

### Wednesday, October 10, 2018

#### 2:30 – 6:30 pm Registration – State Foyer

Location	State Room I (Ballroom Level)	State Room II (Ballroom Level)	Huron (Ballroom Level)	Superior I & II (2 <sup>nd</sup> Level)
3:30-5:00	Workshop 101	Workshop 102	Seminar 103A	Workshop 104
	Emotional IQ Sets Top	Using Conversations about	If Behavioral Science Faculty Ran	Interdisciplinary Video Review:
	Performing Teams Apart: The	Teaching to Create and Support	Intern Orientation	Assessing Milestones & Providing
	Medical Educator EQ Toolkit	a Learning Community	Lauren Penwell-Waines, PhD	Feedback
	Workshop		Susan King, LCSW	
			Randall Reitz, PHD, LMFT	
			Max Zubatsky, PhD, LMFT	
	Susan Franks, PhD	Jeffrey Sternlieb, PhD		Emilee Delbridge, PhD, LMFT
	David Farmer, PhD, LMFT		Seminar 103B	Tanya Wilson, MD
	Cynthia Carroll, MA, LPC		Building the PGY 1 Family	Jared Ankerman, MD
			Medicine Resident Team from	James McGregor, MD
			Day One of Orientation	_
			Laurie Sullivan, PhD	
			Sonia Velez, MD, JD	

#### 5:15 – 6:30 Gathering In – *LaSalle Ballroom*

Gathering in the "team" - Together Everyone Achieves More *Thomas W. Bishop, PsyD Katherine Fortenberry, PhD Corey D. Smith, PsyD* Join with fellow Forum attendees as the co-chairs of the STFM Group on Family and Behavioral Health introduce the 2018 Forum theme, Embracing and Advancing the Value of Teams in Family Medicine.



### Thursday, October 11, 2018 - Morning Sessions

7:30 am - 5:00 pm Registration – *State Foyer* 

8:00 - 9:15 Welcome and Breakfast - LaSalle Ballroom

**OPENING PLENARY: The Ripple Effect: Finding and Fueling Your Professional Spirit** 

Nancy Ruddy, PhD

Location	State Room I (Ballroom Level)	State Room II (Ballroom Level)	Huron (Ballroom Level)	Superior I & II (2 <sup>nd</sup> Level)	Superior III (2 <sup>nd</sup> Level)
9:30 – 10:30	Lecture Discussion 105 Integrating the Languages of the Interdisciplinary Team for Optimal Patient Care	Clinical Practice Update 106 Addressing the Psychological and Medical Impacts of Infertility and Pregnancy Loss	Lecture Discussion 107 Helping the Grieving Healer: Strategies for Assisting with Physician Grief	Lecture Discussion 108 Beyond the Myers Briggs: Emotional Intelligence for Resident Leaders of Teams	Lecture Discussion 109A Resident Research Curriculum Courtney Barry, PsyD Linda Meurer, MD, MPH Jamila Kwarteng, PhD Laura Brusky, MD Jeff Morzinski, PhD
	Ronald Hunt, MD Anne Van Dyke, PhD Lori Lackman-Zeman, PhD Elena Kline, PharmD	Kimberly Foley, PhD Holli Nelman-Hart, MD Angie Godejohn, MD	Amber Cadick, PhD Christopher Haymaker, PhD Megan Barclay, MS	Megan Brown, PsyD David Simpson, PhD	Lecture Discussion 109B Hey Siri A Team Based Approach to Engage Residents in Research Skill Development Heidi Musgrave, PhD Gordon Bokhart, PharmD
10:30 – 10:45	Break				
10:45 – 11:45	Lecture Discussion 110 Undergraduate Medical Student Value in Interprofessional Health System Teams	Lecture Discussion 111 Methods for Developing and Modifying Behavioral Medicine Curriculum to Prepare Residents for Interdisciplinary/	A Tale of Two Approaches: Caring for Patients with Complex Care Needs	Lecture Discussion 113 Bridging Barriers to Care with a Robust Behavioral Health Group Program	Clinical Practice Update 114 Not Just Too Much Sugar: Diagnosis and Treatment of Childhood ADHD in Family Medicine
11.45 1.15	Leanne Chrisman- Khawam, MD, MEd	Integrated Care  Molly Gabriel-Champine, PhD Andrew Champine, PsyD Laura Daniels, PhD Scott Nyman, PhD	Nancy Newman, MD, LMFT Kristin Cook, BSN, RN, PHN Theresa Eckstein, LISW, MSW Lourdes Martinez, CHW	Katherine Fortenberry, PhD Abigail Zeveloff, LCSW, MPH Sarah McCormick, PhD Ruben Tinajero, MS Kara Frame, MD	Oliver Oyama, PhD Elizabeth Lawrence, MD

11:45 - 1:15 **Lunch on your own** 

# Thursday, October 11, 2018 – Afternoon Sessions

	State Doom I (Dellycom	State Doom II	Human	Cunquian I & II	Cumanian III
Location	State Room I (Ballroom Level)	State Room II (Ballroom Level)	Huron (Ballroom Level)	Superior I & II (2 <sup>nd</sup> Level)	Superior III (2 <sup>nd</sup> Level)
1:15 - 2:15	Lecture Discussion 115 Facilitation: An Invisible Skill in Successful Organizations	Lecture Discussion 116 Teaching Residents to Skillfully Respond to Patients Reluctant to Engage with a BHC	Lecture Discussion 117 Reflecting on Burnout and Changing Culture through the Use of Photovoice	Lecture Discussion 118 Empowering Your Team: How to light the F.I.R.E to thrive in your work again! Janelle Von Bargen, PhD, MSW	Clinical Practice Update 119 Tobacco Use Disorder: Helping Your Patients Extinguish the Fire
	Kim Marvel, PhD	Amber (Hewitt) Cahill, PsyD Karen Kersting, PhD	Amy Odom, DO Amy Romain, MSW Julie Phillips, MD, MPH	Kathryn Fraser, PhD Terri Dalton, IMFT Dael Waxman, MD	Scott Fields, PhD William Johnson, MD
2:15 – 2:30	Break				
2:30 – 3:30	Educational Research 120 (See abstracts for details)	Lecture Discussion 121 Playing Nice in the Sandbox	Lecture Discussion 122 Integrated Care Group Visits: A Team Approach to Treating Opioid Use Disorders	Lecture Discussion 123A Addressing Adults with ACEs in Primary Care Requires a Team Approach Mark Prodger, MD Aimee Valeras, PhD, MSW	Clinical Practice Update 124 If I Cannot Sleep, Then Neither Can You: Pediatric Sleep Disorders
	Moderator  Max Zubatsky, PhD, LMFT	Christine Borst, PhD, LMFT Irina Kolobova, PhD Amelia Muse, PhD, LMFTA	Stephanie Case, PsyD Carrie Anderson, MD	Lecture Discussion 123B Assessing Resident Confidence in Screening and Intervening with Patients' ACE Scores Thomas Cahill, PhD David Mohr, DO Nick Yunez, MD	Lynn Simons, PsyD Meaghan Beasley, MD Christine Medaugh, MD
3:30 – 3:45	Refreshment Break				
3:45 – 5:15	Workshop 125 Team Work: Developing Curriculum for Appropriate use of the Extended Care Team	Workshop 126 Sustaining the Culture Change of Team-Based Care: A Pecha Kucha Experience	Workshop 127 Creative (and Fun) Activities that Foster Team Building, Meaning-Making & Reflection	Seminar 128 Should They Stay or Should They Go: Best Practices for Remediation of Medical Learners	Workshop 129 Balint Groups: The Art of Relationship in Family Medicine
	Christopher Haymaker, PhD Emily O'Brien, PharmD Rosalie Cassidy, MD	Randall Reitz, PhD, LMFT Laura Sudano, PhD, LMFT Amy Davis, MD Glenda Mutinda, MA	Jennifer Ayres, PhD	Terri Wall, PhD Janelle Von Bargen, PhD, MSW Sonya Dominguez, MD Molly Clark, PhD Melissa Arthur, PhD,	Phillip Phelps, LCSW Jeffrey Sternlieb, PhD Jose Nino, MA, LCPC Allison Bickett, PhD, MS Chris Rule, MSW

LMFT

## Friday, October 12, 2018 – Morning Sessions

7:00-8:00 am Round Table Discussions - breakfast provided -  $LaSalle\ Ballroom$ 

State Room I	State Room II	Huron	Superior I & II	Superior III
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Seminar 130A Inpatient Behavior Rounds: Bringing the Learning to the Learning Environment Della Rees, PhD, LPC Maria Shreve, MD	Workshop 131 A Method to Bridge the Gap between "Learning" and "Using" Motivational Interviewing	Workshop 132 Feedback: Thanks but No Thanks!	Wellness Showcase Seminar 133 Coaching a Healthy Team: Novel Ideas for Well-Being Katherine Buck, PhD Adam Guck, PhD	Seminar 134 Integrating Principles of Military Team Development into Family Medicine Education
Seminar 130B Integrating Behavioral Health into Inpatient Medicine Rounds as a Model for IPE	Claudia Allen, PhD, JD Theodore Siedlecki, PhD	Stephanie Nader, MSW, LCSW Kim Jones, MSW, LCSW	Therapeutic Thursdays: "Health is a State of Body. Wellness is a State of Being" Stacey Nickoloff, DO Limor Gildenblatt, PhD Inyoung Na, DO	Mark Dixon, PhD, LCSW S. Wonnum-Williams, PhD LCSW Ebon Alley, PhD, LCSW Steven Hyer, PhD, LCSW
Erin Cobb, MS Haley Curt, MS, MA			Identifying Intern Distress: Weekly Pre-Shift and Post-Shift Burnout Ratings Tom Barbera, PhD	
Refreshment Break				
Research on Patient Care 135	Lecture Discussion 136 Health Systems	Lecture Discussion 137 Somatization and Illness	Lecture Discussion 138 Addressing Stress and	Workshop 139 9:45-11:45
(See abstracts for details)	Genograms: Closing the Loop in Integrated Behavioral Health Settings	Anxiety: Strategic Engagement in Challenging Encounters	Burnout Among Residents: A Standardized Patient Intervention	Balint Groups: The Art of Relationship in Family Medicine
Randall Reitz, PhD, LMFT	Max Zubatsky, PhD, LMFT Lauren Wilson, MSW, LCSW Ashley Meyr, MD	Tom Linde, MSW Grant Scull, MD	Adam Wilikofsky, PhD Donna Cohen, MD	Phillip Phelps, LCSW et al
Break				_
Clinical Practice Update 140 Updates in Insomnia Psychopharmacology  Scott Bragg, PharmD JJ Benich, MD	Lecture Discussion 141 Creating a Human Trafficking Victim Medical Home in a Family Medicine Residency Clinic Ronald Chambers, MD India Fleming, PhD Reactor Panel: Danielle	Patients Stay Better When We All Play Together: Complex Care with Psychiatric Residents  Anatol Tolchinsky, PhD Lauren Ostarello, MS	Lecture Discussion 143 Shedding Light on Fatigue- Related Impairment  Sarah Hewitt, MD Scott Ross, MD	
	(Ballroom Level) Seminar 130A Inpatient Behavior Rounds: Bringing the Learning to the Learning Environment Della Rees, PhD, LPC Maria Shreve, MD  Seminar 130B Integrating Behavioral Health into Inpatient Medicine Rounds as a Model for IPE  Alexander Brown, PhD Erin Cobb, MS Haley Curt, MS, MA  Refreshment Break Research on Patient Care 135 (See abstracts for details)  Moderator Randall Reitz, PhD, LMFT  Break Clinical Practice Update 140 Updates in Insomnia Psychopharmacology	Realtroom Level   Seminar 130A   Inpatient Behavior Rounds: Bringing the Learning to the Learning Environment Della Rees, PhD, LPC Maria Shreve, MD   Claudia Allen, PhD, JD Theodore Siedlecki, PhD   Theodore Siedlecki, PhD	Claudia Allen, PhD, JD	Capellaroom Level   Cape

Afternoon Sessions: See Other Side

## Friday, October 12, 2018 - Afternoon Sessions

12:15 – 1:45 Lunch & Plenary - LaSalle Ballroom Relational Leadership $^{\rm TM}$ : Building Teams, Resilience and Advocating for Change Andrew Morris-Singer, MD

Terri Dalton, IMFT

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2:00 – 3:00	Lecture Discussion 144 Once Upon a Time: Literature in the Personal and Professional Development of Residents  Roger	Lecture Discussion 145 Call It What It Is: Confronting Bias  Charlotte Navarre, RN-BC	Lecture Discussion 146 Enhancing Training of Family Medicine Residents in CBT for Chronic Pain Management  Stephanie Czech, PhD	Lecture Discussion 147 Taking Care of Ourselves, Taking Care of Each Other: Resilience Promotion for Behavioral Scientists  Valerie Ross, MS, MFT	Clinical Practice Update 148 Treating ADHD in Adults: Facts and Fiction  Stephen Warnick, MD
2.00 2.15	Stilgenbauer, PhD, LMFT	Jennifer Hill, PhD Rachel Jackson, PGY-2	Debra Moorhead, LICSW, PhD	Jennifer Ayres, PhD	Kevin Brazill, DO Christopher White, MD, JD, MHA
3:00 – 3:15	Break		<del>,</del>	<u></u>	
<b>3:15 – 4:45</b>	Workshop 149	Workshop 150	Workshop 151	Workshop 152	Workshop 153
	I Never Wanted to Say,	Finding Adventure in	Navigating the Land of Oz:	Reflective Expression	Grant Writing with a Focus
	"Me, too". Residency	Teaching Teamness: A	The Opioid Epidemic &	through Mask Making-	on Teamwork in Family
	Response to Medical	Workshop in Team Skill	Team Based Treatment in	Discovering Your	Medicine
	Errors	Development for IPE	Family Medicine	Professional Identity	
	Leah Johansen, MD	Thomas Bishop, PsyD	Lorne Campbell, MD Andrea Barbis, LCSW-R	Peter Rainey, MS Sal Aiello, MS	David Nelson, PhD Leslie Ruffalo, PhD

Saba Zaman, MD

Melissa DeNomie, MS

### Saturday, October 13, 2018

7:30 – 9:15 am Coffee & Muffin Service - *State Foyer* 

Location	State Room I (Ballroom Level)	State Room II (Ballroom Level)	Huron (Ballroom Level)	Superior I & II (2 <sup>nd</sup> Level)	Superior III (2nd Level)
8:00 – 9:00	Lecture Discussion 154 Adapting our Clinical and Behavioral Skills to the World of Family Medicine	Lecture Discussion 155 Wonder Teams Activate: Our Story of Developing a Dual Training Model in Integrated Care	Lecture Discussion 156 Meaning in Medicine: Putting Meaning Back in Medicine	Lecture Discussion 157A Using a Multidisciplinary Team Approach to Teach the Annual Wellness Visit Heidi Musgrave, PhD Robert Wilkins, MD	Research on Wellbeing 158 (See abstracts for details) Moderator
	Debra Moorhead, PhD Carolyn Minor, LCSW	Terri Wall, PhD Sonya Dominguez, MD Lizzette Rogue, PsyD	Lindsay Fazio, PhD Miranda Huffman, MD	Lecture Discussion 157B Teaching the Value of Interdisciplinary Collaborative Team-Based Care Lynn Wilson, DO Nyann Biery, MS	Claudia Allen, PhD, JD
9:15 - 10:15	Risk Assessments in Primary Care: Creating a Structured Pattern  Alexander Macdonald, PhD, LCSW Mark Dixon, PhD, LCSW	Lecture Discussion 160 Behavioral and Medical Collaboration at End of Life: Better Outcomes for All  Jo Weis, PhD Krista Wiger, MD	Focused Lecture Discussion 161 Promoting Inter- Professional Team Communication/Training via Case Conferences Patricia McGuire, MD Sandra Sauereisen, MD Jayne Lu, MD Emily Ketterer, MD Marianne Koenig, PharmD James, Mercuri, LCSW  A Comparison of Two Methods of Interprofessional Education in Primary Care Amber (Hewitt) Cahill, PsyD	Ghosts in the Exam Room: Identifying Empathy Myths & Finding Our Compassion  Jennifer Ayres, PhD	Lecture Discussion 163 Caring for Patients: Track Behavioral Health Needs in Clinic Using Patient Registries  Lindsay Fazio, PhD Mark Drexler, MD Sara Lampert, BA

10:15 - 10:30 Break

10:30 – 11:30 Closing Plenary - LaSalle Ballroom

Looking Inward: Embracing Vulnerability, Creating Meaning and Finding Resilience

Amy Odom, DO Amy Romain, LMSW, ACSW

11:30 Adjourn