30 – 5:00

- Seminar 125      “What’s the problem?” Identification of Practice Gaps in the Clinical Setting  
*Mary Dobbins, MD; Jordyn Mathias, LCPC; Nicole Tenegra, MD*
- Workshop 126      Integrating the Arts into the Science: Teaching Strategies and Resources  
*Mary Talen, PhD; Aimee Valeras, PhD*
- Workshop 127      Mission: It’s Possible! Dynamite Didactics for Wellness and Beyond  
*Kaitlin Leckie, PhD; Laura Sudano, PhD; Jennifer Ayres, PhD*
- Workshop 128      The Art and Science of Developing Research and Grant Writing  
*David Nelson, PhD, MS; Leslie Ruffalo, PhD; Melissa DeNornie, MS*
- Workshop 129      Balint Groups: The Art of Relationship in Family Medicine  
*Phillip Phelps, LCSW; Chris Rule, LCSW; Jose Nino, MA; Shari Holland, LPC; John Freedy, MD, PhD*

# Friday, September 20, 2019

## 7:00 – 8:00 am

### ROUND TABLE DISCUSSIONS (See abstracts for details; Breakfast provided)

## 8:00 – 9:30

- Seminar 130      Inter-professional Practice Development: Practical Approaches Across Settings  
*Nataliya Pilipenko, PhD; Krishna Desai, MD; Meredith Williamson, PhD*
- Lecture  
Discussion 131      Lifestyle Medicine Exposure Experience: Health Coaching for Residents’ Wellness  
*Christopher Haymaker, PhD; Rosalie Cassidy, MD; Griffin Hickey, MPH*
- Workshop 132      Research is a Team Sport!  
*Sandra Burge, PhD; Alex Reed, PsyD, MPH*
- Workshop 133      Creative (Fun) Activities that Promote Resilience & Minimize Resistance  
*Jennifer Ayres, PhD*
- Clinical Practice  
Update 134      An Integrated Approach to Addressing Opiate Misuse in Primary Care for Female Patients  
*Joanna Petrides, PsyD; Alexander Kowalski, DO; Jennifer Ehala, MPH, CHES*

## 9:45 – 10:45

- Research 135      Research on Clinical Care (See abstracts for details) – Moderator: XXXX
- Lecture  
Discussion 136      Leaning into Suffering: Personal Growth and Wellness through Empathy  
*Hugh Blumenfeld, MD, PhD*



**Register Online:** [http://ocpe.mcw.edu/family\\_medicine](http://ocpe.mcw.edu/family_medicine)

# Friday, September 20, 2019

## 9:45 – 10:45

Lecture  
Discussion 137

Enhancing the Process of Professionalization with Peer Mediation  
*Barbara Ackerman, PhD; Parastou Farhadian, MD*

Clinical Practice  
Update 138

Childhood Depression  
*Brianna Smith, PsyD; Megan Brown, PsyD*

Workshop 139

The Balint Group Experience: Promoting Relationship and Team Awareness (9:45 – 11:45)  
*Phillip Phelps, LCSW; Chris Rule, LCSW; Jose Nino, MA; Shari Holland, LPC; John Freedy, MD, PhD*

## 11:00 – 12:00

Lecture  
Discussion 140

Integrating Homeless Outreach: A Longitudinal Component of Family Medicine Residency  
*Brian Wexler, PhD; Rosa Lucas, RN, FNP-C; Valentine Nuzhny, MD; Christopher Robinson, MD*

Lecture  
Discussion 141

CNo More Talk About Wellness! - In Search of Direction in Assisting Residents to Flourish  
*Jill Schneiderhan, MD; Tom Bishop, PsyD*

Lecture  
Discussion 142

Responding to Inappropriate Patients: What to Say When You Don't Know What to Say  
*Michelle Kane, PsyD; Lee Chambliss, MD*

Lecture  
Discussion 143

Breaking the Eggshells: The Ethics of Providing Feedback to Medical Learners  
*Scott Fields, PhD; Allison Seavey, LCSW*

## 12:15 – 1:45 pm

**LUNCH AND PLENARY (Lunch Provided)**  
**Forty Forums: The Changing Psychology of Being a Behavioral Science Educator**  
*Dennis J. Butler, PhD*

## 2:00 – 3:00

Lecture  
Discussion 144

E-Cigarettes: What We Know, What We're Teaching  
*Beverlee Ciccone, PhD; Cindy Barter, MD, MPH; Debra Moorhead, PhD*

Lecture  
Discussion 145

Beyond Genograms: The Art of Engaging Medical Learners in Systems Thinking  
*Amy Romain, LMSW; Julie Woodwarner, PhD*

Clinical Practice  
Update 146

Medication Assisted Treatments for Opioid Use Disorder  
*Patricia McGuire, MD; Alyssa Bruehlman, MD; Marianne Koenig, PharmD, BCPS*

Lecture  
Discussion 147

Principles of Adult Learning: Application to Family Medicine Residencies  
*Mark A. Dixon, PhD, LCSW; David Snowden, PhD; Charu Stokes-Williams, PhD*

Lecture  
Discussion 148

Storytelling and Research: The Oral History Project and Crossing the Divide  
*Thomas Bishop, PsyD; Julie Schirmer, LCSW; Mike Floyd, EdD*

## 3:15 – 4:45

Workshop 149

Cognitive Behavioral Therapy? But I'm Not a Therapist! I Don't Have Time for This!  
*Cynthia Jauregui, PsyD; Lynn Rogers, LCSW*

Workshop 150

Deep Dive into the "Well": How Behavioral Science Faculty Create a Culture of Wellness  
*Kathryn Fraser, PhD; Harry Blanke, MD PGY3; Danielle Blea, LCMFT, LCAC; Chantel Long, MD*

Workshop 151

Conducting Ethical Scholarly Activity and Research, Common Conundrums  
*Heidi Musgrave, PhD; Cherise Dixie, LCSW*

Workshop 152

Yes, and for All: Teaching Improvisation Across the Medical Education Continuum  
*Alex Reed, PsyD, MPH; Valerie Ross, MS, LMFT*

Workshop 153

Beyond Benzos – A Review of Pharmacologic Treatment of Anxiety  
*Kwanza Devlin, MD; Dominique Fons, MD; Kimberly Krohn, MD*

# Saturday, September 21, 2019

## 7:30 – 9:15 am

### COFFEE AND MUFFIN SERVICE

## 8:00 – 9:00

Lecture  
Discussion 154

How to Build a Research Proposal in Family Medicine  
*Courtney Barry, PsyD; Heather Martens, PsyD; Joanna Petrides, PsyD*

Lecture  
Discussion 155

Expanding Behavioral Health Screening in Primary Care: A Stepped Approach to Diagnosis  
*Mark Drexler, MD; Lindsay Fazio, PhD; Sara Lampert, BA*

Lecture  
Discussion 156

PRomoting Engagement for the Safe Tapering of Opioids (PRESTO)  
*Paul Hershberger, PhD; Dean Bricker, MD; Lori Martensen, MS*

Lecture  
Discussion 157

Collaborative Care: Expansion and Education  
*Stephen Warnick, Jr, MD; Kevin Brazill, DO; Chris White, MD, JD; Sara Marasco, LMSW; Teague Simoncic, LMSW*



# Saturday, September 21, 2019

## 8:00 – 9:00

Clinical Practice  
Update 158

Psychopharmacology for Depression  
*TBD*

## 9:15 – 10:15

Lecture  
Discussion 159

Transgender Care: The Role of Behavioral Science Faculty in Training  
*Alison Gurley, PsyD*

Clinical Practice  
Update 160

Get the Lead Out! Lead Poisoning is a Concern from Womb to Tomb  
*Heidi Musgrave, PhD; Deborah McMahon, MD*

Lecture  
Discussion 161

The Art and Science of BATHE: A Foundational Brief Therapy Tool that Learners Use and Love  
*Claudia Allen, PhD, JD; Joseph Tan, PhD*

Clinical Practice  
Update 162

Bipolar Disorder: Managing the Peaks and Valleys  
*William Johnson, MD; Scott Fields, PhD; Ellen Bluett, PhD*

Lecture  
Discussion 163

How Can the Neuroscience of Compassion Help Me with My Patients Today?  
*Dominic Vachon, PhD*

## 10:30 – 11:30

**CLOSING PLENARY**  
**Connecting is Job Number One: Using Kindness,  
Compassion, and Connection to Help Healers Learn**  
*Colleen Fogarty, MD, MSc*

## 11:30 am

**ADJOURN**

## REGISTRATION

**To register and more information visit:**

[www.mcw.edu/Family-Medicine.htm](http://www.mcw.edu/Family-Medicine.htm)

### FULL REGISTRATION FEES:

Paid by 8/21/19 .....	\$495
Paid <b>after</b> 8/21/19 .....	\$525
Resident/Medical Student/Graduate Student/Fellow Paid by 8/21/19 .....	\$240
Resident/Medical Student/Graduate Student/Fellow Paid <b>after</b> 8/21/19 .....	\$280

### ONE DAY REGISTRATION FEES:

Paid by 8/21/19 .....	\$285
Paid <b>after</b> 8/21/19 .....	\$300
Resident/Medical Student/Graduate Student/Fellow Paid by 8/21/19 .....	\$180
Resident/Medical Student/Graduate Student/Fellow Paid <b>after</b> 8/21/19 .....	\$200

Questions: Contact Mary Ellen Radjenovich at [meradjen@mcw.edu](mailto:meradjen@mcw.edu) or 414-955-8189

Please note there is a \$17 non-refundable processing fee for all registrations.

Full registration includes breakfasts, luncheon, breaks, and continuing education credits.

(If unable to attend, 50% of the fee paid will be refunded if written notification is postmarked by 8/21/19. **There will be no refunds after this date.**)



**Celebrating 40 Years of Behavioral  
Science Education in Family Medicine**



Medical College of Wisconsin  
Department of Family  
& Community Medicine  
8701 Watertown Plank Road  
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Milwaukee, WI 53226-0509

## The 40th Forum for Behavioral Science in Family Medicine

CHICAGO: September 18-21, 2019



**Register Online:**

[http://ocpe.mcw.edu/family\\_medicine](http://ocpe.mcw.edu/family_medicine)



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