

**2018 THEME: EMBRACING AND ADVANCING
THE VALUE OF TEAMS IN FAMILY MEDICINE**

The 39th Forum for Behavioral Science in Family Medicine

October 10-13, 2018



**MEDICAL
COLLEGE
OF WISCONSIN**

**CONTINUING EDUCATION
PROGRAM**

**Sponsored by
The Medical College of Wisconsin
Department of Family & Community Medicine**

Endorsed by The Society of Teachers of Family Medicine

Sponsor

The Medical College of Wisconsin, Department of Family and Community Medicine

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ACCREDITATION

The Medical College of Wisconsin is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Physicians – The Medical College of Wisconsin designates this live activity for a maximum of 20.50 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Allied Health Professionals – The Medical College of Wisconsin designates this activity for up to 20.50 hours of participation for continuing education for allied health professionals.

Psychologists – The Medical College of Wisconsin is approved by the American Psychological Association to sponsor continuing education for psychologists. The Medical College of Wisconsin maintains responsibility for this program and its content. This activity contains content or processes that may be potentially stressful.



Social Workers – The Medical College of Wisconsin is registered with the Illinois Department of Professional Regulation as a Continuing Education Sponsor for social workers (License No. 159-000664).

Family Practice Physicians – Application for CME credit has been filed with the American Academy of Family Physicians.

Determination of credit is pending.

OBJECTIVES

- After attending sessions and workshops which describe effective teaching strategies and educational interventions, attendees will be able to plan, provide and/or evaluate effective educational interventions for behavioral science training in graduate medical education settings and for clinical practice for primary care settings.
- By attending clinical practice updates and other sessions focused on common psychiatric and health problems seen in primary care, attendee will be able to apply up to date evidence-based research to support clinical interventions in their clinical settings.
- After attending sessions focused on the nature of teams in medical care and medical education, attendees will be able to identify opportunities to improve the functioning of teams in their clinical and educational environments and will identify strategies to improve communication, cooperation, improve wellbeing, safety, and quality of care.

TARGET AUDIENCE

Physicians, behavioral scientists/coordinators and allied health professionals in medical education.

HOTEL INFORMATION

DoubleTree by Hilton Chicago – Magnificent Mile
300 East Ohio Street, Chicago, IL 60601

Reservations: Toll Free (800) 222-8733 or online
<https://tinyurl.com/DoubleTreeForum2018>

A block of rooms is reserved for registrants until September 18, 2018 at a special rate of \$215 plus tax, per night.

Note: *To receive the special rate, reference “The Forum for Behavioral Science in Family Medicine” or “FBS”. If conference attendance exceeds expectations, rooms in the conference block may be sold out prior to this date.*

WEB SITE:

[www.mcw.edu/
Family-Medicine.htm](http://www.mcw.edu/Family-Medicine.htm)

- Online registration
- Plenary/Speaker bios
- Detailed abstracts of each session’s content

Plenary Speakers:



THE RIPPLE EFFECT: FINDING AND FUELING YOUR PROFESSIONAL SPIRIT

Nancy Ruddy, PhD

Dr. Ruddy is nationally known for her clinical, scholarly, and advocacy efforts to integrate behavioral health into primary care settings. She has cared for patients, taught behavioral science and interdisciplinary team based care to physicians and behavioral health providers, served as an independent consultant, and served in leadership roles in the American Psychological Association. This wealth of experience in the context of systems not always open to change has led to insights about teamwork, leadership, and survival. This presentation will focus on the importance of uncovering and addressing stagnation in one's role, curriculum, or program to avoid burnout. The presenter will share her professional journey that started with small initiatives to support team-based care and ultimately resulted in transformative changes to clinical and teaching processes and larger system change.



RELATIONAL LEADERSHIP™: BUILDING TEAMS, RESILIENCE AND ADVOCATING FOR CHANGE

Andrew Morris-Singer, MD

Dr. Morris-Singer, board certified in internal medicine is President and Founder of Primary Care Progress (PCP), a family medicine educator, and a practicing clinician. With nearly twenty years' experience of advocacy, he regularly writes and speaks on current trends in primary care, community organizing strategies to advance primary care reform, and the emerging model of Relational Leadership™. He has been a strong advocate for the integration of behavior scientists into the primary care setting and is an engaging presenter. In this plenary, Dr. Morris-Singer will share insights based on the cutting edge work by Primary Care Progress.



LOOKING INWARD: EMBRACING VULNERABILITY, CREATING MEANING AND FINDING RESILIENCE

Amy Odom, DO and Amy Romain, LMSW, ACSW

A 15 year partnership as behavioral science educators at the Sparrow/Michigan State University Family Medicine Residency Program has provided many opportunities for plumbing the resources of teamwork and supportive relationships to foster resilience and growth. In this session, they will explore why vulnerability is key to creating meaningful connections and review research that links the power of relationships to resiliency.



Dr. Odom is a family medicine physician and residency faculty at the Sparrow/Michigan State University Family Medicine Residency Program who has given numerous national presentations on resident

education in patient centered communication and family-oriented care; Ms. Romain is the Director of Behavioral Medicine at the Sparrow/Michigan State University Family Medicine Residency and is an educator in the College of Human Medicine and the School of Social Work at MSU.

Wednesday, October 10, 2018

2:30 – 6:30 pm

REGISTRATION

3:30 – 5:00

- Workshop 101 **Emotional IQ Sets Top Performing Teams Apart: The Medical Educator EQ Toolkit Workshop**
Susan Franks, PhD; David Farmer, PhD, LMFT; Cynthia Carroll, MA, LPC
- Workshop 102 **Using Conversations about Teaching to Create and Support a Learning Community**
Jeffrey Sternlieb, PhD
- Seminar 103A **If Behavioral Science Faculty Ran Intern Orientation**
Lauren Penwell-Waines, PhD; Susan King, LCSW; Randall Reitz, PhD, LMFT; Max Zubatsky, PhD, LMFT
- Seminar 103B **Building the PGY 1 Family Medicine Resident Team from Day One of Orientation**
Laurie Sullivan, PhD; Sonia Velez, MD, JD
- Workshop 104 **Interdisciplinary Video Review: Assessing Milestones & Providing Feedback**
Emilee Delbridge, PhD, LMFT; Tanya Wilson, MD; Jared Ankerman, MD; James McGregor, MD

5:15 – 6:30

GATHERING IN: Gathering In The “Team”: Together Everyone Achieves More

Thomas W. Bishop, PsyD; Katherine Fortenberry, PhD; Corey D. Smith, PsyD

Thursday, October 11, 2018

7:30 – 5:00 pm

REGISTRATION

8:00 – 9:15

WELCOME AND PLENARY *(Breakfast provided)*

The Ripple Effect: Finding and Fueling Your Professional Spirit
Nancy Ruddy, PhD

9:30 – 10:30

- Lecture
Discussion 105 **Integrating the Languages of the Interdisciplinary Team for Optimal Patient Care**
Ronald Hunt, MD; Anne Van Dyke, PhD; Lori Lackman-Zeman, PhD; Elena Kline, PharmD
- Clinical Practice
Update 106 **Addressing the Psychological and Medical Impacts of Infertility and Pregnancy Loss**
Kimberly Foley, PhD; Holli Nelman-Hart, MD; Angie Godejohn, MD
- Lecture
Discussion 107 **Helping the Grieving Healer: Strategies for Assisting with Physician Grief**
Amber Cadick, PhD; Christopher Haymaker, PhD; Megan Barclay, MS
- Lecture
Discussion 108 **Beyond the Myers Briggs: Emotional Intelligence for Resident Leaders of Teams**
Megan Brown, PsyD; David Simpson, PhD
- Lecture
Discussion 109A **Resident Research Curriculum**
Courtney Barry, PsyD; Linda Meurer, MD, MPH; Jamila Kwarteng, PhD; Laura Brusky, MD; Jeff Morzinski, PhD
- Lecture
Discussion 109B **Hey Siri... A Team Based Approach to Engage Residents in Research Skill Development**
Heidi Musgrave, PhD; Gordon Bokhart, PharmD

10:45 – 11:45

- Lecture
Discussion 110 **Undergraduate Medical Student Value in Interprofessional Health System Teams**
Leanne Chrisman-Khawam, MD, MEd
- Lecture
Discussion 111 **Methods for Developing and Modifying Behavioral Medicine Curriculum to Prepare Residents for Interdisciplinary/Integrated Care**
Molly Gabriel-Champine, PhD; Andrew Champine, PsyD; Laura Daniels, PhD; Scott Nyman, PhD
- Lecture
Discussion 112 **A Tale of Two Approaches: Caring for Patients with Complex Care Needs**
Nancy Newman, MD, LMFT; Kristin Cook, BSN, RN, PHN; Theresa Eckstein, MSW; Lourdes Martinez, CHW
- Lecture
Discussion 113 **Bridging Barriers to Care with a Robust Behavioral Health Group Program**
Katherine Fortenberry, PhD; Abigail Zeveloff, LCSW, MPH; Sarah McCormick, PhD; Ruben Tinajero, MS; Kara Frame, MD
- Clinical Practice
Update 114 **Not Just Too Much Sugar: Diagnosis and Treatment of Childhood ADHD in Family Medicine**
Oliver Oyama, PhD; Elizabeth Lawrence, MD

11:45 – 1:15

LUNCH ON YOUR OWN

1:15 – 2:15 pm

- Lecture
Discussion 115 **Facilitation: An Invisible Skill in Successful Organizations**
Kim Marvel, PhD
- Lecture
Discussion 116 **Teaching Residents to Skillfully Respond to Patients Reluctant to Engage with a BHC**
Amber (Hewitt) Cahill, PsyD; Karen Kersting, PhD

Thursday, October 11, 2018

1:15 – 2:15 pm

Lecture
Discussion 117

Reflecting on Burnout and Changing Culture through the Use of Photovoice
Amy Odom, DO; Amy Romain, LMSW, ACSW; Julie Phillips, MD, MPH

Lecture
Discussion 118

Empowering Your Team: How to Light the F.I.R.E to Thrive in Your Work Again!
Janelle Von Bargen, PhD, MSW; Kathryn Fraser, PhD; Terri Dalton, IMFT; Dael Waxman, MD

Clinical Practice
Update 119

Tobacco Use Disorder: Helping Your Patients Extinguish the Fire
Scott Fields, PhD; William Johnson, MD

2:30 – 3:30

Research 120

Educational Research (See abstracts for details) – Moderator: *Max Zubatsky, PhD, LMFT*

Lecture
Discussion 121

Playing Nice in the Sandbox
Christine Borst, PhD, LMFT; Irina Kolobova, PhD; Amelia Muse, PhD, LMFTA

Lecture
Discussion 122

Integrated Care Group Visits: A Team Approach to Treating Opioid Use Disorders
Stephanie Case, PsyD; Carrie Anderson, MD

Lecture
Discussion 123A

Addressing Adults with ACEs in Primary Care Requires a Team Approach
Mark Prodder, MD; Aimee Valeras, PhD, MSW

Lecture
Discussion 123B

Assessing Resident Confidence in Screening and Intervening with Patients' ACE Scores
Thomas Cahill, PhD; David Mohr, DO; Nick Yunez, MD

Clinical Practice
Update 124

If I Cannot Sleep, Then Neither Can You: Pediatric Sleep Disorders
Lynn Simons, PsyD; Meaghan Beasley, MD; Christine Medaugh, MD

3:45 – 5:15

Workshop 125

Team Work: Developing Curriculum for Appropriate use of the Extended Care Team
Christopher Haymaker, PhD; Emily O'Brien, PharmD; Rosalie Cassidy, MD

Workshop 126

Sustaining the Culture Change of Team-Based Care: A Pecha Kucha Experience
Randall Reitz, PhD, LMFT; Laura Sudano, PhD, LMFT; Amy Davis, MD; Glenda Mutinda, MA

Workshop 127

Creative (and Fun) Activities that Foster Team Building, Meaning-Making & Reflection
Jennifer Ayres, PhD

Seminar 128

Should They Stay or Should They Go: Best Practices for Remediation of Medical Learners
Terri Wall, PhD; Janelle Von Bargen, PhD, MSW; Sonya Dominguez, MD; Molly Clark, PhD; Melissa Arthur, PhD, LMFT

Workshop 129

Balint Groups: The Art of Relationship in Family Medicine
Phillip Phelps, LCSW; Jeffrey Sternlieb, PhD; Jose Nino, MA, LCPC; Allison Bickett, PhD; Chris Rule, MSW

Friday, October 12, 2018

7:00 – 8:00 am

ROUND TABLE DISCUSSIONS (See abstracts for details; Breakfast provided)

8:00 – 9:30

Seminar 130A

Inpatient Behavior Rounds: Bringing the Learning to the Learning Environment
Della Rees, PhD, LPC; Maria Shreve, MD

Seminar 130B

Integrating Behavioral Health into Inpatient Medicine Rounds as a Model for IPE
Alexander Brown, PhD; Erin Cobb, MS; Haley Gisonno, MA;

Workshop 131

A Method to Bridge the Gap between “Learning” and “Using” Motivational Interviewing
Claudia Allen, PhD, JD; Theodore Siedlecki, PhD

Workshop 132

Feedback: Thanks but No Thanks!
Stephanie Nader, MSW, LCSW; Kim Jones, MSW, LCSW

Seminar 133

Wellness Showcase Seminar (See abstracts for details)

Seminar 134

Integrating Principles of Military Team Development into Family Medicine Education
Mark Dixon, PhD, LCSW; Sundonia Wonnun-Williams, PhD, LCSW; Ebon Alley, PhD, LCSW; Steven Hyer, PhD, LCSW

9:45 – 10:45

Research 135

Research on Patient Care (See abstracts for details) – Moderator: *Randall Reitz, PhD, LMFT*

Lecture
Discussion 136

Health Systems Genograms: Closing the Loop in Integrated Behavioral Health Settings
Jay Brieler, MD; Max Zubatsky, PhD, LMFT; Lauren Wilson, MSW, LCSW; Ashley Meyr, MD



Register Online: http://ocpe.mcw.edu/family_medicine

Friday, October 12, 2018

9:45 – 10:45

Lecture
Discussion 137

Somatization and Illness Anxiety: Strategic Engagement in Challenging Encounters
Tom Linde, MSW; Grant Scull, MD

Lecture
Discussion 138

Addressing Stress and Burnout Among Residents: A Standardized Patient Intervention
Adam Wilkofsky, PhD; Donna Cohen, MD

Workshop 139

Balint Groups: The Art of Relationship in Family Medicine (9:45 – 11:45)
Phillip Phelps, LCSW; Jeffrey Sternlieb, PhD; Jose Nino, MA, LCPC; Allison Bickett, PhD; Chris Rule, MSW

11:00 – 12:00

Clinical Practice
Update 140

Updates in Insomnia Psychopharmacology
Scott Bragg, PharmD; JJ Benich, MD; John Freedy, MD, PhD

Lecture
Discussion 141

Creating a Human Trafficking Victim Medical Home in a Family Medicine Residency Clinic
Ronald Chambers, MD; India Fleming, PhD; along with Reactor Panel: Danielle Blea LCM FT, LAC; Anna Rempel, MD

Lecture
Discussion 142

Patients Stay Better When We All Play Together: Complex Care with Psychiatric Residents
Anatol Tolchinsky, PhD; Lauren Ostarello, MS

Lecture
Discussion 143

Shedding Light on Fatigue-Related Impairment
Sarah Hewitt, MD; Scott Ross, MD

12:15 – 1:45 pm

LUNCH AND PLENARY (Lunch Provided)
Relational Leadership™: Building Teams, Resilience and Advocating for Change
Andrew Morris-Singer, MD

2:00 – 3:00

Lecture
Discussion 144

Once Upon a Time: Literature in the Personal and Professional Development of Residents
Roger Stilgenbauer, PhD, LMFT

Lecture
Discussion 145

Call It What It Is: Confronting Bias
Charlotte Navarre, RN-BC; Jennifer Hill, PhD; Rachel Jackson, PGY-2

Lecture
Discussion 146

Enhancing Training of Family Medicine Residents in CBT for Chronic Pain Management
Stephanie Czech, PhD; Debra Moorhead, LICSW, PhD

Lecture
Discussion 147

Taking Care of Ourselves, Taking Care of Each Other: Resilience Promotion for Behavioral Scientists
Valerie Ross, MS, MFT; Jennifer Ayres, PhD

Clinical Practice
Update 148

Treating ADHD in Adults: Facts and Fiction
Stephen Warnick, MD; Kevin Brazill, DO; Christopher White, MD, JD, MHA

3:15 – 4:45

Workshop 149

I never wanted to say, “Me, Too”. Residency Response to Medical Errors
Leah Johansen, MD; Terri Dalton, IMFT

Workshop 150

Finding Adventure in Teaching Teamness: A Workshop in Team Skill Development for IPE
Thomas Bishop, PhD

Workshop 151

Navigating the Land of Oz: The Opioid Epidemic & Team Based Treatment in Family Medicine
Lorne Campbell, MD; Andrea Barbis, LCSW-R

Workshop 152

Reflective Expression through Mask Making-Discovering Your Professional Identity
Peter Rainey, MS; Sal Aiello, MS

Workshop 153

Grant Writing with a Focus on Teamwork in Family Medicine
David Nelson, PhD; Leslie Ruffalo, PhD; Melissa DeNornie, MS

Saturday, October 13, 2018

7:30 – 9:15 am

8:00 – 9:00

Lecture
Discussion 154

Adapting our Clinical and Behavioral Skills to the World of Family Medicine
Debra Moorhead, PhD; Carolyn Minor, LCSW

Lecture
Discussion 155

Wonder Teams Activate: Our Story of Developing a Dual Training Model in Integrated Care
Terri Wall, PhD; Sonya Dominguez, MD; Lizzette Rogue, PsyD

Lecture
Discussion 156

Meaning in Medicine: Putting Meaning Back in Medicine
Lindsay Fazio, PhD; Miranda Huffman, MD

Lecture
Discussion 157A

Using a Multidisciplinary Team Approach to Teach the Annual Wellness Visit
Heidi Musgrave, PhD; Robert Wilkins, MD

Lecture
Discussion 157B

Teaching the Value of Interdisciplinary Collaborative Team-Based Care
Lynn Wilson, DO; Nyann Biery, MS

Saturday, October 13, 2018

8:00 – 9:00

Research 158

Research on Wellbeing (See abstracts for details) – Moderator: *Claudia Allen, PhD, JD*

9:15 – 10:15

Lecture

Discussion 159

Risk Assessments in Primary Care: Creating a Structured Pattern

Alexander Macdonald, PhD, LCSW; Mark Dixon, PhD, LCSW

Lecture

Discussion 160

Behavioral and Medical Collaboration at End of Life: Better Outcomes for All

Jo Weis, PhD, Krista Wiger, MD

Focused Lecture

Discussion 161

Promoting Inter-Professional Team Communication/Training via Case Conferences

Patricia McGuire, MD; Sandra Sauereisen, MD; Jayne Lu, MD; Emily Ketterer, MD; Marianne Koenig, PharmD; James, Mercuri, LCSW

A Comparison of Two Methods of Interprofessional Education in Primary Care

Amber (Hewitt) Cahill, PsyD

Lecture

Discussion 162

Ghosts in the Exam Room: Identifying Empathy Myths & Finding Our Compassion

Jennifer Ayres, PhD

Lecture

Discussion 163

Caring for Patients: Track Behavioral Health Needs in Clinic Using Patient Registries

Lindsay Fazio, PhD; Mark Drexler, MD; Sara Lampert, BA

10:30 – 11:30

CLOSING PLENARY

Looking Inward: Embracing Vulnerability, Creating Meaning and Finding Resilience
Amy Odom, MD; Amy Romain, LMSW, MCSW

11:30 am

ADJOURN

REGISTRATION

To register and more information visit:

www.mcw.edu/Family-Medicine.htm

FULL REGISTRATION FEES:

Paid by 9/10/18\$485

Paid **after** 9/10/18\$515

Resident/Medical Student/Graduate Student/Fellow

Paid by 9/10/18\$235

Resident/Medical Student/Graduate Student/Fellow

Paid **after** 9/10/18\$275

ONE DAY REGISTRATION FEES:

Paid by 9/10/18\$280

Paid **after** 9/10/18\$295

Resident/Medical Student/Graduate Student/Fellow

Paid by 9/10/18\$175

Resident/Medical Student/Graduate Student/Fellow

Paid **after** 9/10/18\$195

Questions: Contact Mary Ellen Radjenovich at meradjen@mcw.edu or 414-955-8189

Please note there is a \$17 non-refundable processing fee for all registrations.

Full registration includes breakfasts, luncheon, breaks, and continuing education credits.

(If unable to attend, 50% of the fee paid will be refunded if written notification is postmarked by 9/10/18. **There will be no refunds after this date.**)



**Celebrating 39 Years of Behavioral
Science Education in Family Medicine**



Medical College of Wisconsin
Department of Family
& Community Medicine
8701 Watertown Plank Road
P.O. Box 26509
Milwaukee, WI 53226-0509

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Register Online:

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