



# 52<sup>ND</sup> ANNUAL WINTER REFRESHER COURSE FOR FAMILY MEDICINE FEBRUARY 10-11, 2022 ENHANCED VIRTUAL CONFERENCE

SPONSORED BY MEDICAL COLLEGE OF WISCONSIN DEPARTMENT OF FAMILY & COMMUNITY MEDICINE  
AND THE WISCONSIN ACADEMY OF FAMILY PHYSICIANS



TO REGISTER, VISIT:  
[HTTPS://PHEEDLOOP.COM/WRC2022/SITE/REGISTER](https://pheedloop.com/WRC2022/SITE/REGISTER)

knowledge changing life

## SUMMARY

The Winter Refresher Course provides evidence-based updates for family physicians, nurse practitioners, physician assistants and other primary care clinicians who practice in a variety of settings and provide preventive, acute and chronic care in adult medicine, pediatrics, women's health, sports medicine and behavioral health.

While we will miss gathering in person for one more year, we are excited to offer the 2022 WRC via an **enhanced virtual experience through PheedLoop** – including an easy to navigate platform, networking opportunities, a virtual exhibit hall and on-demand access to conference materials to allow attendees to obtain CME for sessions they may have missed during the live event. We hope you will join us!

## OBJECTIVES

Attendees of the WRC will be able to:

- Apply current evidence-based preventive and chronic disease management guidelines to the provision of adult medicine, pediatrics, and women's health.
- Discuss emerging recommendations for addressing sequelae of the COVID-19 epidemic (e.g., long-haul symptoms, trauma and loss).
- Discuss tools and best practices for managing opiate use disorder in the primary care setting.
- Examine scientific evidence for nutritional, pharmaceutical and behavioral strategies for the prevention and management of common conditions.

## EXHIBITORS

Exhibitors will have dedicated time and virtual space to present their messages and products, interact with attendees and track leads through our event platform. To exhibit at the Winter Refresher Course, please contact [DFCMEvents@mcw.edu](mailto:DFCMEvents@mcw.edu). The Medical College of Wisconsin and Department of Family & Community Medicine sincerely appreciate the support provided by our exhibitors.

## ACCREDITATION

The Medical College of Wisconsin is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Medical College of Wisconsin designates this hybrid activity for a maximum of 20 AMA PRA Category 1 Credits™ for physicians and 20 hours of participation for continuing education for allied health professionals. This includes up to 13.5 hours of live content during the conference, and 6.5 CME credits available for on-demand access to concurrently presented content within 30 days of the live conference. For nurse practitioners, this includes 12 hours of pharmacology-specific credit. Participants should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians.

## COURSE PLANNING COMMITTEE

**Linda N Meurer, MD, MPH**, Professor,  
Vice Chair, Academic Affairs,  
Department of Family & Community Medicine  
**Joseph Gravel, Jr. MD, FAAFP**, Professor and  
Chair, Department of Family & Community  
Medicine  
**Sabrina Hofmeister, DO, FAAFP**, Assistant  
Professor, Vice Chair, Clinical Affairs,  
Department of Family & Community Medicine

**Laura Mesenbrink, NP**, Nurse Practitioner  
Planner  
**Carletta Rhodes, MBA**, Conference  
Coordinator  
**Heather Lotz**, Conference Coordinator  
**Terri Walker**, Conference and Exhibit  
Coordinator



## WRC2022 Program Highlights



### Thursday Plenary Speaker:

#### Julie Biller, MD,

Professor, Chief of Pulmonary Medicine, MCW Department of Medicine and Director of the Froedtert and MCW Post-COVID Multispecialty Clinic

#### Post-COVID Conditions:

##### What are they and what can we do about them?

Dr. Julie Biller attended medical school at the University of Chicago Pritzker School of Medicine. She stayed in Chicago, at the University of Chicago, for her residency in Internal Medicine and her fellowship in Pulmonary and Critical Care Medicine. As a lifelong Packer fan, she returned to Milwaukee, WI and joined the Medical College of Wisconsin faculty practicing at Froedtert Hospital and Children's Hospital of Wisconsin. Dr. Biller provides care for adults with a wide variety of pulmonary conditions. Along with this, she established the Adult Cystic Fibrosis program, providing care for these individuals, participating in clinical research, and educating medical providers and the public about cystic fibrosis. She now directs the Froedtert and MCW Post-COVID Multispecialty Clinic.

### Thursday Highlights

**1. Clinical updates in traditional (55 minute) and brief (25 minute) formats**

**2. Family medicine residents' focused evidence-based reviews (shaded in green)**

**3. Special Topic Roundtables 1-1:30 PM:** Participants are invited to join facilitated small group discussions on important issues in primary care practice to network, learn and share best practices.

#### Topics will include:

- Clinician Wellness
- Addressing Vaccine Hesitancy
- Incorporating learners into your practice
- Social determinants of health
- Legislative Update from the Wisconsin Academy of Family Physicians
- Other patient care topics per registrants' interests/needs

**If there is a topic you would like to discuss with peers, respond to the prompt during registration.**

### Friday Plenary Speaker:

#### Tochi Iroku-Malize MD, MPH, MBA

Professor and Chair, Family Medicine for the Donald and Barbara Zucker School of Medicine at Hofstra/Northwell in Hempstead, New York, and President-Elect, American Academy of Family Physicians

#### Family Medicine Updates

Dr. Iroku-Malize received her medical degree from the University of Nigeria and completed her family medicine residency in at Southside Hospital in New York. She earned a MPH in health policy and management from Columbia University and her MBA from the University of Massachusetts. Board certified in family medicine and hospice & palliative medicine, Dr. Iroku-Malize is an active member of the American College of Physician Executives, Society of Teachers of Family Medicine, and Association of Family Medicine Program Directors. Dr. Iroku-Malize was instrumental in revising the AAFP Recommended Curriculum Guidelines for Family Medicine Residents: Critically Ill Adults in 2008. She has developed curriculum for Health Care Systems, Geriatrics, Sports Medicine, Special Needs Population, Research and Scholarly Activity, Hospital Medicine and International Health. She is also a member of and delegate to the World Organization of Family Doctors (WONCA).



# Preconference Reception

Wednesday, February 9, 2022

7-8 PM	Event opens: Sign on, Meet and Greet, Platform Tour and Exploration
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## Conference Schedule Day 1

Thursday, March 11, 2021

7:00-7:45 AM	Event opens: Sign on, Exhibitors Available 7-7:45				
	Welcome and Introductions at 7:45am				Linda N Meurer, MD, MPH
8-8:55 AM	Plenary Session: Post Covid Syndrome - Identification and Management				Julie Biller, MD
9-9:55 AM	COVID, Trauma & Loss: trauma informed care during the pandemic	Hernan Barenboim, PhD, Bryan Johnston, MD & Lauren Bauer, MD, MPH	Oral Health Update for Family Physicians	Rebecca Bernstein, MD, MS	
10-10:15 AM	Break – Exhibits Open				
10:15-11:10 AM	Common Dermatological Conditions in Primary care	Beth Damitz, MD	Abnormal Uterine Bleeding	Kate Dielentheis, MD	
11:15–12:10 PM	Pharmacotherapy Updates in Pre-Diabetes and DM Care	Rachele Arnoldussen, PharmD	COVID-19 and Pregnancy	Daniel Demirchyan, MD	
			Supraventricular Tachycardia	Claire Dohmen, MSN, RN, APNP	
12:15-1 PM.	Lunch Break Networking rooms, Exhibitors available 12:15-1 PM				
1–1:30 PM	SPECIAL TOPIC ROUNDTABLES: Facilitated small group discussions on important issues in primary care practice				
1:30-2:30 PM.	Fatty Liver Disease: A Weighing Issue in Family Medicine	Jason Domagalski, MD	Frozen shoulder	Christopher Smith, MD, PGY3/ Craig Young, MD	
			Gender Affirming Hormone Therapy in Primary Care	Mel Pierdomenico, DO, PGY2/ Kevin Robertson, MD	
2:30-2:45 PM	Break – Exhibits Open				
2:45 p.m. 3:40 p.m.	Aspirin Updates in Primary Care	Alice Boshoven, MD & Kathryn Jacobs, MD	Is melatonin safe for long-term use in adults and children?	Madeline Oestreich, MD, PGY2 & Christopher Polonio, MD, PGY2/ J Prunuske, MD	
			Subcutaneous Buprenorphine in Pregnant Patients: What Does the Evidence Say?	Colin Millar, MD, PGY3, A Grace, PsyD & K Fox, MD	
3:45 p.m. 4:40 p.m.	Case Conference 2022	Larry Duenk, MD	Intraarticular Injections for Osteoarthritis	Scott Stauder, MD, PGY3/	
			Treatment Induced Neuropathy of Diabetes	Brian Carey, DO PGY3/ K Devlin, MD	

# Conference Schedule Day 2

Friday, March 12, 2021

7:00-7:45 AM	<b>Event opens: Sign on, Exhibitors Available 7-7:45</b> <b>Welcome and Introductions at 7:45am</b> <i>FAAFP</i> <i>Professor and Chair, Family &amp; Community Medicine, Medical College of Wisconsin</i> <i>Joseph W. Gravel, Jr., MD,</i>			
8-8:55 AM	<b>Plenary Session: Family Medicine Updates</b> <i>Tochi Iroku-Malize, MD, MPH, MBA, FAAFP</i> <i>President-Elect, American Academy of Family Physicians</i>			
9-9:55 AM	<b>Urine drug screening: A guide to monitoring treatment with controlled substances</b> <i>Kristen Fox, MD &amp; John Hayes, DO</i>		<b>Chronic Wound Care</b> <i>Christina Megal, DNP, APNP, FNP-C, CWON-AP</i>	
10-10:15 AM	<b>Break – Exhibits Open</b>			
10:15-11:10 AM	<b>Opioid Weaning with Behavioral Support: Best Practices</b> <i>John Hayes, DO, Herman Barenboim, PhD &amp; Bryan Johnston, MD</i>		<b>Vulvovaginal Lesions</b> <i>Amy Domeyer-Klenske, MD</i>	
			<b>Endometriosis</b> <i>Benjamin Beran, MD</i>	
11:15-12:10 PM	<b>OCD and Anxiety in Adolescents</b> <i>David Jacobi, PhD</i>		<b>Skin manifestations of systemic disease</b> <i>Karolyn Wanat, MD</i>	
			<b>Café au lait spots in children: When to worry/ refer</b> <i>Leah Lalor, MD</i>	
12:15-1:15 PM	<b>Lunch Break Networking rooms, Exhibitors available 12:15-1:15 PM</b>			
1:15-2:10 PM	<b>PRECEPTOR APPRECIATION SESSION (all welcome)</b> <b>Incorporating learners into your Practice</b> <i>Wayne Altman, MD, FAAFP,</i> <i>Professor and Chair of Family Medicine, Tufts University School of Medicine</i>			
2:15-3:10 PM	<b>Mitigating Implicit Bias in Teaching - ABFM clinical preceptor performance improvement initiative (MOC)</b> <i>Kris Harlander Saudek, MD, British Fields, M3, Adriana Perez, M3 &amp; John Hayes, DO</i>		<b>POEMS: Integrated Medicine - Essential Oils</b> <i>John Hickner, MD</i>	
			<b>POEMS: Upper GI Updates</b> <i>Gary Ferenchick, MD</i>	
3:15-4:10 PM	<b>Intermittent Fasting; Review of the Evidence</b> <i>Michael Kelley, PhD, RD</i>		<b>POEMS: Urinary Tract/ Kidney Disease Updates</b> <i>John Hickner, MD</i>	
			<b>POEMS: Endocrinology Updates (non-DM)</b> <i>Gary Ferenchick, MD</i>	
4:10-4:30 PM	<b>Wrap-up</b>			

## Friday Highlights

- 1. More clinical updates in traditional (55 minute) and brief (25 minute) formats**
- 2. Mitigating Implicit Bias in Evaluation:** Community and Faculty preceptors can satisfy a Maintenance of Certification (MOC-IV) requirement as part of the ABFM Preceptor Performance Initiative by attending this session, completing an assessment, and completing 180 teaching hours.
- 3. Information Mastery - Patient Oriented Evidence that Matters:** We are pleased to once again welcome, by popular demand, our Journal of Family Practice 'Info-POETs,' **Drs. John Hickner and Gary Ferenchick**, with a critical look at recent evidence related to upper GI, urinary track & endocrine disorders, and the use of essential oils

# Registration and Fees

## REGISTRATION

To register, visit: <https://pheedloop.com/WRC2022/site/register/>

## FEES

Note: Full conference registration fees are discounted by \$25 if paid on or before **January 10, 2022**.

Fees are as follows:

	On or before January 10	After January 10
Practicing Physicians	\$270	\$295
NP/PA/Retired Physicians	\$225	\$250
Resident/Fellow	\$50	\$50
Students	Free	Free
Daily Registration	\$175/day	\$175/Day

**PLEASE NOTE:** No refunds will be provided for cancellations after January 26, 2022.

Questions: Contact [DFCMEvents@mcw.edu](mailto:DFCMEvents@mcw.edu)

## Join the Teaching Faculty for the Family Medicine Clerkship!

Third-year medical students actively participate in patient care four days a week (4-week rotation) in a family physician's office.

### Here are the details:

- The student will be seeing patients with you 6 or 7 half-days a week, every day but Tuesday.
- Students are only expected to see 2-3 patients each half day session (50 patients a month) or more.
- You are welcome to share them with any other Family Medicine Providers at your site!
- We ask that preceptors allow students to first see patients independently, then precept with you after they meet and examine the patient. No shadowing.
- You will complete a mid-clerkship assessment, H&P observation form, and end-of clerkship assessment.
- Many of our preceptors have successfully incorporated students into telemedicine patient encounters. We're happy to teach you how to do it!

### Here are the perks:

- The opportunity to **influence a future physician** early in their early career (when making specialty choices).
- Students are trained to **"add value" to your practice**. Let them do some work for you!
- Receive an **MCW clinical faculty appointment** (we need a 1-page application, a CV, and your license)
- ABFM allows you to claim **60 CME hours every 3 years** for just teaching medical students
- The FM Clerkship is offering a preceptor performance improvement program that will **meet Maintenance of Certification** requirements for ABFM recertification
- **MCW library access** (free access to major medical journals, easily accessible via smartphone or tablet)
- A subscription to **TeachingPhysician.org**, an excellent guide on clinical teaching, feedback, and expectations

**Interested?** Contact Stephanie Shaw ([sshaw@mcw.edu](mailto:sshaw@mcw.edu)) for more information or to start the appointment process.

**Questions?** Contact John Hayes DO, Clerkship Director: [JRHayes@mcw.edu](mailto:JRHayes@mcw.edu)

Click here for our Informational Brochure: <https://tinyurl.com/yyl64tng> .

You can also find us in the Exhibit Hall at the Event!