

# Medical College of WI **GIM Lakefront Refresher**

2020

June 24-26 Milwaukee, WI



The intent of this General Internal Medicine Lakefront Refresher is to provide Faculty, Advanced Practice Providers with extensive knowledge and tools to meet the increasing demands in the practice of General Internal Medicine. This course will support healthcare professionals to stay current in broad topics in General Internal Medicine, including primary care, hospitalist and perioperative medicine. The keynote speakers, lectures, rapid fire sessions and workshops provide a wide-range of information to enable the audience to provide better patient care in their own practice settings.

# 11 lectures, 3 Rapid Fires, Keynote Speaker and an interactive workshop are held daily and led by experts in:

Cardiovascular Medicine

Critical Care

Endocrinology Gastroenterology

General Internal Medicine

Hepatology

Nephrology Oncology

Perioperative Medicine

**Pulmonary Medicine** Rheumatology

Women's Health

Earn up to:

22.50 AMA PRA Category 1

Credits™.

22.50 Hours of Participation

13.50 MOC Part II-Medical

Knowledge Points

19.50 AANP Credits

11.00 NP Pharmacology

22.50 AAPA Category 1 Credits

# Register online at https://ocpe.mcw.edu/medicine/gimconf



# Comprehensive Review of Internal Medicine



#### Dear Colleague,

I would like to welcome you to Milwaukee and invite you to join us for the Medical College of Wisconsin General Internal Medicine Lakefront Refresher CME Conference. Our team at the Medical College of Wisconsin is happy to present you with an agenda that is packed with cutting-edge, evidence-based lectures delivered by faculty who are leaders in their field. We are fortunate to have these outstanding speakers and know that you will leave armed with information that will assist you in delivering safe, high quality, evidence-based care across the entire general internal medicine continuum.

Each day of this conference begins with keynote address on a high visibility topic by a nationally known speaker. The day then has three concurrently running tracks of lectures in hospitalist, primary care and perioperative medicine. This variety ensures that every attendee will have the opportunity to receive a diverse, self-directed, individualized learning experience. At the end of the day, there are optional hands-on skills workshops that are guaranteed to provide attendees with helpful take home skills. One of the unique aspects of our meeting is multidisciplinary nature of our attendees which includes physicians, nurses and advanced practice providers. We welcome this truly collaborative multidisciplinary group and urge each of you to review our course brochure at <a href="https://www.mcw.edu/GIM-Lakefront-Refresher">www.mcw.edu/GIM-Lakefront-Refresher</a>

While you are in Milwaukee, make sure to enjoy the wide variety of activities that await you outside of conference hours! Our conference takes place during the Milwaukee summer festival season, which draws people from all over the nation. Our conference venue is only minutes from the beautiful Milwaukee lakefront, with lovely parks, a stunning art museum, a children's museum, fantastic dining opportunities, and more.

We look forward to meeting you in Milwaukee in June!

# Sincerely,



#### Leonard E. Egede, MD, MS

Professor of Medicine & Eminent Scholar
Chief, Division of General Internal Medicine
Director, Center for Advancing Population Science (CAPS)
Associate Director for Diversity, Genomic Sciences and Precision Medicine Center
Co-Director MCW CTSI KL2 Program

Director, MCW CTSI Master's in Clinical/Translational Research

## **TARGET AUDIENCE**

This activity is intended for internal medicine specialists, hospitalists, family practitioners, surgeons, nurse practitioners, and physician assistants.

# **Learning Objectives:**

- Review treatment and care management strategies to optimize patient outcomes
- Improve approaches to common and complex clinical challenges

# FEATURED KEYNOTE SPEAKERS

# Jonathan Truwit, MD, MBA

Enterprise Chief Medical Officer, Senior Associate Dean for Quality Professor of Medicine, Pulmonary & Critical Care Medical College of Wisconsin

# Kurt Kroenke, MD, MACP

Chancellor's Professor, IUPUI Research Scientist Indiana University Center for Health Services and Outcome Research

# Eileen Reynolds, MD

Division Chief, General Medicine Vice Chair for Education, Dept. of Medicine BIDMC and Harvard Medical School

# <u>Conference Director</u> Barbara Slawski, MD, MS, SFHM

#### **Conference Co-Directors**

Jeffrey L. Jackson, MD, MPH Pinky Jha, MD, MPH, FACP Navdeep Gupta, MD Theresa Maatman, MD, FACP Joan Neuner, MD, MPH Molly Robischon, PA-C, MPAS Shpresa Shyti, NP

## **Program Coordinators**

Tim Boyle Christine Van Hulle

# Register online at https://ocpe.mcw.edu/medicine/gimconf



# Wednesday, June 24, 2020

# 7:30 a.m.-7:55 a.m.-Breakfast and Registration

7:55 a.m.-8:00 a.m. Welcome

8:00-9:00 a.m. Keynote Speaker-Environment of Excellence presented by Johnathan Truwit, MD

# **Hospitalist Track**

9:05am – 9:50am **Diagnosing and Managing Sepsis** Tracey Liljestrom, MD

9:50am – 10:35am Inpatient Neurological Emergencies Hatim Attar, MBBS

# **Primary Care Track**

9:05am – 9:50am **Managing Cardiovascular Risk in Primary Care** Theresa Maatman, MD, FACP

9:50am – 10:35am **130 or 140: Update on Hypertension** Jeff Whittle, MD, MPH

# **Perioperative Medicine Track**

9:05am – 9:50am **Perioperative Update: New Practice Changing Articles** Kurt Pfeifer, MD, FACP, SHM

9:50am – 10:35am Secrets You Need to Know About Anesthesia and the OR Kathryn Lauer, MD

# 10:30 a.m.-11:00 a.m. Coffee Break

11:00am – 11:45am **Delirium in the Hospital** Thomas Heinrich, MD, FAPM

11:45am – 12:30pm **Rapid Fire:** C diff: An Update J. Njeri Wainaina, MD, FACP

Rapid Fire: Choosing Antibiotics for Inpatients with Urinary Infections Jennifer Good, MD

Rapid Fire: Acute Kidney Injury in the Hospital
Brahm Vasudev, MD

11:00am – 11:45am
The Long & Short of Anticoagulation
after VTE
James Gosset, MD

11:45am – 12:30pm **Asthma and COPD Update** Theodore MacKinney, MD, MPH, FACP 11:00am – 11:45am The Principals and Evolution of Medical Consultation Geoffrey C. Lamb, MD, FACP

11:45am – 12:30pm Surgical Patients with Heart Failure and Valve Disease James Gosset, MD

## 12:30 p.m.-1:30 p.m. Lunch Break

1:30pm – 2:15pm Inpatient Management of Pneumonia Njeri J. Wainaina, MD, FACP

2:15pm – 3:00pm Electrolytes and Acid Base Balance: A Refresher Aaron T. Dall, MD, FACP 1:30pm – 2:15pm **The Obesity Epidemic** Srividya Kidambi, MD

2:15pm – 3:00pm

Prescription Exercise / Diet

Prescriptions

Dan Pinto, PT, PhD & Evelyn Chan, MD,

MS, FACP, DipABLM/DipIBLM

1:30pm – 2:15pm Anemia: Risks and Optimization in Surgical Patients Sara Dunbar. DO

2:15pm – 3:00pm Choosing Preoperative Lab and Diagnostic Testing Wisely Brian Quinn, MD

3:00-5:00 p.m. Optional Workshop: Practical Wound Care: Compression and Debridement Focus presented by Theodore MacKinney, MD & Barb Pravo (Additional Registration Required)



# Thursday June 25, 2020

7:30 a.m.-7:55 a.m.-Breakfast and Registration

7:55 a.m.-8:00 a.m. Welcome

8:00-9:00 a.m. Keynote Speaker-Update in Depression & Mental Health Across the GIM Spectrum presented by Kurt Kroenke, MD

# **Hospitalist Track**

9:05am – 9:50am **Challenging GI Cases** Thangam Venkatesan, MD

9:50am – 10:35am

Best Practices in Congestive
Heart Failure and Atrial
Fibrillation
Sanjay Bhandari, MBBS

# **Primary Care Track**

9:05am - 9:50am

**Primary Care Update: New Practice Changing Articles** 

Jeffrey L. Jackson, MD, MPH

9:50am – 10:35am The Elephant in the Rheum: Challenging Rheumatology Cases Viktoriya Sabchyshyn, DO

# **Perioperative Medicine Track**

9:05am - 9:50am

Perioperative Cardiovascular Guidelines and Risk Calculators Barbara Slawski, MD, MS, SFHM

9:50am - 10:35am Sleep Apnea and Surgery: A

Wake-Up Call Hari Paudel, MD

# 10:30 a.m.-11:00 a.m. Coffee Break

11:00am – 11:45am Anticoagulant Management in the Hospital Setting James McCarthy, MD

11:45am – 12:30pm Inpatient Palliative Care Chad Glisch, MD 11:00am - 11:45am

The Celiac Spectrum and Irritable Bowel Syndrome Daniel Stein, MD

11:45am - 12:30pm

Rapid Fire: Atrial Fibrillation: Rate vs Rhythm Control

Marcie Berger, MD, FACC

Rapid Fire: CardioMEMs in the Heart Failure Patient

Mitchell T. Saltzberg, MD, MSc., FACC, FAHA, FHFSA

Rapid Fire: Transcatheter Aortic Valve Replacement

Peter Mason, MD, MPH

11:00am - 11:45am

Perioperative Care of Cancer Patients

Nicola Cuzovic, MD

11:45am - 12:30pm

Surgical Venous Thromboembolism Yogita Segon, MD

# 12:30 p.m.-1:30 p.m. Lunch Break

1:30pm – 2:15pm **Skin and Soft Tissue Infections** Sara Dunbar, DO

2:15pm – 3:00pm Prevention and Treatment of CAUTI and CLABSI Lara Voigt, MD 1:30pm - 2:15pm

Diabetes Management Beyond Metformin

Carlos Mendez, MD, FACP

2:15pm – 3:00pm **Somatization Disorders** Kimberly Stoner, MD, MS, FACP 1:30pm – 2:15pm Perioperative Medicine Management Chad Wenzel, MD

2:15pm – 3:00pm Antimicrobial Stewardship: A Call to Action J. Njeri Wainaina, MD, FACP

3:00-5:00 p.m. Optional Workshop: Vascular Access and Intra-Osseous Catheter Placement presented by Adrian Umpierrez De Reguero, MD (Additional Registration Required)



# Friday, June 26, 2020

# 7:30 a.m.-7:55 a.m.-Breakfast and Registration

7:55 a.m.-8:00 a.m. Welcome

8:00-9:00 a.m. Keynote Speaker-Burnout: Keeping the Flame Going presented by Eileen Reynolds, MD

# **Hospitalist Track**

9:05am - 9:50am

**Hospital Medicine Update: New Practice Changing Articles** Yogita Segon, MD

9:50am - 10:35am

Impatient Endocrinology: **Glycemic Targets and Drug** Management

Paul Knudson, MD

# **Primary Care Track**

9:05am - 9:50am

**Diagnosing and Treating Sleep Apnea** Rose Franco, MD

9:50am - 10:35am

The Opioid Pendulum: Optimizing **Function and Minimizing Risk** 

Christine Boxhorn, MD

# **Perioperative Medicine Track**

9:05am - 9:50am

**Perioperative Management of Anticoagulants** 

Barbara Slawski, MD, MS, SFHM

9:50am - 10:35am

Surgery in Patients with Liver

Disease

Stephanie Rossi, MD

# 10:30 a.m.-11:00 a.m. Coffee Break

11:00am - 11:45am

**Approaching Abnormal Liver Function Tests** 

Valerie Carter, MD

11:45am - 12:30pm

A Practical Approach to Acute **Rheumatologic Disease** 

Todd Burner, MD, FACP

11:00am - 11:45am

**Hormone Replacement Therapy:** 

**Menopause Update** Akeira Johnson, MD

11:45am - 12:30pm

**Mammography Guidelines and Breast** 

Density

Ann B. Nattinger, MD, MPH, MACP

11:00am - 11:45am

The Not So Golden Years: Frailty and Delirium

Kimberly Stoner, MD, MS, FACP

11:45am - 12:30pm

Rapid Fire: Preoperative Airway

**Assessment** 

Carolyn Pinkerton, MD

Rapid Fire: Preoperative Pain

Control

Christine Boxhorn, MD

Rapid Fire: Postoperative Respiratory Failure Carolyn Pinkerton, MD

# 12:30 p.m.-1:30 p.m. Lunch Break

1:30pm - 2:15pm

Improving Pain Management in the Inpatient Setting

Christopher Yopp, MD

2:15pm - 3:00pm

Jayshil Patel, MD

**Non-Invasive Ventilation** 

1:30pm - 2:15pm

**Genetic Testing** Ann M. Maguire, MD, MPH, FACP

2:15pm - 3:00pm

**Headache Diagnosis and** 

Management

Derrick Shumate, DO

1:30pm - 2:15pm

Perioperative Arrhythmias, Cardiac Devices, and Stroke

Kanav Sharma, MD, MPH

2:15pm - 3:00pm

A Rational Approach to **Perioperative Management of** 

**Diabetes Mellitus** 

Carlos Mendez, MD, FACP

3:00-5:00 p.m. Optional Workshop: Long Acting Reversible Contraceptives presented by Theresa Maatman, MD, FACP & Annie Lakatos, APNP (Additional Registration Required)



# Register online at https://ocpe.mcw.edu/medicine/

General Internal Medicine Lakefront Refresher Course #20001			Fee (USD)
Registration - Early (Pl	hysicians)	Before May 1, 2020	\$450
Registration - Early (A	PPs/Residents/Fellows)	Before May 1, 2020	\$350
Registration - Regular (Physicians)			\$495
Registration - Regular (APPs/Residents/Fellows)			\$395
Optional Workshop #1 —Practical Wound Care: Compression & Debridement Focus presented by Theodore MacKinney, MD & Barb Pravo			\$50
Optional Workshop # 2-Thursday-Vascular Access and Intra-Osseous Catheter Placement presented by Adrian Umpierrez De Reguero, MD			\$50
<b>Optional</b> Workshop # 3-Friday-Long Acting Reversible Contraceptives presented by Theresa Maatman, MD, FACP & Annie Lakatos, APNP			\$50

# Use QR reader to visit our registration website:



# Your Course registration include the following:

- 22.50 AMA PRA Category 1 Credits™
- A \$20 non-refundable processing fee is assessed to all registrations.
- The comprehensive course syllabus: provides presentation slides on-line with a code.
- Daily continental breakfast, lunch and coffee breaks.

# Methods of Payment: Visa, MasterCard or Discover

Note: As an added safety measure and to keep your information safe, the billing address entered upon checkout must match the address associated with the credit card being used if not, your credit card will be declined.

# Inquiries

By phone: 414-955-0525, Monday-Friday 9 a.m.-4 p.m. (CST) or by email: GIMCMELakefrontRefresher@mcw.edu

Program changes/substitutions/cancellations may be made without notice due to unforeseen circumstances.

To view the most up-to-date version of the course program, please see

<a href="https://www.mcw.edu/GIM-Lakefront-Refresher">https://www.mcw.edu/GIM-Lakefront-Refresher</a>



## REGISTRATION, PAYMENT, CONFIRMATION, REFUND & CANCELLATION POLICY

# Registration

Registrations for Medical College of Wisconsin-General Internal Medicine Lakefront Refresher CE conference are made payable via our secure online registration system (EthosCE). Registration and payment information are required to be completed online at https://ocpe.mcw.edu/medicine/gimconf. If you do not already have an EthosCE account, select "Create Account" in the upper right hand corner and enter all required information. Be sure to include an email address that you check frequently. Your email address will be used for critical communication information, including registration confirmation, evaluation and certificate access. You will need to access your EthosCE account for post-conference requirements, so please make a note of your username and password. If you already have an EthosCE account, PLEASE DO NOT start another account. For assistance call Christine Van Hulle 414-955-0525 or email cme@mcw.edu to request your username and/or password.

#### Payment

Methods of Payment: Visa, MasterCard or Discover

Note: As an added safety measure and to keep your information safe, the billing address entered upon checkout must match the address associated with the credit card being used if not, your credit card will be declined.

## Confirmation:

Successful registration will include an email confirmation that shows a zero balance. If you receive a confirmation that has a balance please contact Christine Van Hulle at 414-955-0525. Please do not make non-refundable travel arrangements until you have confirmation that your course tuition has been paid in full.

# **Refund & Cancellation**

Refund requests must be received via email GIMCMELakefrontRefresher@mcw.edu before June 1, 2020 and will be subject to a \$100 administrative fee. No refunds will be made thereafter. "No Shows" are subject to the full course fee and no refunds will be issued.

Transfer of registration to another Medical College of Wisconsin activity in lieu of cancellation is not possible.

The Medical College of Wisconsin reserves the right to cancel or postpone any activity due to unforeseen, circumstances. In this event, the college will refund the registration fee but is not responsible for travel expenses including but not limited to hotel or airfare expenses. Additionally, we reserve the right to change the venue to a comparative venue. Under such circumstances registrants will be notified as soon as possible.

# **COURSE DESCRIPTION**

The intent of this General Internal Medicine Lakefront Refresher is to provide Faculty, Advanced Practice Providers, and Nurse Practitioners with extensive knowledge and tools to meet the increasing demands in the practice of General Internal Medicine. This course will support healthcare professionals to stay current in broad topics in General Internal Medicine, including primary care, hospitalist and perioperative medicine. The keynote speakers, lectures, rapid fire sessions and workshops provide a wide-range of information to enable the audience in providing better patient care in their own practice settings.

# **LEARNING OBJECTIVES**

Upon completion of this activity, participants will be able to:

- Review treatment and care management strategies to optimize patient outcomes.
- Improved approaches to common and complex clinical challenges.



## **VENUE AND ACCOMODATIONS**

#### All sessions for this course will be held at the Pfister Hotel

#### HOTEL

#### The Pfister Hotel

424 East Wisconsin Avenue Milwaukee, WI 53202

Reservations: (414) 935-5942 or Toll-Free:

www.pfisterhotel.com

Located just three blocks from the shores of Lake Michigan, guests of The Pfister Hotel enjoy a four-star luxury experience in the heart of downtown Milwaukee, WI. The Pfister is moments away from the Milwaukee Art Museum, Summerfest, along with multiple museums, theater, shopping, nightlife and dining destinations within walking distance. The Pfister is in the center of it all

A limited number of rooms have been reserved at the hotel for course participants at a discounted rate:

- \$209 for standard Single/Double Occupancy-All guest rooms are subject to sales tax and occupancy tax.
- All reservation requires a credit card guarantee of one night's deposit. Deposits will be refunded for rooms cancelled more than 72 hours prior to arrival.

Check-in Time: 3:00 p.m. Check-out Time: 12:00 p.m.

## Click on the link below to reserve your hotel room:

**GIM Lakefront Refresher** 

#### Please Note:

The number of rooms discounted is limited.

Discounted rooms are available on a first-come, first-served basis.

The discounted room rate is only available until Wednesday May 20<sup>th</sup>, 2020 or until the block sells out. Due to this being the busy summer season for downtown Milwaukee's largest music festivals, this hotel and surrounding hotels will sell out quickly.

#### **PARKING**

# **On-Site Parking:**

On-site parking will be available for those staying at the hotel.

#### The following rates will apply:

Discounted overnight parking rate of \$12 per night, per car. Discounted daily parking rate of \$8 per day, per car.

#### **Limited Valet Parking Available**

- Daily \$19/vehicle
- Overnight \$33/vehicle

# **Additional Parking Options**

Use the SpotHero App your mobile device and enter in the Pfister address for parking availability.

For Apple Users go the App store or click on this link-Spot Hero Apple Mobile app

For Android Users go to Google Play or click on this link-Spot Hero Google Mobile App

# These are the list of parking lots/structures within a short walking distance from the Pfister:

- 731 N. Jefferson (Enter on Jefferson)
- 515 E. Wells Street (Enter on Mason Street)
- 765 N. Jackson Street (Enter on Mason Street)
- 601 N. Jefferson Street (Enter on Jefferson Street)
- 500 N. Broadway Street (Enter on Milwaukee Street)
- 330 E. Clybourn Street (Enter on Milwaukee Street)

330 E. Wells Street (Enter on Milwaukee Street)

For more information on things to do in the area, go to <a href="www.visitmilwaukee.org">www.visitmilwaukee.org</a>
For available train transportation, from Chicago to Milwaukee, go to <a href="https://amtrakhiawatha.com">https://amtrakhiawatha.com</a>
For available bus transportation from Chicago to Milwaukee, go to <a href="https://www.coachusaairportexpress.com">https://www.coachusaairportexpress.com</a>



## **ACCME Accreditation Statement:**

The Medical College of Wisconsin is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

# **AMA Credit Designation Statement:**

The Medical College of Wisconsin designates this Live Activity for a maximum of 22.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **OTHER CREDITS**

# Hours of Participation for Allied Health Care Professionals

The Medical College of Wisconsin designates this activity for up to 22.5 hours of participation for continuing education for allied health professionals.

# **Nurse Practitioners:**

Medical College of Wisconsin, Inc. is approved as a provider of nurse practitioner continuing education by the American Association of Nurse Practitioners: AANP Provider Number 150930. This program has been approved for 19.5 contact hours of continuing education (which includes 11.0 hours of pharmacology).

#### **Physician Assistants**

This program is not yet approved for CME credit. Conference organizers plan to request 22.5 hours of AAPA Category 1 CME credit from the Physician Assistant Review Panel. Total number of approved credits yet to be determined.



## **Maintenance of Certification (MOC)**

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 13.5 Medical Knowledge MOC points in the **American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program**. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Participation shared with ABIM through PARS: Individual participants' information will be shared with ABIM through the ACCME Program and Activity Reporting System (PARS).

Note: students and trainees are not eligible for AMA PRA Category 1 Credits™. Those who successfully complete an ACGME accredited residency or fellowship program should submit a copy of their certificate or letter of completion directly to the American Medical Association to received 20 CME credits per year. Residents and Fellows should go to <a href="https://www.ama-assn.org/go/pra">www.ama-assn.org/go/pra</a> for more information.

# POLICY ON SPEAKER AND PROVIDER DISCLOSURE

It is the policy of the Medical College of Wisconsin that the speaker and provider globally disclose conflicts of interest. The Medical College of Wisconsin has established policies in place that will identify and resolve conflicts of interest prior to this educational activity. Detailed disclosure will be made prior to presentation of the education.



## **GENERAL INFORMATON**

#### CHECK-IN

Wednesday, June 25, 2020 7:00 am.

# PRESENTATION SLIDES:

In an effort to go green, all presentation material will be made available prior to the conference via our website at mcw.edu/GIM-Lakefront-Refresher or via your mobile device through our web app prior to this activity.

Please download the presentation from the web before arriving at the course to avoid additional fees.

## **HOW TO OBTAIN CREDIT**

Post activity, an online evaluation form will be available to attendees to evaluate the activity and individual presentations and identify future educational needs. Upon completion of the evaluation, the learner must attest to the number of hours in attendance. Credits earned will be made available for print. The last day to access the evaluation and attest to your credits is August 31, 2020.

## **AMERICANS WITH DISABILITIES ACT**

The Medical College of Wisconsin fully complies with the legal requirements of the ADA and the rules and regulations thereof. Please contact Christine Van Hulle at 414-955-0525 if you have any special needs or accommodations.

## **EXHIBITORS & SPONSORS**

If you would like to exhibit at the GIM Lakefront Refresher Conference or be a sponsor, please contact Tim Boyle at 414-955-0350 or tboyle@mcw.edu. For a full list of sponsor opportunities, see our website at <a href="www.mcw.edu/GIM-Lakefront-Refresher">www.mcw.edu/GIM-Lakefront-Refresher</a>. The Medical College of Wisconsin, General Internal Medicine appreciates the support provided by our exhibitors and sponsors.