



CONTINUING EDUCATION
PROGRAM



The 40th Forum for Behavioral Science in Family Medicine

September 18-21, 2019

2019 Theme:

The Evidence, the Art, the Outcomes

Sponsored by

**The Medical College of Wisconsin
Department of Family & Community Medicine**

Endorsed by The Society
of Teachers of Family Medicine

Sponsor

The Medical College of Wisconsin, Department of Family and Community Medicine

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ACCREDITATION

The Medical College of Wisconsin is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Physicians – The Medical College of Wisconsin designates this live activity for a maximum of 22.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Allied Health Professionals – The Medical College of Wisconsin designates this activity for up to 22.00 hours of participation for continuing education for allied health professionals.

Psychologists – The Medical College of Wisconsin is approved by the American Psychological Association to sponsor continuing education for psychologists. The Medical College of Wisconsin maintains responsibility for this program and its content. This activity contains content or processes that may be potentially stressful.



Social Workers – The Medical College of Wisconsin is registered with the Illinois Department of Professional Regulation as a Continuing Education Sponsor for social workers (License No. 159-000664).

Family Practice Physicians – Application for CME credit has been filed with the American Academy of Family Physicians.

Determination of credit is pending.

OBJECTIVES

- After attending sessions and workshops which describe effective teaching strategies and educational interventions, attendees will be able to plan, provide and/or evaluate effective educational interventions for behavioral science training in graduate medical education settings and for clinical practice for primary care settings.
- By attending clinical practice updates and other sessions focused on common psychiatric and health problems seen in primary care, attendee will be able to apply up to date evidence-based research to support clinical interventions in their clinical settings.
- After attending sessions focused on research, attendees will be able to identify opportunities to improve the utilization of available research evidence and opportunities to generate good quality, ethical research to support the activities of family physicians and family medicine educators.

TARGET AUDIENCE

Physicians, behavioral scientists/coordinators and allied health professionals in medical education.

HOTEL INFORMATION

DoubleTree by Hilton Chicago – Magnificent Mile
300 East Ohio Street, Chicago, IL 60601

Reservations: Toll Free (800) 222-8733 or online
<https://tinyurl.com/DoubleTreeForum2019>

A block of rooms is reserved for registrants until August 23, 2019 at a special rate of \$209 plus tax, per night.

Note: To receive the special rate, reference “The Forum for Behavioral Science in Family Medicine” or “FBS”. If conference attendance exceeds expectations, rooms in the conference block may be sold out prior to this date.

WEB SITE:

[www.mcw.edu/
Family-Medicine.htm](http://www.mcw.edu/Family-Medicine.htm)

- Online registration
- Plenary/Speaker bios
- Detailed abstracts of each session’s content

Plenary Speakers:



ACT SCHOLARLY! EMBRACE YOUR INNER BEHAVIORAL SCIENTIST

Sandra Burge, PhD

A recent systematic review stated, “the implementation of Primary Care Behavioral Health services is ahead of the science...” pointing to a need to study what we do and document its value to patients, families, and physicians. In this talk, Dr. Burge will encourage

Behavioral Science Faculty to see themselves as Behavioral Scientists and Scholars, and to envision The Forum as a learning community in which to join forces, build scholarship skills and generate new knowledge. She will define scholarship as a fundamental activity within a learning community, and emphasize small and large ways that we can contribute to the science of behavioral science.



FORTY YEARS: THE CHANGING PSYCHOLOGY OF BEING A BEHAVIORAL SCIENCE EDUCATOR

Dennis J. Butler, PhD

In his address Dr. Butler will describe how the Forum has chronicled and influenced the maturation and advancement of behavioral science in family medicine for forty years. His address will examine the critical shift in the role of behavioral science education from

curricular uncertainty to alignment of core content and the personal development of behavioral science educators from role confusion and isolation to integration and a strengthened professional identity, noting bumps, setbacks and detours along the journey. He will challenge attendees to think beyond reliance on professional affiliation and documentation of the utility of behavioral science as the mainstays for integrating behavioral science in family medicine. The Forum has provided an archive of essential content but do behavioral science educators possess the authority and skills to demand trainee accountability? Is it time to answer the question, “Can a resident fail behavioral science?”



CONNECTING IS JOB NUMBER ONE: USING KINDNESS, COMPASSION, AND CONNECTION TO HELP HEALERS LEARN

Colleen Fogarty, MD, MSc

As we focus on increasing kindness and compassion in our lives and the world around us, we as teachers of Family Medicine, are poised in the intersections among healing, teaching, training, and caregiving.

Faculty are held accountable for ensuring that our learners achieve certain milestones and demonstrate certain competencies. This talk will explore principles of kindness and compassion that provide the underpinnings of our work as teachers, and will provide an opportunity for attendees to reflect on opportunities for kindness and compassion in their careers.

Wednesday, September 18, 2019

2:30 – 6:30 pm

REGISTRATION

3:30 – 5:00

- Workshop 101 Narrative Medicine: Re-engaging and Re-energizing Ourselves through Story
Andre Lijoi, MD; Ana Tovar, PhD
- Workshop 102 Teaching Family Interviewing to Residents: Basic Concepts and Applications
Hernan Barenboim, PhD; Teri Metropulus, MA
- Seminar 103 Overcoming Barriers to Mental Health and Substance Use Care in Pregnancy
Betsy Manor, MD; Jeremy Waldhart, DO; John Hayes, DO; Kristin Magliocco, MD
- Workshop 104 Core Values & Resilience Promotion in Family Medicine Education
Jennifer Ayres, PhD; Valerie Ross, MS, LMFT

5:15 – 6:30

GATHERING IN: The Art of Healing

Katherine Fortenberry, PhD; Corey D. Smith, PsyD; Courtney Barry, PsyD

Thursday, September 19, 2019

7:30 – 5:00 pm

REGISTRATION

8:00 – 9:15

WELCOME AND OPENING PLENARY (*Breakfast provided*)
Act Scholarly! Embrace Your Inner Behavioral Scientist
Sandra Burge, PhD

9:30 – 10:30

- Lecture
Discussion 105 You'll Shoot Your Eye Out
Lynn Simons, PsyD; Meaghan Beasley, MD; Bonny Rye, LLP; Christine Medaugh, MD
- Clinical Practice
Update 106 An Evidence Based Approach to Team-Training in Healthcare
Adam Guck, PhD; Meredith Williamson, PhD; Katherine Buck, PhD, LMFT
- Research 107 Research on Integrated Care (*See abstracts for details*) – Moderator: Heather Kirkpatrick, PhD
- Clinical Practice
Update 108 Genius Genes: A Helpful Guide to Understand & Interpret Psychopharmacogenomic Tests
Christopher White, MD, JD, MHA; Kevin Brazill, DO; Stephen J. Warnick, Jr, MD
- Lecture
Discussion 109 Meaning in Medicine: Putting Meaning Back in Medicine
Miranda Huffman, MD; Lindsay Fazio, PhD

10:45 – 11:45

- Lecture
Discussion 110 Ethical Implications of Religion and Culturally Responsive Care
Shena Johnson, PsyD
- Lecture
Discussion 111 Hi, I'm Your Doctor: How to Establish a 20-Minute Relationship
Mark A. Dixon, PhD, LCSW; Carrie Lucas, PhD
- Lecture
Discussion 112 Lighting the Path: Helping New and Experienced Behaviorists to Thrive
Jeri O'Donnell, MA, LPCC; Jennifer Reynolds, LCSW
- Lecture
Discussion 113 An Integrated Care Model for Medication Assisted Substance Abuse Treatment
Amber Cadick, PhD, HSPP; Hannah Helman, PharmD; Sara Ritter, LCSW
- Lecture
Discussion 114 Resident Wellness: Understanding it and Applying the Evidence
Limor Gildenblatt, PhD, LCSW; Alexander Brown, PhD; Jose R. Nino, MA, LCPC
Alison Parodi, MSW; Kirke Olson, PsyD; Mario Hagar

11:45 – 1:15

LUNCH ON YOUR OWN

1:15 – 2:15 pm

- Lecture
Discussion 115 Telemedicine: The Art of Innovative Technology in Family Medicine
Oliver Oyama, PhD, ABPP, PA-C; Elizabeth Lawrence, MD
- Clinical Practice
Update 116 Cure or Curse? The Latest Evidence Behind Cannabis Use and Mental Health
Kevin Brazill, DO; Christopher White, MD, JD, MHA; Stephen Warnick, Jr, MD
- Lecture
Discussion 117 "A Million Gray Areas": Addressing Diversity, Allyship and Cultural Connections
Kathryn Fraser, PhD; Karen Samuels, PhD

Thursday, September 19, 2019

1:15 – 2:15 pm

Lecture
Discussion 118

Physician Wellness, Moral Distress and Stress of Conscience
Corey D. Smith, PsyD

Research 119

Curricular Research (See abstracts for details) – Moderator: *Dennis J. Butler, PhD*

2:15 – 3:15

Lecture
Discussion 120

Teaching Virtue, Fostering Idealism: Ethics Rounds on the Inpatient Service
Joseph P. Gibes, MD; Alfred Martin, MD

Lecture
Discussion 121

Interprofessional Approaches to Teaching in Family Medicine
Sarah Dewane, PhD; Kaitlin Leckie, PhD; Limor Gildenblatt, PhD; Sarah Kay Welch, DO

Clinical Practice
Update 122

Suicide: A Protocol for Screening, Risk Assessment and Evaluation for Family Medicine
Chris Rule, LCSW; Rhonda Mattox, MD; Brooke Palmer, MA; Chasity Jiles, LCSW

Lecture
Discussion 123

The Use of Comics to Discuss Stressors in Medicine
Theresa Maatman, MD; Katinka Hooyer, PhD, MS

Lecture
Discussion 124

One Time Psychiatry Consult: Increasing Access to Care & FM Provide Knowledge & Skills
Catherine Schuman, PhD; Katya Alcaraz, MD; Mark McCabe, MD

3:30 – 5:00

Seminar 125

“What’s the Problem?” Identification of Practice Gaps in the Clinical Setting
Mary Dobbins, MD; Jordyn Mathias, LCPC; Nicole Tenegra, MD

Workshop 126

Integrating the Arts into the Science: Teaching Strategies and Resources
Mary Talen, PhD; Aimee Valeras, PhD

Workshop 127

Mission: It’s Possible! Dynamite Didactics for Wellness and Beyond
Kaitlin Leckie, PhD; Laura Sudano, PhD; Jennifer Ayres, PhD

Workshop 128

The Art and Science of Developing Research and Grant Writing
David Nelson, PhD, MS; Leslie Ruffalo, PhD; Melissa DeNemie, MS

Workshop 129

The Balint Group Experience: Promoting Relationship and Team Awareness
Phillip Phelps, LCSW; Chris Rule, LCSW; Jose Nino, MA, LCPC; Shari Holland, LCP; John Freedy, MD, PhD

5:00 – 6:30

40th Anniversary Celebration and Poster Session

*Viewing of posters and socializing with your colleagues.
Light appetizers and cash bar will be available.*

Friday, September 20, 2019

7:00 – 8:00 am

ROUND TABLE DISCUSSIONS (See abstracts for details; Breakfast provided)

8:00 – 9:30

Seminar 130

Inter-professional Practice Development: Practical Approaches Across Settings
Nataliya Pilipenko, PhD; Krishna Desai, MD; Meredith Williamson, PhD

Lecture
Discussion 131

Lifestyle Medicine Exposure Experience: Health Coaching for Residents’ Wellness
Christopher Haymaker, PhD; Rosalie Cassidy, MD; Griffin Hickey, MPH

Workshop 132

Research is a Team Sport!
Sandra Burge, PhD; Alex Reed, PsyD, MPH

Workshop 133

Creative (Fun) Activities that Promote Resilience & Minimize Resistance
Jennifer Ayres, PhD

Clinical Practice
Update 134

An Integrated Approach to Addressing Opiate Misuse in Primary Care for Female Patients
Joanna Petrides, PsyD; Alexander Kowalski, DO; Jennifer Ehala, MPH, CHES

9:45 – 10:45

Research 135

Research on Clinical Care (See abstracts for details) – Moderator: *Terri Wall, PhD*

Lecture
Discussion 136

Leaning into Suffering: Personal Growth and Wellness through Empathy
Hugh Blumenfeld, MD, PhD



Register Online: http://ocpe.mcw.edu/family_medicine

Friday, September 20, 2019

9:45 – 10:45

Lecture
Discussion 137

Enhancing the Process of Professionalization with Peer Mediation
Barbara Ackerman, PhD; Parastou Farhadian, MD

Clinical Practice
Update 138

Childhood Depression
Brianna Smith, PsyD; Megan Brown, PsyD

Workshop 139

The Balint Group Experience: Promoting Relationship and Team Awareness (9:45 – 11:45)
Phillip Phelps, LCSW; Chris Rule, LCSW; Jose Nino, MA; Shari Holland, LPC; John Freedy, MD, PhD

11:00 – 12:00

Lecture
Discussion 140

Integrating Homeless Outreach: A Longitudinal Component of Family Medicine Residency
Brian Wexler, PhD; Rosa Lucas, RN, FNP-C; Valentine Nuzhny, MD; Christopher Robinson, MD

Lecture
Discussion 141

No More Talk About Wellness! In Search of Direction in Assisting Residents to Flourish
Jill Schneiderhan, MD; Tom Bishop, PsyD

Lecture
Discussion 142

Responding to Inappropriate Patients: What to Say When You Don't Know What to Say
Michelle Kane, PsyD; Lee Chambliss, MD

Lecture
Discussion 143

Breaking the Eggshells: The Ethics of Providing Feedback to Medical Learners
Scott Fields, PhD; Allison Seavey, LCSW

12:15 – 1:45 pm

LUNCH AND PLENARY (*Lunch Provided*)
Forty Forums: The Changing Psychology of Being a Behavioral Science Educator
Dennis J. Butler, PhD

2:00 – 3:00

Lecture
Discussion 144

E-Cigarettes: What We Know, What We're Teaching
Beverlee Ciccone, PhD; Cindy Barter, MD, MPH; Debra Moorhead, PhD

Lecture
Discussion 145

Beyond Genograms: The Art of Engaging Medical Learners in Systems Thinking
Amy Romain, LMSW; Julie Woodwarner, PhD; Emilee Delbridge, PhD, LMFT

Clinical Practice
Update 146

Medication Assisted Treatments for Opioid Use Disorder
Patricia McGuire, MD; Alyssa Bruehlman, MD; Marianne Koenig, PharmD, BCPS

Lecture
Discussion 147

Principles of Adult Learning: Application to Family Medicine Residencies
Mark A. Dixon, PhD, LCSW; David Snowden, PhD; Charu Stokes-Williams, PhD

Lecture
Discussion 148

Storytelling and Research: The Oral History Project and Crossing the Divide
Thomas Bishop, PsyD; Mike Floyd, EdD

3:15 – 4:45

Workshop 149

Cognitive Behavioral Therapy? But I'm Not a Therapist! I Don't Have Time for This!
Cynthia Jauregui, PsyD; Lynn Rogers, LCSW

Workshop 150

Deep Dive into the "Well": How Behavioral Science Faculty Create a Culture of Wellness
Kathryn Fraser, PhD; Harry Blanke, MD PGY3; Danielle Blea, LCMFT, LCAC; Chantel Long, MD

Workshop 151

Conducting Ethical Scholarly Activity and Research, Common Conundrums
Heidi Musgrave, PhD; Cherise Dixie, LCSW

Workshop 152

Yes, and for All: Teaching Improvisation Across the Medical Education Continuum
Alex Reed, PsyD, MPH; Valerie Ross, MS, LMFT; Winslow Gerrish, PhD

Clinical Practice
Update 153

Beyond Benzos – A Review of Pharmacologic Treatment of Anxiety (3:15 – 4:15)
Kwanza Devlin, MD; Anshu Aggarwal, MD

Saturday, September 21, 2019

7:30 – 9:15 am

COFFEE AND MUFFIN SERVICE

8:00 – 9:00

Lecture
Discussion 154

How to Build a Research Proposal in Family Medicine
Courtney Barry, PsyD; Heather Martens, PsyD; Joanna Petrides, PsyD

Lecture
Discussion 155

Expanding Behavioral Health Screening in Primary Care: A Stepped Approach to Diagnosis
Mark Drexler, MD; Lindsay Fazio, PhD; Sara Lampert, BA

Lecture
Discussion 156

PRomoting Engagement for the Safe Tapering of Opioids (PRESTO)
Paul Hershtberger, PhD; Dean Bricker, MD; Lori Martensen, MS

Lecture
Discussion 157

Collaborative Care: Expansion and Education
Stephen Warnick, Jr, MD; Kevin Brazill, DO; Christopher White, MD, JD, MHA

Clinical Practice
Update 158

Psychopharmacology for Depression
Dominique Fons, MD; Kimberly Krohn, MD

Saturday, September 21, 2019

9:15 – 10:15

Lecture Discussion 159	Transgender Care: The Role of Behavioral Science Faculty in Training <i>Alison Gurley, PsyD</i>
Clinical Practice Update 160	Get the Lead Out! Lead Poisoning is a Concern from Womb to Tomb <i>Heidi Musgrave, PhD; Deborah McMahon, MD</i>
Lecture Discussion 161	The Art and Science of BATHE: A Foundational Brief Therapy Tool that Learners Use and Love <i>Claudia Allen, PhD, JD; Joseph Tan, PhD</i>
Clinical Practice Update 162	Bipolar Disorder: Managing the Peaks and Valleys <i>William Johnson, MD; Scott Fields, PhD; Ellen Bluett, PhD</i>
Lecture Discussion 163	How Can the Neuroscience of Compassion Help Me with My Patients Today? <i>Dominic Vachon, PhD</i>

10:30 – 11:30

CLOSING PLENARY
Connecting is Job Number One: Using Kindness, Compassion, and Connection to Help Healers Learn
Colleen Fogarty, MD, MSc

11:30 am

ADJOURN

REGISTRATION

To register and more information visit:
www.mcw.edu/Family-Medicine.htm

FULL REGISTRATION FEES:

Paid by 8/21/19	\$495
Paid after 8/21/19	\$525
Resident/Medical Student/Graduate Student/Fellow Paid by 8/21/19	\$240
Resident/Medical Student/Graduate Student/Fellow Paid after 8/21/19	\$280

ONE DAY REGISTRATION FEES:

Paid by 8/21/19	\$285
Paid after 8/21/19	\$300
Resident/Medical Student/Graduate Student/Fellow Paid by 8/21/19	\$180
Resident/Medical Student/Graduate Student/Fellow Paid after 8/21/19	\$200

Questions: Contact Mary Ellen Radjenovich at meradjen@mcw.edu or 414-955-8189

Please note there is a \$17 non-refundable processing fee for all registrations.

Full registration includes breakfasts, luncheon, breaks, and continuing education credits.
(If unable to attend, 50% of the fee paid will be refunded if written notification is postmarked by 8/21/19. **There will be no refunds after this date.**)



**Celebrating 40 Years of Behavioral
Science Education in Family Medicine**