2018 THEME: EMBRACING AND ADVANCING THE VALUE OF TEAMS IN FAMILY MEDICINE

The 39th Forum for Behavioral Science in Family Medicine

October 10-13, 2018
The Medical College of Wisconsin is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**Physicians** – The Medical College of Wisconsin designates this live activity for a maximum of 20.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Allied Health Professionals** – The Medical College of Wisconsin designates this activity for up to 20.50 hours of participation for continuing education for allied health professionals.

**Psychologists** – The Medical College of Wisconsin is approved by the American Psychological Association to sponsor continuing education for psychologists. The Medical College of Wisconsin maintains responsibility for this program and its content. This activity contains content or processes that may be potentially stressful.

**Social Workers** – The Medical College of Wisconsin is registered with the Illinois Department of Professional Regulation as a Continuing Education Sponsor for social workers (License No. 159-000664).

**Family Practice Physicians** – Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

**OBJECTIVES**

- After attending sessions and workshops which describe effective teaching strategies and educational interventions, attendees will be able to plan, provide and/or evaluate effective educational interventions for behavioral science training in graduate medical education settings and for clinical practice for primary care settings.

- By attending clinical practice updates and other sessions focused on common psychiatric and health problems seen in primary care, attendee will be able to apply up to date evidence-based research to support clinical interventions in their clinical settings.

- After attending sessions focused on the nature of teams in medical care and medical education, attendees will be able to identify opportunities to improve the functioning of teams in their clinical and educational environments and will identify strategies to improve communication, cooperation, improve wellbeing, safety, and quality of care.

**TARGET AUDIENCE**

Physicians, behavioral scientists/coordinators and allied health professionals in medical education.

**HOTEL INFORMATION**

DoubleTree by Hilton Chicago – Magnificent Mile
300 East Ohio Street, Chicago, IL 60601

Reservations: Toll Free (800) 222-8733 or online https://tinyurl.com/DoubleTreeForum2018

A block of rooms is reserved for registrants until September 18, 2018 at a special rate of $215 plus tax, per night.

**Note:** To receive the special rate, reference “The Forum for Behavioral Science in Family Medicine” or “FBS”. If conference attendance exceeds expectations, rooms in the conference block may be sold out prior to this date.

**WEB SITE:**

www.mcw.edu/
Family-Medicine.htm

- Online registration
- Plenary/Speaker bios
- Detailed abstracts of each session’s content
A 15-year partnership as behavioral science educators at the Sparrow/Michigan State University Family Medicine Residency Program has provided many opportunities for plumbing the resources of teamwork and supportive relationships to foster resilience and growth. In this session, they will explore why vulnerability is key to creating meaningful connections and review research that links the power of relationships to resiliency.

Dr. Odom is a family medicine physician and residency faculty at the Sparrow/Michigan State University Family Medicine Residency Program who has given numerous national presentations on resident education in patient centered communication and family-oriented care; Ms. Romain is the Director of Behavioral Medicine at the Sparrow/Michigan State University Family Medicine Residency and is an educator in the College of Human Medicine and the School of Social Work at MSU.
Wednesday, October 10, 2018

2:30 – 6:30 pm
REGISTRATION

3:30 – 5:00
Workshop 101
Emotional IQ Sets Top Performing Teams Apart: The Medical Educator EQ Toolkit Workshop
Susan Franks, PhD; David Farmer, PhD, LMFT; Cynthia Carroll, MA, LPC

Workshop 102
Using Conversations about Teaching to Create and Support a Learning Community
Jeffrey Sternlieb, PhD

Seminar 103A
If Behavioral Science Faculty Ran Intern Orientation
Lauren Penwell-Waines, PhD; Susan King, LCSW; Randall Reitz, PhD, LMFT; Max Zubatsky, PhD, LMFT

Seminar 103B
Building the PGY 1 Family Medicine Resident Team from Day One of Orientation
Laurie Sullivan, PhD; Sonia Velaz, MD, JD

Workshop 104
Interdisciplinary Video Review: Assessing Milestones & Providing Feedback
Emilee Delbridge, PhD, LMFT; Tanya Wilson, MD; Jared Ankerman, MD; James McGregor, MD

5:15 – 6:30
GATHERING IN: Gathering In The “Team”: Together Everyone Achieves More
Thomas W. Bishop, PsyD; Katherine Fortenberry, PhD; Corey D. Smith, PsyD

Thursday, October 11, 2018

7:30 – 5:00 pm
REGISTRATION

WELCOME AND PLENARY (Breakfast provided)
The Ripple Effect: Finding and Fueling Your Professional Spirit
Nancy Ruddy, PhD

9:30 – 10:30
Lecture
Integrating the Languages of the Interdisciplinary Team for Optimal Patient Care
Ronald Hunt, MD; Anne Van Dyke, PhD; Lori Lackman-Zeman, PhD; Elena Kline, PharmD

Clinical Practice Update 106
Addressing the Psychological and Medical Impacts of Infertility and Pregnancy Loss
Kimberly Foley, PhD; Hollie Neiman-Hart, MD; Angie Goddjohn, MD

Lecture
Helping the Grieving Healer: Strategies for Assisting with Physician Grief
Amber Cadick, PhD; Christopher Haymaker, PhD; Megan Barclay, MS

Lecture
Beyond the Myers Briggs: Emotional Intelligence for Resident Leaders of Teams
Megan Brown, PsyD; David Simpson, PhD

Lecture
Resident Research Curriculum
Courtney Barry, PsyD; Linda Meurer, MD, MPH; Jamila Kwarteng, PhD; Laura Brusky, MD; Jeff Morzinski, PhD

Lecture
Hey Siri... A Team Based Approach to Engage Residents in Research Skill Development
Heidi Musgrave, PhD; Gordon Bokhart, PharmD

10:45 – 11:45
Lecture
Undergraduate Medical Student Value in Interprofessional Health System Teams
Leanne Chismian-Khawam, MD, MEd

Lecture
Methods for Developing and Modifying Behavioral Medicine Curriculum to Prepare Residents for Interdisciplinary/Integrated Care
Molly Gabrielle-Champine, PhD; Andrew Champine, PsyD; Laura Daniels, PhD; Scott Nyman, PhD

Lecture
A Tale of Two Approaches: Caring for Patients with Complex Care Needs
Nancy Newman, MD, LMFT; Kristin Cook, BSN, RN, PHN; Theresa Eckstein, MSW; Lourdes Martinez, CHW

Lecture
Bridging Barriers to Care with a Robust Behavioral Health Group Program
Katherine Fortenberry, PhD; Abigail Zevalotof, LCSW, MPH; Sarah McCormick, PhD; Ruben Tinajero, MS; Kara Frame, MD

Clinical Practice Update 114
Not Just Too Much Sugar: Diagnosis and Treatment of Childhood ADHD in Family Medicine
Oliver Oyama, PhD; Elizabeth Lawrence, MD

11:45 – 1:15
LUNCH ON YOUR OWN

1:15 – 2:15 pm
Lecture
Facilitation: An Invisible Skill in Successful Organizations
Kim Marvel, PhD

Lecture
Teaching Residents to Skillfully Respond to Patients Reluctant to Engage with a BHC
Amber (Hewitt) Cahill, PsyD; Karen Kersting, PhD
### Thursday, October 11, 2018

#### 1:15 – 2:15 pm
- **Lecture**
  - Lecture 117
    - Reflecting on Burnout and Changing Culture through the Use of Photovoice
      - Amy Odom, DO; Amy Romain, LMSW, ACSW; Julie Phillips, MD, MPH

- **Lecture**
  - Lecture 118
    - Empowering Your Team: How to Light the F.I.R.E to Thrive in Your Work Again!
      - Janelle Von Bargen, PhD, MSW; Kathryn Fraser, PhD; Terri Dalton, LMFT; Dael Waxman, MD

- **Clinical Practice**
  - Update 119
    - Tobacco Use Disorder: Helping Your Patients Extinguish the Fire
      - Scott Fields, PhD; William Johnson, MD

#### 2:30 – 3:30 pm
- **Research**
  - Research 120
    - Educational Research (See abstracts for details) – Moderator: Max Zubatsky, PhD, LMFT

- **Lecture**
  - Lecture 121
    - Playing Nice in the Sandbox
      - Christine Borst, PhD, LMFT; Irina Kolobova, PhD; Amelia Muse, PhD, LMFTA

- **Lecture**
  - Lecture 122
    - Integrated Care Group Visits: A Team Approach to Treating Opioid Use Disorders
      - Stephanie Case, PsyD; Carre Anderson, MD

- **Clinical Practice**
  - Update 123A
    - Addressing Adults with ACEs in Primary Care Requires a Team Approach
      - Mark Proctor, MD; Aimée Valeras, PhD, MSW

  - Update 123B
    - Assessing Resident Confidence in Screening and Intervening with Patients' ACE Scores
      - Thomas Cahill, PhD; David Mohr, DO; Nick Yunez, MD

- **Clinical Practice**
  - Update 124
    - If I Cannot Sleep, Then Neither Can You: Pediatric Sleep Disorders
      - Lynn Simons, PsyD; Meaghan Beasley, MD; Christine Medaugh, MD

#### 3:45 – 5:15 pm
- **Workshop**
  - Workshop 125
    - Team Work: Developing Curriculum for Appropriate use of the Extended Care Team
      - Christopher Haymaker, PhD; Emily O'Brien, PharmD; Rosalie Cassidy, MD

  - Workshop 126
    - Sustaining the Culture Change of Team-Based Care: A Pecha Kucha Experience
      - Randall Reitz, PhD, LMFT; Laura Sudano, PhD, LMFT; Amy Davis, MD; Glenda Mutinda, MA

  - Workshop 127
    - Creative (and Fun) Activities that Foster Team Building, Meaning-Making & Reflection
      - Jennifer Ayres, PhD

  - Workshop 128
    - Should They Stay or Should They Go: Best Practices for Remediation of Medical Learners
      - Teri Wall, PhD; Janelle Von Bargen, PhD, MSW; Sonya Dominguez, MD; Molly Clark, PhD; Melissa Arthur, PhD, LMFT

  - Workshop 129
    - Balint Groups: The Art of Relationship in Family Medicine
      - Phillip Phelps, LCSW; Jeffrey Sternlieb, PhD; Jose Nino, MA, LCPC; Allison Bickett, PhD; Chris Rule, MSW

### Friday, October 12, 2018

#### 7:00 – 8:00 am
- **Round Table Discussions** (See abstracts for details; Breakfast provided)

#### 8:00 – 9:30 am
- **Seminar**
  - Seminar 130A
    - Inpatient Behavior Rounds: Bringing the Learning to the Learning Environment
      - Delta Rees, PhD, LPC; Maria Shreve, MD

  - Seminar 130B
    - Integrating Behavioral Health into Inpatient Medicine Rounds as a Model for IPE
      - Alexander Brown, PhD; Erin Cobb, MS; Haley Gisonno, MA

- **Workshop**
  - Workshop 131
    - A Method to Bridge the Gap between “Learning” and “Using” Motivational Interviewing
      - Claudia Allen, PhD, JD; Theodore Siedlecki, PhD

  - Workshop 132
    - Feedback: Thanks but No Thanks!
      - Stephanie Nader, MSW, LCSW; Kim Jones, MSW, LCSW

- **Seminar**
  - Seminar 133
    - Wellness Showcase Seminar (See abstracts for details)

  - Seminar 134
    - Integrating Principles of Military Team Development into Family Medicine Education
      - Mark Dixon, PhD, LCSW; Sundonia Wornum-Williams, PhD, LCSW; Ebon Alley, PhD, LCSW; Steven Hyer, PhD, LCSW

#### 9:45 – 10:45 am
- **Research**
  - Research 135
    - Research on Patient Care (See abstracts for details) – Moderator: Randall Reitz, PhD, LMFT

- **Lecture**
  - Lecture 136
    - Health Systems Genograms: Closing the Loop in Integrated Behavioral Health Settings
      - Jay Blieder, MD; Max Zubatsky, PhD, LMFT; Lauren Wilson, MSW, LCSW; Ashley Meyr, MD

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**Register Online:** [http://ocpe.mcw.edu/family_medicine](http://ocpe.mcw.edu/family_medicine)
Friday, October 12, 2018

9:45 – 10:45
Lecture
Somatization and Illness Anxiety: Strategic Engagement in Challenging Encounters
Tom Linde, MSW; Grant Scull, MD
Discussion 137

Lecture
Addressing Stress and Burnout Among Residents: A Standardized Patient Intervention
Adam Willkofsky, PhD; Donna Cohen, MD
Discussion 138

Workshop 139
Balint Groups: The Art of Relationship in Family Medicine (9:45 – 11:45)
Philip Phelps, LCSW; Jeffrey Sternlieb, PhD; Jose Nino, MA, LCPC; Allison Bickett, PhD; Chris Rule, MSW

11:00 – 12:00
Clinical Practice
Update 140

Lecture
Updates in Insomnia Psychopharmacology
Scott Bragg, PharmD; JJ Benich, MD; John Freey, MD, PhD
Discussion 141

Lecture
Creating a Human Trafficking Victim Medical Home in a Family Medicine Residency Clinic
Ronald Chambers, MD; India Fleming, PhD; along with Reactor Panel: Danielle Blea LCM FT, LAC; Anna Rampel, MD
Discussion 142

Lecture
Patients Stay Better When We All Play Together: Complex Care with Psychiatric Residents
Anatol Tolchinsky, MD; Lauren Ostarello, MS
Discussion 143

12:15 – 1:45 pm
LUNCH AND PLENARY (Lunch Provided)
Relational Leadership™: Building Teams, Resilience and Advocating for Change
Andrew Morris-Singer, MD

2:00 – 3:00
Lecture
Once Upon a Time: Literature in the Personal and Professional Development of Residents
Roger Stilgenbauer, PhD, LMFT
Discussion 144

Lecture
Call It What It Is: Confronting Bias
Charlotte Navarre, RN-BC; Jennifer Hill, PhD; Rachel Jackson, PGY-2
Discussion 145

Lecture
Enhancing Training of Family Medicine Residents in CBT for Chronic Pain Management
Stephanie Czech, PhD; Debra Moorhead, LCSW, PhD
Discussion 146

Lecture
Taking Care of Ourselves, Taking Care of Each Other: Resilience Promotion for Behavioral Scientists
Valerie Ross, MS, MFT; Jennifer Ayres, PhD
Discussion 147

Clinical Practice
Update 148

Treating ADHD in Adults: Facts and Fiction
Stephen Warnick, MD; Kevin Brazill, DO; Christopher White, MD, JD, MHA

3:15 – 4:45
Workshop 149
I never wanted to say, “Me, Too”. Residency Response to Medical Errors
Leah Johansen, MD; Terri Dalton, LMFT

Workshop 150
Finding Adventure in Teaching Teamness: A Workshop in Team Skill Development for IPE
Thomas Bishop, PhD

Workshop 151
Navigating the Land of Oz: The Opioid Epidemic & Team Based Treatment in Family Medicine
Lorne Campbell, MD; Andrea Barbis, LCSW-R

Workshop 152
Reflective Expression through Mask Making-Discovering Your Professional Identity
Peter Rainey, MS; Sal Aiello, MS

Workshop 153
Grant Writing with a Focus on Teamwork in Family Medicine
David Nelson, PhD; Leslie Ruffalo, PhD; Melissa DeNome, MS

Saturday, October 13, 2018

7:30 – 9:15 am
COFFEE AND MUFFIN SERVICE

8:00 – 9:00
Lecture
Adapting our Clinical and Behavioral Skills to the World of Family Medicine
Debra Moorhead, PhD; Carolyn Minor, LCSW
Discussion 154

Lecture
Wonder Teams Activate: Our Story of Developing a Dual Training Model in Integrated Care
Temi Wall, PhD; Sonya Dominguez, MD; Lizzette Rogue, PsyD
Discussion 155

Lecture
Meaning in Medicine: Putting Meaning Back in Medicine
Lindsay Fazio, PhD; Miranda Huffman, MD
Discussion 156

Lecture
Using a Multidisciplinary Team Approach to Teach the Annual Wellness Visit
Heidi Musgrave, PhD; Robert Wilkins, MD
Discussion 157A

Lecture
Teaching the Value of Interdisciplinary Collaborative Team-Based Care
Lynn Wilson, DO; Nyann Biery, MS
Discussion 157B
Saturday, October 13, 2018

8:00 – 9:00  
Research on Wellbeing (See abstracts for details) – Moderator: Claudia Allen, PhD, JD

9:15 – 10:15  
Lecture  
Risk Assessments in Primary Care: Creating a Structured Pattern  
Alexander Macdonald, PhD, LCSW; Mark Dixon, PhD, LCSW

Lecture  
Behavioral and Medical Collaboration at End of Life: Better Outcomes for All  
Jo Weis, PhD, Krista Wiger, MD

Focused Lecture  
Promoting Inter-Professional Team Communication/Training via Case Conferences  
Patricia McGuire, MD; Sandra Sauereisen, MD; Jayne Lu, MD;  
Emily Ketterer, MD; Marianne Koenig, PharmD; James, Mercru, LCSW

A Comparison of Two Methods of Interprofessional Education in Primary Care  
Amber (Hewitt) Cahill, PsyD

Discussion 159  
Research on Wellbeing  
Moderator: Claudia Allen, PhD, JD

Discussion 160  
Risk Assessments in Primary Care  
Alexander Macdonald, PhD, LCSW; Mark Dixon, PhD, LCSW

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Behavioral and Medical Collaboration at End of Life: Better Outcomes for All  
Jo Weis, PhD, Krista Wiger, MD

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Patricia McGuire, MD; Sandra Sauereisen, MD; Jayne Lu, MD;  
Emily Ketterer, MD; Marianne Koenig, PharmD; James, Mercru, LCSW

Discussion 163  
A Comparison of Two Methods of Interprofessional Education in Primary Care  
Amber (Hewitt) Cahill, PsyD

10:30 – 11:30  
CLOSING PLENARY  
Looking Inward: Embracing Vulnerability, Creating Meaning and Finding Resilience  
Amy Odom, MD; Amy Romain, LMSW, MCSW

11:30 am  
ADJOURN

REGISTRATION

To register and more information visit:  
www.mcw.edu/Family-Medicine.htm

FULL REGISTRATION FEES:

- Paid by 9/10/18 ............................................................ $485
- Paid after 9/10/18 ........................................................ $515
- Resident/Medical Student/Graduate Student/Fellow  
  Paid by 9/10/18 ............................................................. $235
  Paid after 9/10/18 ......................................................... $275

ONE DAY REGISTRATION FEES:

- Paid by 9/10/18 ............................................................ $280
- Paid after 9/10/18 ........................................................ $295
- Resident/Medical Student/Graduate Student/Fellow  
  Paid by 9/10/18 ............................................................. $175
  Paid after 9/10/18 ......................................................... $195

Questions: Contact Mary Ellen Radjenovich at meradjen@mcw.edu or 414-955-8189

Please note there is a $17 non-refundable processing fee for all registrations.

Full registration includes breakfasts, luncheon, breaks, and continuing education credits.  
(If unable to attend, 50% of the fee paid will be refunded if written notification is postmarked by 9/10/18.  There will be no refunds after this date.)

Celebrating 39 Years of Behavioral Science Education in Family Medicine
The 39th Forum for Behavioral Science in Family Medicine

CHICAGO: October 10-13, 2018

Register Online:
http://ocpe.mcw.edu/family_medicine