

# 10 Things I've Learned From 200 GeriPal Podcasts

Eric Widera, MD  
UCSF / San Francisco VA  
@ewidera



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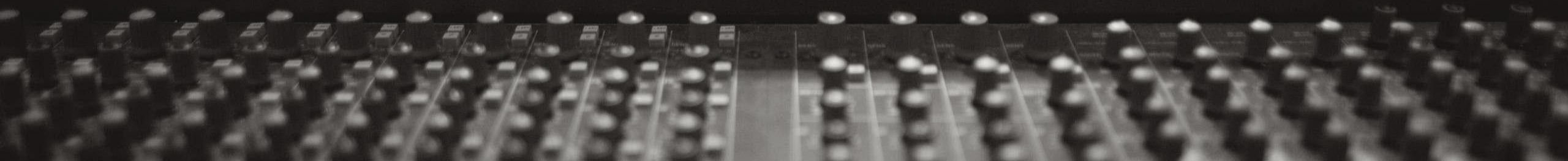
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# Disclosures

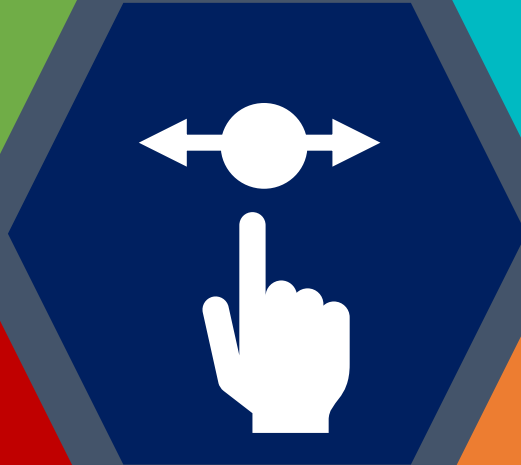
Funded by Archstone Foundation  
and Listeners to the Podcast





**$P=0.001$**









**JUST DO IT.**

**I'm too busy...**

**What's a podcast?**

**I hate my voice...**

**Who wants to listen to me anyway?**

**How do you even do that?**

**Don't we need funding?**

**No one will listen...**



Podcasts

# GeriPal

PODCAST



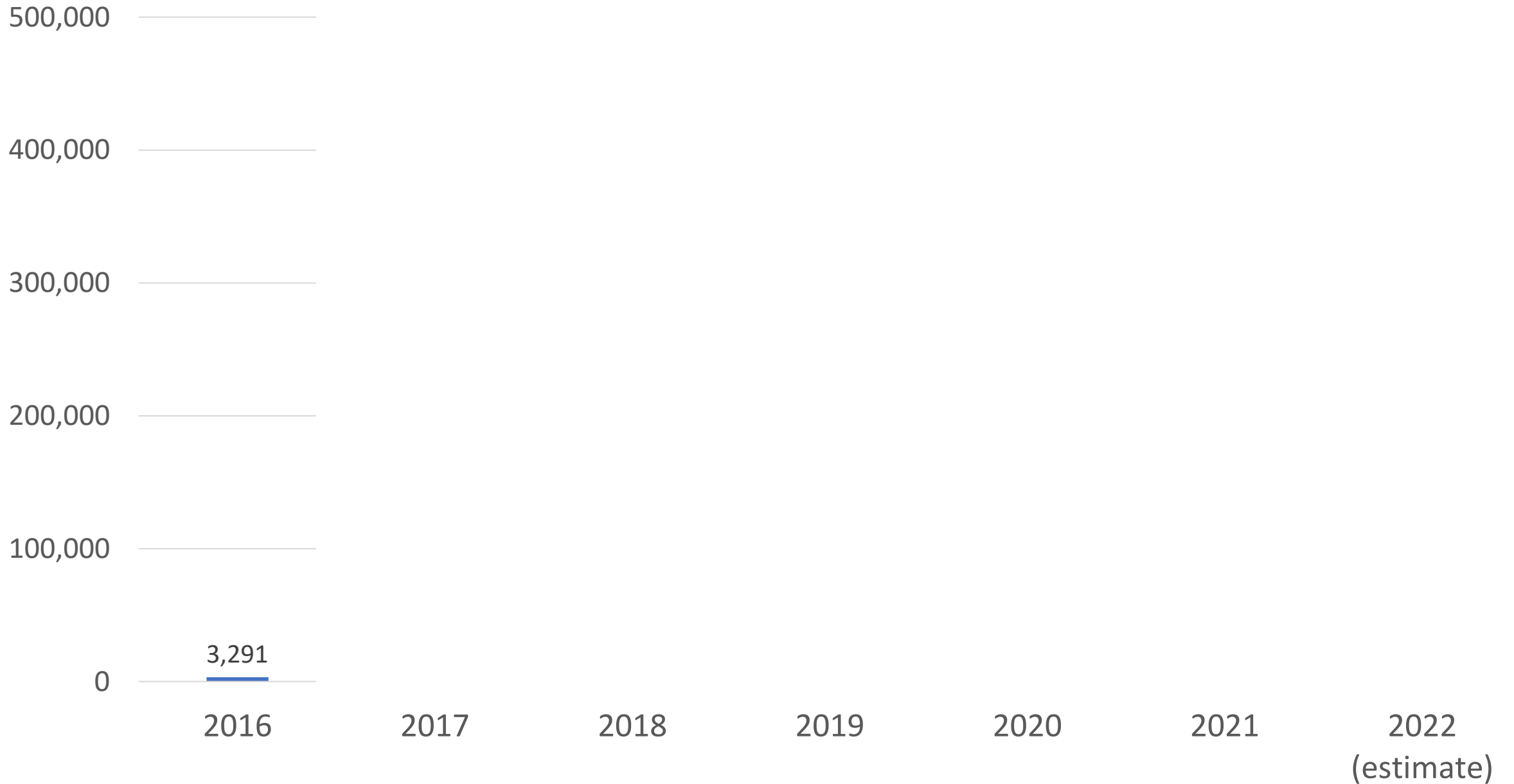
## GeriPal Podcast Episode 1: Bed Alarms

October 12, 2016

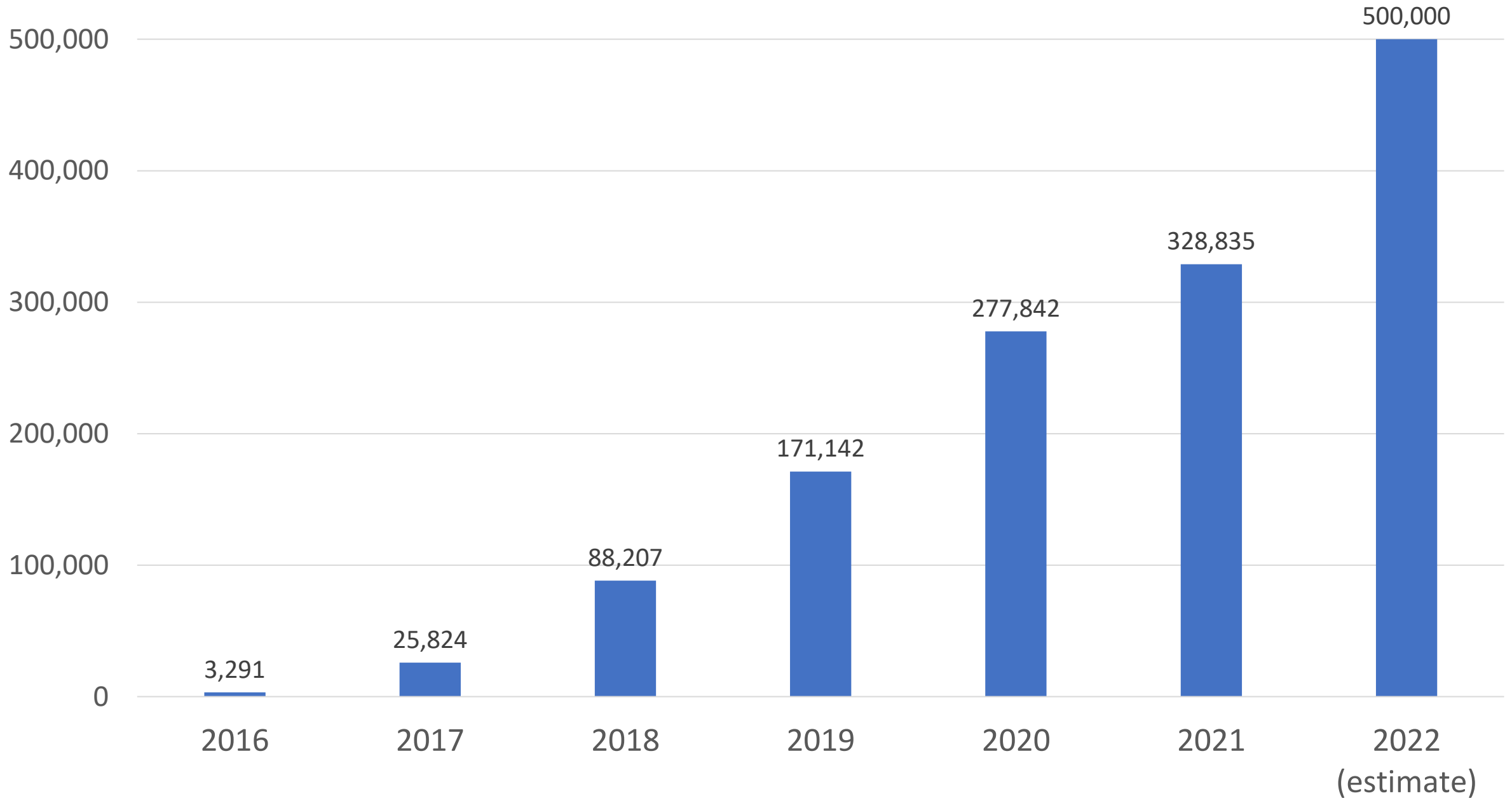
GERIATRICS · HOSPICE · HOSPICE AND PALLIATIVE MEDICINE (HPM)

Welcome to GeriPal's innagural podcast episode titled "Bed Alarms". This is the first in a series of podcasts on all...

## Downloads of GeriPal Podcasts

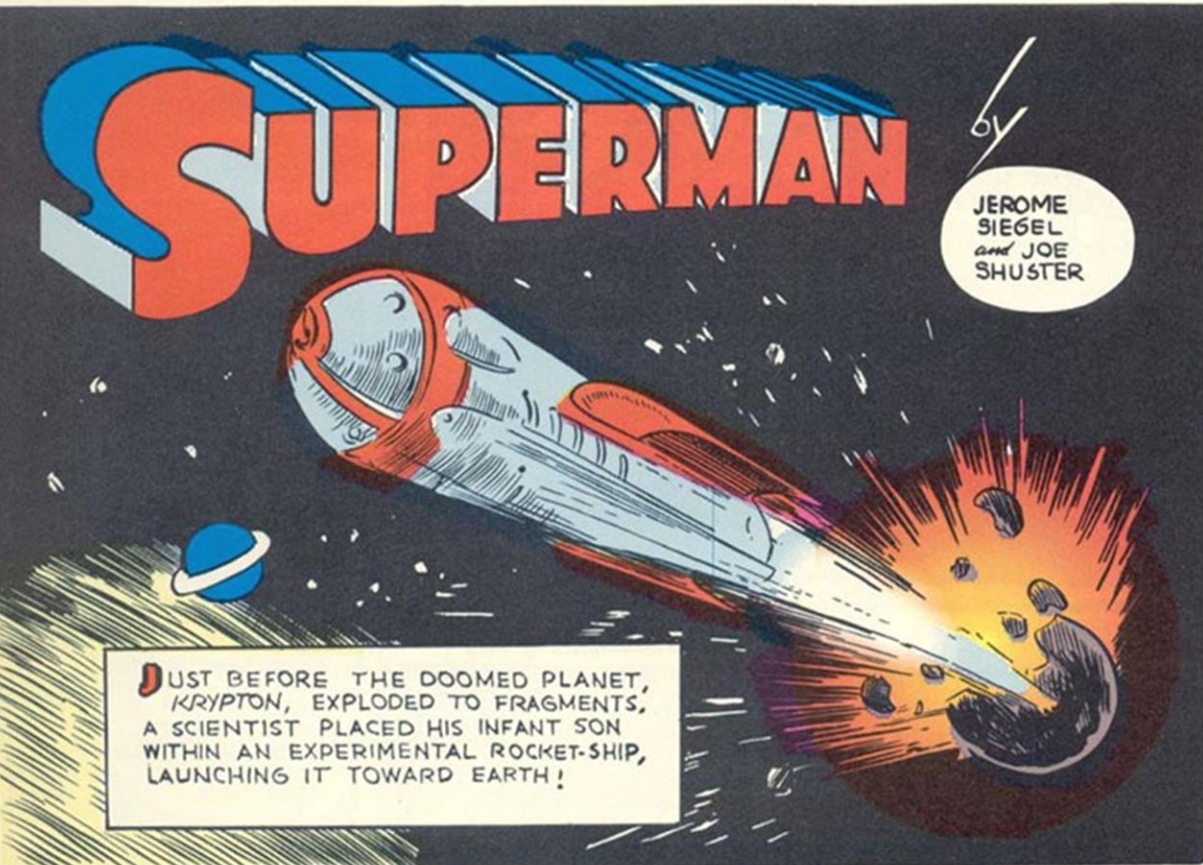


## Downloads of GeriPal Podcasts



# SUPERMAN

by  
JEROME  
SIEGEL  
and JOE  
SHUSTER



**J**UST BEFORE THE DOOMED PLANET, KRYPTON, EXPLODED TO FRAGMENTS, A SCIENTIST PLACED HIS INFANT SON WITHIN AN EXPERIMENTAL ROCKET-SHIP, LAUNCHING IT TOWARD EARTH!

**W**HEN THE VESSEL REACHED OUR PLANET, THE CHILD WAS FOUND BY AN ELDERLY COUPLE, THE KENTS.

LOOK, MARY!  
—IT'S A  
CHILD!

THE POOR  
THING! --  
IT'S BEEN  
ABANDONED!

**T**HE INFANT WAS TURNED OVER TO AN ORPHAN ASYLUM, WHERE IT ASTOUNDED THE ATTENDANTS WITH ITS FEATS OF STRENGTH.





Podcasts



## Gretchen Schwarze on Uncertainty, Scenario Planning, and American Pie

October 11, 2017

ADVANCE CARE PLANNING · COMMUNICATION · GERIATRICS ·  
HOSPICE AND PALLIATIVE MEDICINE (HPM) · SURGERY

This week's GeriPal podcast features vascular surgeon, researcher, and bioethicist Gretchen Schwarze from the University of Wisconsin. We talk with...



# BEST CASE / WORST CASE



Podcasts

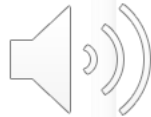


## Gretchen Schwarze on Uncertainty, Scenario Planning, and American Pie

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# The Patient Preferences Project

ABOUT US ▾ OUR INTERVENTIONS ▾ RESEARCH NEWS CONTACT US



**GET THE BEST CASE/WORST CASE TOOLKIT!**

A free toolkit for Best Case/Worst Case is available from [www.hipxchange.org](http://www.hipxchange.org)

## THIS TOOLKIT INCLUDES:

1. An instructional video
2. An instructor manual with learning objectives and lesson plans for teaching Best Case/Worst Case
3. A trainee manual outlining learning objectives and core principles of Best Case/Worst Case

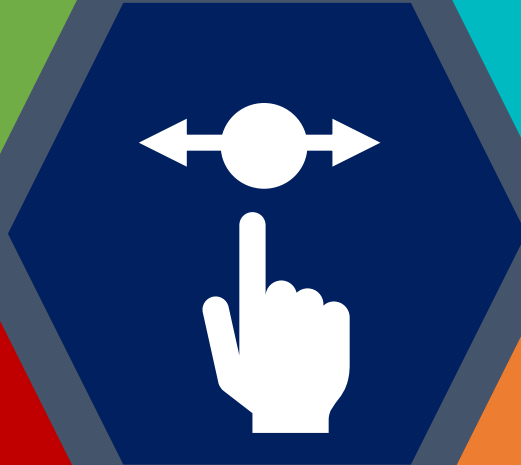
## BEST CASE WORST CASE

BACKGROUND





**JUST DO IT.**





## TOP STORY

### Avoid "flying a plane that you don't know how to land"

Sara Zeff Geber, an expert on solo aging, says it is essential to plan for the day when we are unable to make our own health care decisions and that not making a plan is "like flying a plane that you don't know how to land." If you are not ready to make a complete estate plan, free online programs are available to create an advance directive document that includes establishing a health care proxy and communicating goals of care and treatment preferences. **Full Story:** [Forbes \(tiered subscription model\)](#) (4/18)







**Sometimes You Need to Build  
the Airplane as You Fly It**









Katie Fitzgerald Jones



Eric Widera (he/him/his)



Alex Smith



Zachary Sager he/him



Articles



## Catastrophic Thinking and COVID19

April 8, 2020

COVID-19, GERIATRICS, HOSPICE, PALLIATIVE CARE

Podcasts



## COVID in New York 3: Podcast with Audrey Chun and Sheila Barton

April 4, 2020

ADVANCE CARE PLANNING, COVID-19, GERIATRICS, PALLIATIVE CARE

Podcasts



## COVID in New York – and on the Front Lines: Podcast with Cynthia Pan

March 26, 2020

COVID-19



## Therapeutic Presence in the Time of COVID: Podcast with Keri Brenner and Dani Chammas

April 14, 2020

ADVANCE CARE PLANNING, COVID-19, HOSPICE, MENTAL HEALTH, PALLIATIVE CARE

## Confirmed Cases / Deaths by Age Washington State, Updated April 4, 2020

Age Group	Percent of Cases	Percent of Deaths
0-19	2%	0%
20-39	27%	1%
40-59	34%	7%
60-79	26%	38%
80+	10%	55%
Unknown	1%	0%

## What is the prognosis of COVID-19?

April 6, 2020

COVID-19, GERIATRICS, HOSPICE, PALLIATIVE CARE

Podcasts



## Palliative care on the front lines of COVID: Podcast with Darrell Owens

March 23, 2020

COVID-19, ETHICS, GERIATRICS, HOSPICE, HOSPICE AND PALLIATIVE NURSES ASSOCIATION (HPNA), PALLIATIVE CARE

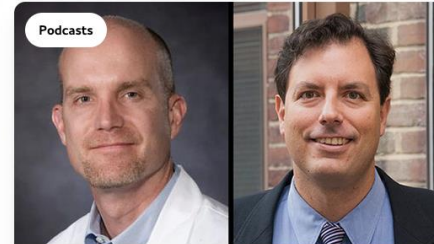


## How are hospices responding to the COVID pandemic? Podcast with Kai Romero and Todd Cote

April 10, 2020

COVID-19, HOSPICE, PALLIATIVE CARE

Podcasts

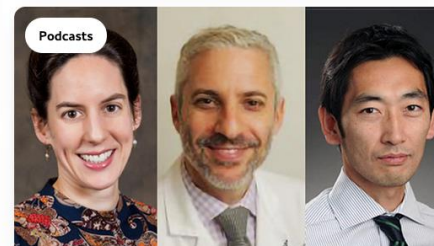


## COVID in Long Term Care: Podcast with Jim Wright and David Grabowski

April 6, 2020

COVID-19, GERIATRICS

Podcasts

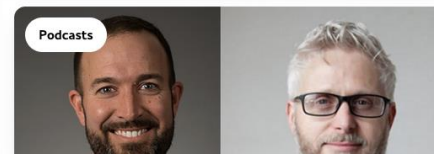


## COVID in New York 2: Podcast with Craig Blinderman, Shunichi Nakagawa, and Ana Berlin

March 31, 2020

ADVANCE CARE PLANNING, COVID-19, ETHICS, HOSPICE, ICU, PALLIATIVE CARE

Podcasts



Podcasts



## **Palliative care on the front lines of COVID: Podcast with Darrell Owens**

March 23, 2020

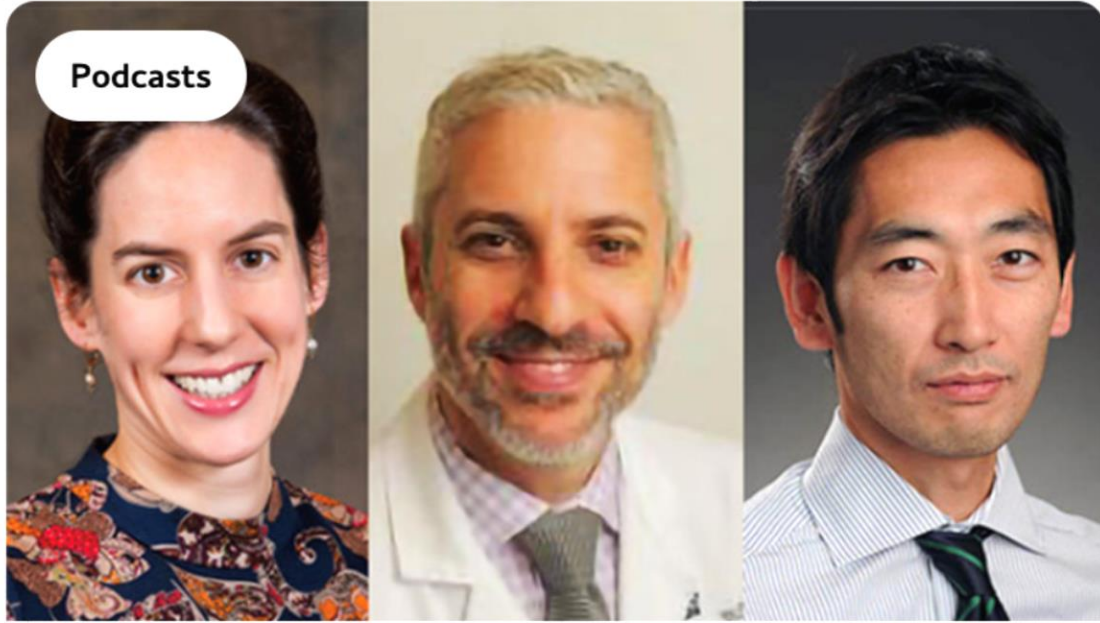
COVID-19, ETHICS, GERIATRICS, HOSPICE, HOSPICE AND PALLIATIVE  
NURSES ASSOCIATION (HPNA), PALLIATIVE CARE





**Darrell Owens via Skype audio**

Podcasts

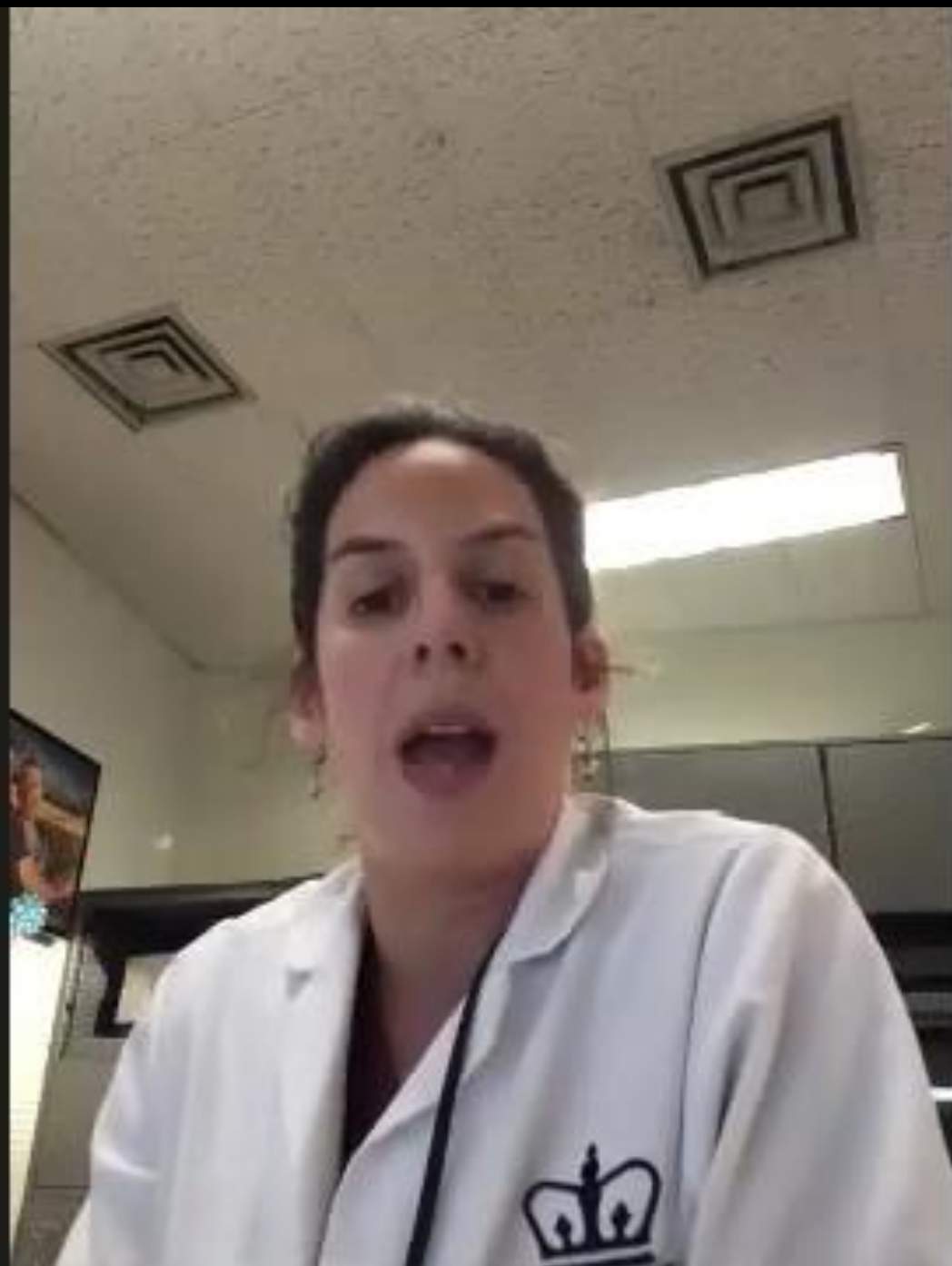


## **COVID in New York 2: Podcast with Craig Blinderman, Shunichi Nakagawa, and Ana Berlin**

March 31, 2020

ADVANCE CARE PLANNING · COVID-19 · ETHICS · HOSPICE · ICU  
· PALLIATIVE CARE





“You can’t create palliative care clinicians out of thin air...”



 **NewYork-Presbyterian**



COLUMBIA UNIVERSITY  
MEDICAL CENTER

Or maybe you can...



UCSF

University of California  
San Francisco



Stanford  
HEALTH CARE



Dartmouth-  
Hitchcock  
Health

NewYork-Presbyterian



COLUMBIA UNIVERSITY  
MEDICAL CENTER

Or maybe you can...



Or maybe you can...

## Brief Reports

# Virtual Interinstitutional Palliative Care Consultation during the COVID-19 Pandemic in New York City

Lawrence Asprec, MD<sup>1</sup>, Craig D. Blinderman, MD, MA<sup>1</sup>, Ana Berlin, MD, MPH, FACS<sup>1,2</sup>, Mary E. Callahan, MD, MS<sup>1</sup>, Eric Widera, MD<sup>3,4</sup>, Vyjeyanthi S. Periyakoil, MD<sup>5,6</sup>, Alexander K. Smith, MD<sup>3,4</sup>, and Shunichi Nakagawa, MD<sup>1</sup>

## Abstract

**Context:** Amid the COVID-19 surge in New York City, the need for palliative care was highlighted. Virtual consultation was introduced to expand specialist-level care to meet demand.

**Objectives:** To examine the outcomes of COVID-19 patients who received virtual palliative care consultation from outside institutions.

**Design:** This is a retrospective case series.

**Setting/Subjects:** Subjects were 34 patients who received virtual palliative care consultation between April 13, 2020, and June 14, 2020.

**Measurements:** Follow-up frequency and duration, code status change, withdrawal of life-sustaining treatment (LST), and multidisciplinary involvement.

**Results:** Twenty-eight patients (82.3%) were in the intensive care unit and 29 patients (85.3%) were on at least two LSTs. Fifteen patients (44.1%) died in the hospital, 9 patients (26.4%) were discharged

Initially ED based but quickly  
changed to ICU



Initially shift based but  
changed to longitudinal care

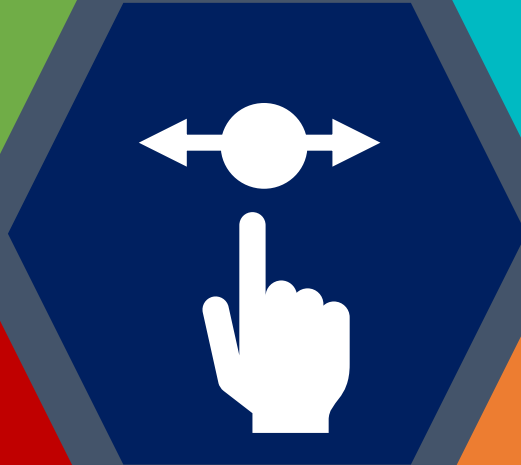


Initially single consultant to  
team-based consultant care



**Sometimes You Need to Build  
the Airplane as You Fly It**







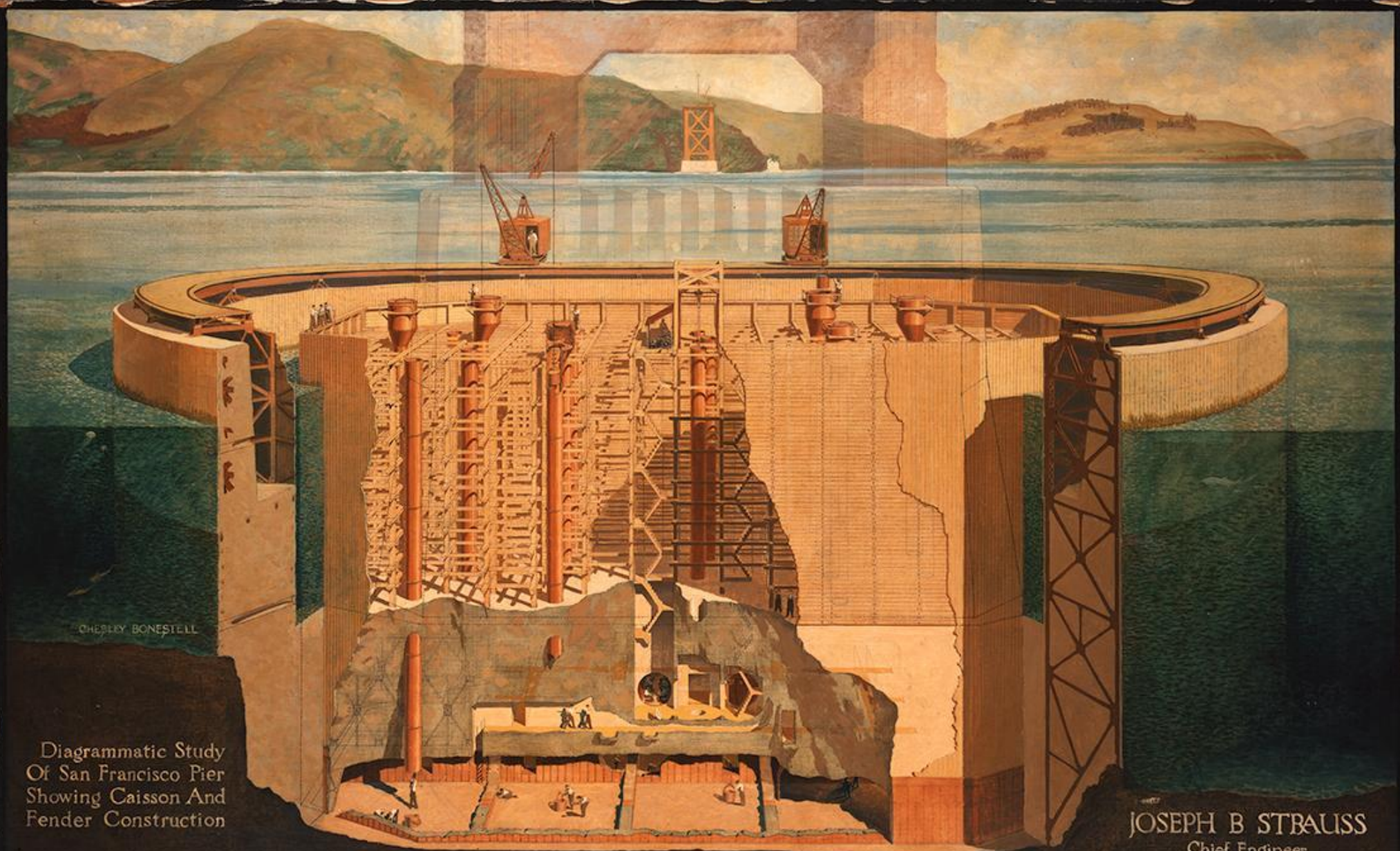


**Sometimes the most important  
support is largely unseen**







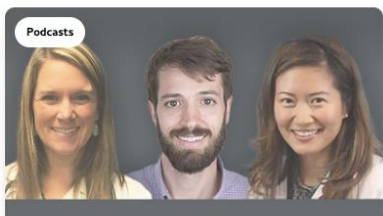


Diagrammatic Study  
Of San Francisco Pier  
Showing Caisson And  
Fender Construction

JOSEPH B STRAUSS  
Chief Engineer

# THE GOLDEN GATE BRIDGE AT SAN FRANCISCO





Podcasts

### Buprenorphine Use in Serious Illness: A Podcast with Katie Fitzgerald Jones, Zachary Sager and Janet Ho

April 14, 2022

ADVERSE DRUG REACTIONS · ALL POSTS · CANCER · PAIN · PALLIATIVE CARE · QUALITY OF LIFE

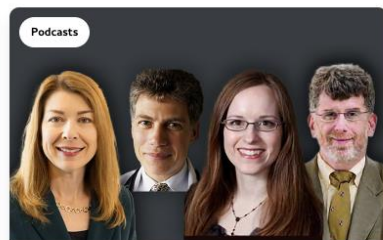


Podcasts

### Poetry about Aging: Marilyn McEntyre and Guy Micco

March 31, 2022

AGING · ALL POSTS · GERIATRICS · PALLIATIVE CARE



Podcasts

**GeriPal**  
PODCAST

Guests:  
Susan Hickman  
Sean Morrison  
Rebecca Sudore  
Bob Arnold

EP211

### Advance Care Planning Discussion

### Advance Care Planning Discussion: Susan Hickman, Sean Morrison, Rebecca Sudore, and Bob Arnold

March 24, 2022

ADVANCE CARE PLANNING · ALL POSTS · GERIATRICS · NURSING HOMES · PALLIATIVE CARE



Podcasts

### Understanding the Variability in Care of Nursing Home Residents with Advanced Dementia

March 10, 2022

ALL POSTS · GERIATRICS · NURSING HOMES · PALLIATIVE CARE

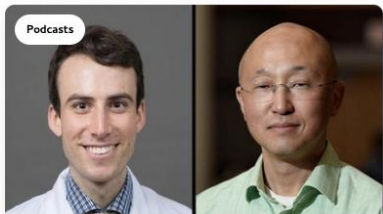


Podcasts

### Aging and the ICU: Podcast with Lauren Ferrante and Julien Cobert

March 3, 2022

ALL POSTS · GERIATRICS · ICU · PALLIATIVE CARE



Podcasts

### Bisphosphonates for Osteoporosis: Podcast with James Deardorff and Sei Lee

February 17, 2022

ALL POSTS · GERIATRICS · PALLIATIVE CARE



Podcasts

### International Palliative Care: A Podcast with Kathy Foley, Stephen Connor, Eric Krakauer

February 10, 2022

ALL POSTS · PALLIATIVE CARE



Podcasts

### Should We Shift from Advance Care Planning to Serious Illness Communication?

February 24, 2022

ADVANCE CARE PLANNING · ALL POSTS · GERIATRICS · PALLIATIVE CARE



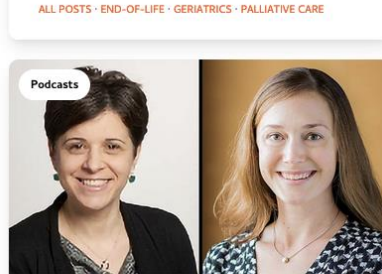
Podcasts

**GeriPal**  
PODCAST

Guests:  
Deborah Ejem  
Deep Ashana

EP205

### Structural, Institutional, and Interpersonal Racism



Podcasts

### Amyotrophic lateral sclerosis (ALS) - What every Geriatrician and Palliative Care Clinician Should Know

January 6, 2022

ALL POSTS · AMYOTROPHIC LATERAL SCLEROSIS (ALS) · GERIATRICS · PALLIATIVE CARE

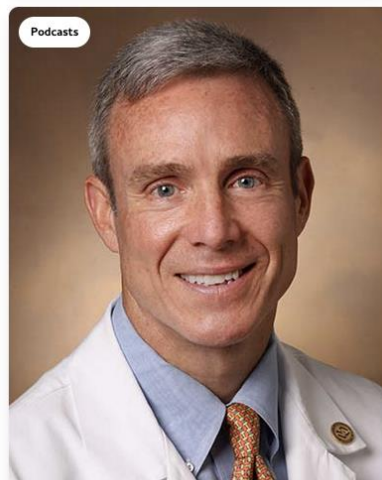


Podcasts

### Geriatric Anesthesia: Podcast with Mark Neuman, Liz Whitlock, and Cindy Hsu

December 10, 2021

ALL POSTS · GERIATRICS



Podcasts



Podcasts

### Plans, and the Hospice Carve-In: A podcast with Dr. Claire Ankuda and Dr. Cheryl Phillips

January 20, 2022

ALL POSTS · GERIATRICS · HEALTH POLICY · HEALTHCARE COVERAGE · MEDICARE



Podcasts

**GeriPal**  
PODCAST

EP200

### Celebrating GeriPal's 200th with Leaders in Geriatrics and Palliative Care

### Celebrating GeriPal's 200th with Leaders in Geriatrics and Palliative Care

December 30, 2021

ALL POSTS · GERIATRICS · PALLIATIVE CARE



Podcasts

### Burnout and Resiliency: A Podcast with Janet Bull and Arif Kamal

December 2, 2021

ALL POSTS · PALLIATIVE CARE · STRESS



Podcasts

### The Messiness of Medical Decision

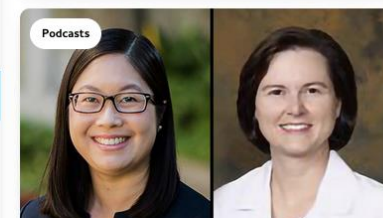


Podcasts

### Medicare Advantage and the "Medicare Money Machine": A podcast with Dr. Don Berwick and Dr. Rick Gilfillan

January 13, 2022

ALL POSTS · GERIATRICS · HEALTH POLICY · HEALTHCARE COVERAGE · MEDICARE

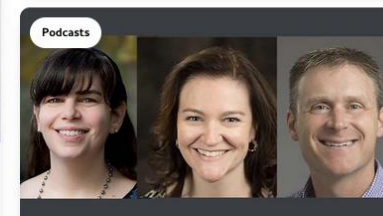


Podcasts

### Geriatric Oncology: Podcast with Melisa Wong and Louise Walter

December 16, 2021

ALL POSTS · GERIATRICS



Podcasts

### Spiritual Care in Palliative Care: A Podcast with Allison Kestenbaum, Katy Hyman, and Paul Galchutt

November 24, 2021

ALL POSTS · PALLIATIVE CARE · SPIRITUAL CARE



Podcasts














Therapeutic Presence



## Poetry & Palliative Care: Podcast with Mike Rabow and Redwing Keyssar

🏠 » Palliative Care » Poetry & Palliative...



Watch on  YouTube

🕒 April 21, 2022    👤 Alex Smith    📁 Palliative Care, Quality of Life



GERIPAL

Poetry & Palliative Care: Podcast with Mike Rabow and Redwing Keyssar



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### Categories



### Archives





## THERAPY

*to Phillip*

You attribute my recovery  
to *nor trip tyline* –  
its effect on neurotransmitters,  
on the a *myg dala*.

You barely nod towards your worth insisting  
on blood levels,  
on a therapeutic dose.

While I credit half our success  
to the pear tree blossoming white  
beyond your left shoulder,

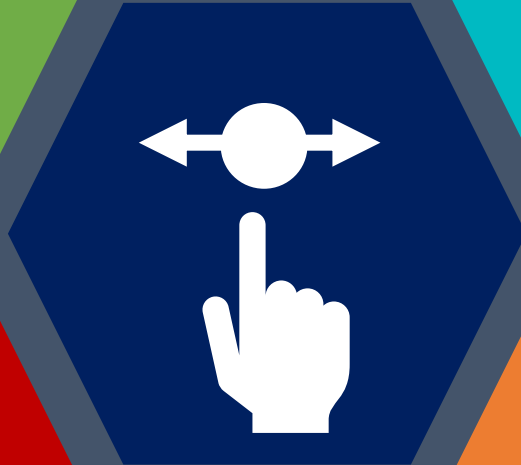
to the wisteria –  
its pink flowers hanging  
lush and fragrant  
over the portico,

to the warmth of your hand.

John Wright



**Sometimes the most important  
support is largely unseen**









**Let it go and come  
back to now**



Podcasts



## Therapeutic Presence in the Time of COVID: Podcast with Keri Brenner and Dani Chammas

April 14, 2020

ADVANCE CARE PLANNING, COVID-19, HOSPICE, MENTAL HEALTH,  
PALLIATIVE CARE



On Being Deeply Attentive

Podcasts



## **Therapeutic Presence in the Time of COVID: Podcast with Keri Brenner and Dani Chammas**

April 14, 2020

ADVANCE CARE PLANNING, COVID-19, HOSPICE, MENTAL HEALTH,  
PALLIATIVE CARE

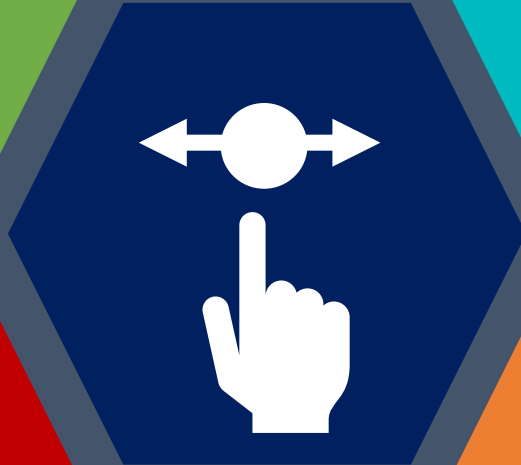


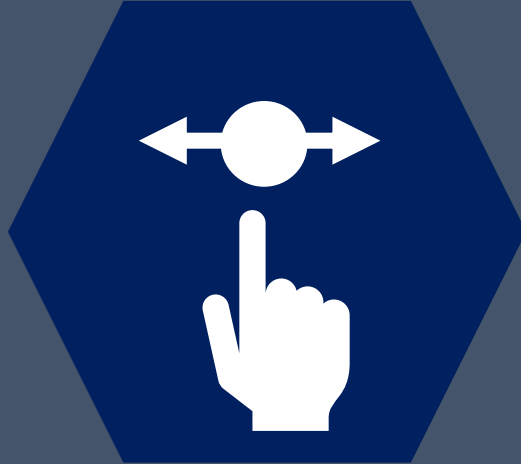




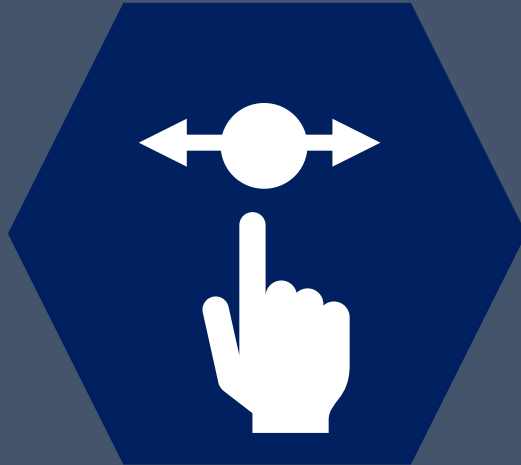


**Let it go and come  
back to now**





**The way you ask a  
question nudges people  
to a particular response**







Podcasts

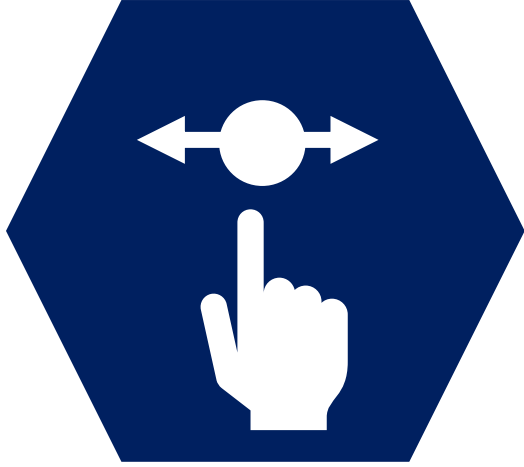


**Is nudging patients ethical?  
Podcast with Jenny Blumenthal-  
Barby and Scott Halpern**

September 30, 2021

ETHICS





# Nudging

Using heuristics, biases, or cognitive shortcuts to nudge a person toward a particular decision, without removing choice

Unavoidable - Neutrality Is Impossible

Example Heuristics and Biases	
Anchoring	When the first piece of information presented influences or anchors subsequent judgments and decisions
Status quo/default bias	The tendency to stick to a “default” option rather than making an active choice.
Messenger effect	When the person delivering a message greatly influences the observer’s subsequent decisions because of some attribute(s) of the messenger (e.g., the messenger is similar to the observer or is an authority figure).
Framing effect	A shift in judgments and decisions based on the same information being presented in a different way.
Bandwagon effect/power of social norms	When an individual’s decisions are shaped by what those around them are doing.

# An LVAD Discussion

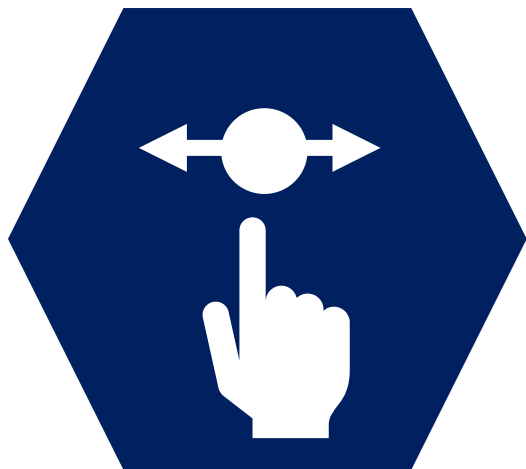
Your doctor flashes a toothy smile and tells you that he too, like you, studied philosophy as an undergraduate and enjoys spending time hiking in a local state park.

He talks with you about an upcoming LVAD decision, discussing the risks and benefits. Then the doctor says, “Most people like us who are young and active, would never get the device, at least not until it’s the last resort. But I don’t have to tell you that. You’ve seen a lot.”

Your doctor says that he will tell the rest of the medical team to hold off before going into that direction but that you should let him know if you feel differently after you’ve had a chance to review the decision aid.

He leaves a form with you that has decline the LVAD checked as the default, but lets you know that if you want to, you can scratch it out and change the selection.





What are the nudges?

# An LVAD Discussion

Your doctor flashes a toothy smile and tells you that he too, like you, studied philosophy as an undergraduate and enjoys spending time hiking in a local state park.

**Messenger  
effect**

He talks with you about an upcoming LVAD decision, discussing the risks and benefits. Then the doctor says, "Most people like us who are young and active, would never get the device, at least not until it's the last resort. But I don't have to tell you that. You've seen a lot."

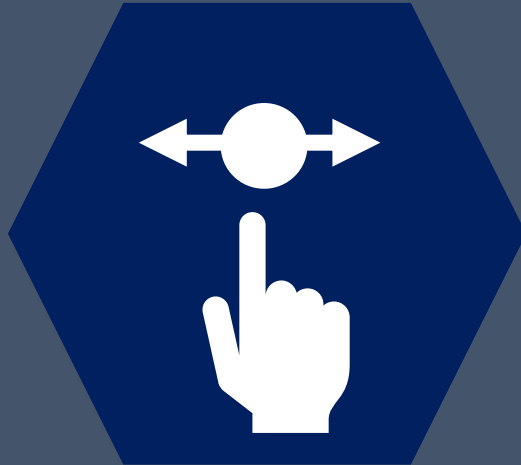
**Social Norms &  
Appeal to Ego**

Your doctor says that he will tell the rest of the medical team to hold off before going into that direction but that you should let him know if you feel differently after you've had a chance to review the decision aid.

He leaves a form with you that has decline the LVAD checked as the default, but lets you know that if you want to, you can scratch it out and change the selection.

**Status  
quo/default  
bias**

**The way you ask a  
question nudges people  
to a particular response**







**The hardest discussions are some  
of the most important to have**



Podcasts



## **Advance Care Planning is Wrong: Podcast with Sean Morrison**

August 27, 2020

ADVANCE CARE PLANNING · ETHICS · GERIATRICS · HEALTH  
POLICY ACTION COMMITTEE (HPAC) · PALLIATIVE CARE

Podcasts



## Advance Care Planning is Wrong: Podcast with Sean Morrison

August 27, 2020

ADVANCE CARE PLANNING · ETHICS · GERIATRICS · HEALTH  
POLICY ACTION COMMITTEE (HPAC) · PALLIATIVE CARE

Podcasts



## Advance Care Planning is So Right: Podcast with Rebecca Sudore and Ryan McMahan

October 8, 2020

ADVANCE CARE PLANNING · GERIATRICS · HOSPICE ·  
PALLIATIVE CARE



Podcasts



## Advance Care Planning Podcast with Sean Morrison

August 27, 2020

ADVANCE CARE PLANNING · ETHICS  
POLICY ACTION COMMITTEE (HPAC)

Podcasts



**GeriPal**  
PODCAST

**Guests:**  
Susan Hickman  
Sean Morrison  
Rebecca Sudore  
Bob Arnold

**EP211**

### Advance Care Planning Discussion

## Advance Care Planning Discussion: Susan Hickman, Sean Morrison, Rebecca Sudore, and Bob Arnold

March 24, 2022

ADVANCE CARE PLANNING · ALL POSTS · GERIATRICS ·  
NURSING HOMES · PALLIATIVE CARE



## Care Planning is So Right: with Rebecca Sudore and Sean Morrison

2020

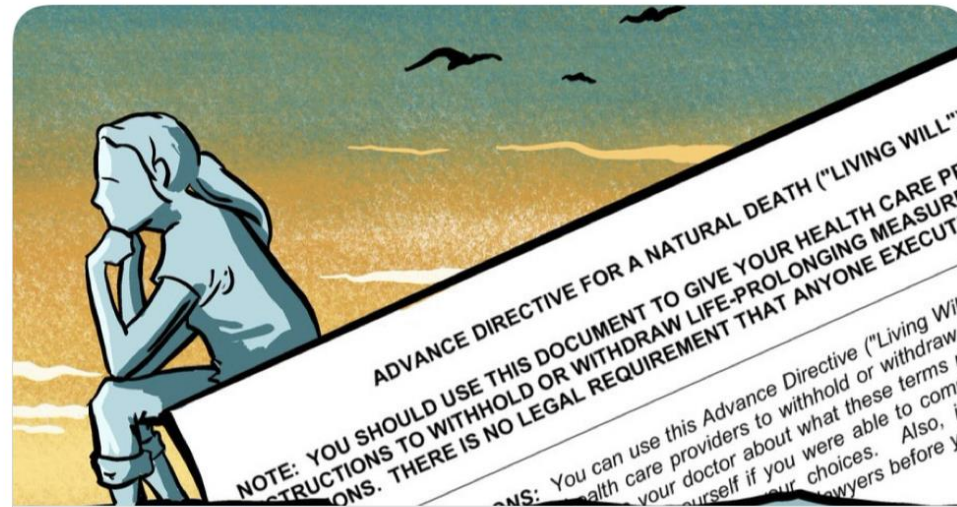
ADVANCE CARE PLANNING · GERIATRICS · HOSPICE ·

↻ You Retweeted



**Nathan Gray MD, FACP** @NathanA... · 3d ...

Advance care planning hasn't turned out to be as simple as we hoped... but I'm still grateful for the decades spent changing medical culture and for patients taking the time to grapple with hard questions alongside their loved ones. [#hapc](#) [#graphicmedicine](#)



latimes.com

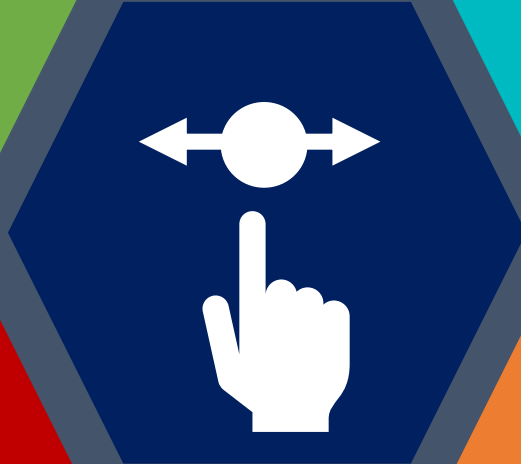
Op-Ed: Op-Comic: My patients wrestle with end-of-life care, even if there's a livi...





**The hardest discussions are some  
of the most important to have**





**Don't Just Focus On  
What Works**



ORIGINAL ARTICLE

# Early Palliative Care for Patients with Metastatic Non–Small-Cell Lung Cancer

Jennifer S. Temel, M.D., Joseph A. Greer, Ph.D., Alona Muzikansky, M.A.,  
Emily R. Gallagher, R.N., Sonal Admane, M.B., B.S., M.P.H.,  
Vicki A. Jackson, M.D., M.P.H., Constance M. Dahlin, A.P.N.,  
Craig D. Blinderman, M.D., Juliet Jacobson, M.D.,  
J. Andrew Billings, M.D., and William F. Pirl, M.D., M.P.H.

ABSTRACT

Research

JAMA | Original Investigation

## Effect of Inpatient Palliative Care on Quality of Life 2 Weeks After Hematopoietic Stem Cell Transplantation A Randomized Clinical Trial

Areej El-Jawahri, MD; Thomas LeBlanc, MD; Harry VanDusen, BS; Lara Traeger, PhD; Joseph A. Greer, PhD; William F. Pirl, MD; Vicki A. Jackson, MD; Jason Telles, NP; Alison Rhodes, NP; Thomas R. Spitzer, MD; Steven McAfee, MD; Yi-Bin A. Chen, MD; Stephanie S. Lee, MD, MPH; Jennifer S. Temel, MD

**Original Investigation**

# **Effect of Palliative Care–Led Meetings for Families of Patients With Chronic Critical Illness A Randomized Clinical Trial**

Shannon S. Carson, MD; Christopher E. Cox, MD, MPH; Sylvan Wallenstein, PhD; Laura C. Hanson, MD, MPH;  
Marion Danis, MD; James A Tulsky, MD; Emily Chai, MD; Judith E. Nelson, MD, JD

*Carson et al. JAMA. 2016;316(1):51-62*





**IN-N-OUT**



**PALLIATIVE  
CARE**

Podcasts



## **Palliative Care in Nursing Homes: Discussion of a Multinational Trial with Lieve Van den Block**

November 14, 2019

HOSPICE · PALLIATIVE CARE



Podcasts



## **Palliative Care in Nursing Homes: Discussion of a Multinational Trial with Lieve Van den Block**

November 14, 2019

HOSPICE · PALLIATIVE CARE

Podcasts



## **Primary Palliative Care for Cancer: Podcast with Yael Schenker and Bob Arnold**

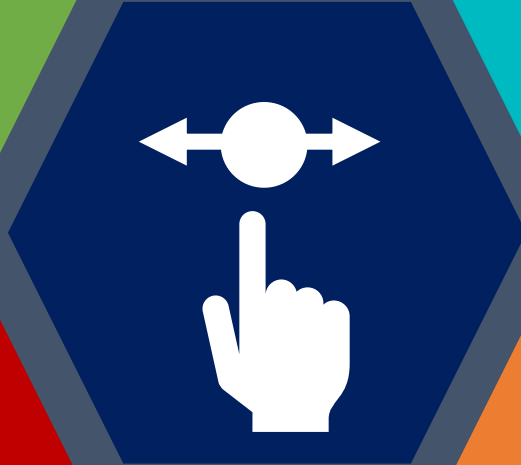
October 14, 2021

CANCER · PALLIATIVE CARE

“The take home message of this study is NOT that primary palliative care does not work.” So says Yael Schenker of...

**Don't Just Focus On  
What Works**





**Lighten Up**







- Affinity not focus  
instead of learner focused

- not 1<sup>st</sup> medically focused

- If team  
- people contributing in their  
own way that they feel is  
most effective

- loves on trial flight  
day

- set goals during flight  
meeting

- To do right  
what we need  
what we need  
what we need

- would like to see




# GeriPal Taste Test Part I: Liquid Bowel Medications

🏠 ▶ Adverse Drug Reactions ▶ GeriPal Taste Test...

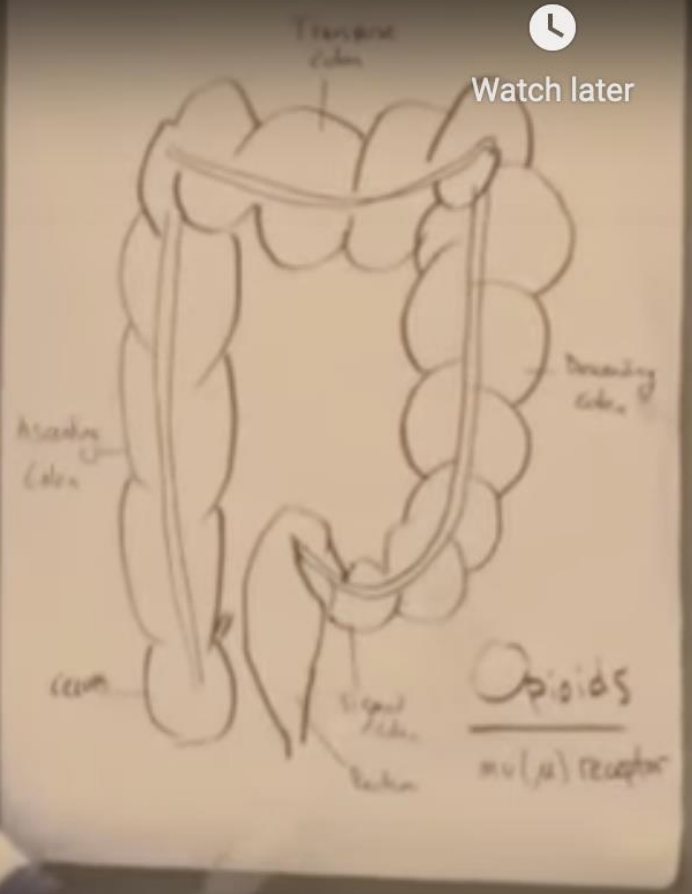


# Opioid Dysmotility Dance Video

🏠 ▶ All Posts ▶ Opioid Dysmotility Dance...



## Opioid Dysmotility Dance



Transverse Colon

Ascending Colon

Descending Colon

Sigmoid Colon

Rectum

Cecum

Opioids

mu (μ) receptor

Watch later

Share

MORE VIDEOS

0:11 / 3:48

CC

Settings

YouTube

Fullscreen



WEDNESDAY, JANUARY 21, 2015

## Do thickened liquids benefit people with swallowing problems? #ThickenedLiquidChallenge



There are a lot of people with swallowing difficulty who are currently getting thickened liquids. For instance, in one study published in 2004 in the *Journal of the American Dietetic Association*, one out of twelve nursing home residents in the U.S. were getting thickened liquids. Of these individuals getting thickened liquids, 30% were getting honey consistency thickened liquids and 60% were getting nectar thick (which is less viscous than honey thick).

If this many individuals are on thickened liquids, there has to be some evidence to back it up, right?

### Evidence for Thickened Liquids

Thickened liquids are most commonly used in individuals with dysphagia to improve the ability to safely swallow

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#thickenedliquidchallenge



# EARTH, FIRE & WIND



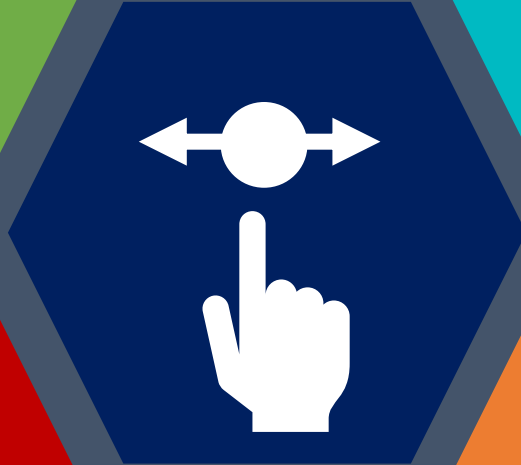
6922

## SEPTEMBER



# Lighten Up









**The responsibility for  
change lies with us**



Podcasts



## Palliative Care's Diversity Problem: A Podcast with Lindsay Bell, Tessie October, and Riba Kelsey

September 9, 2021

DIVERSITY · PALLIATIVE CARE

Podcasts



Guests:  
Deborah Ejem  
Deep Ashana

EP205

## Structural, Institutional, and Interpersonal Racism

### Structural, Institutional, and Interpersonal Racism: Podcast with Deborah Ejem and Deep Ashana

February 3, 2022

[ALL POSTS](#) · [GERIATRICS](#) · [PALLIATIVE CARE](#)

**Distrust**

**Distrust -> Trustworthiness**

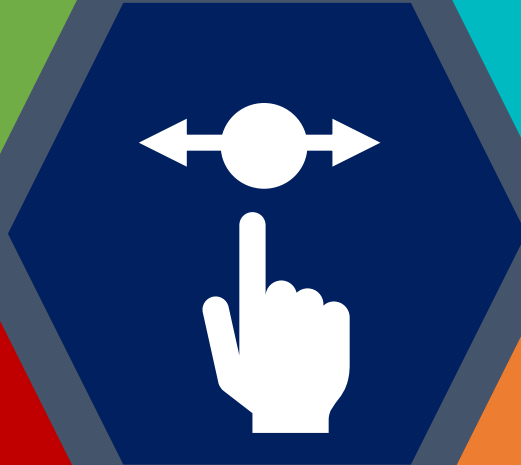






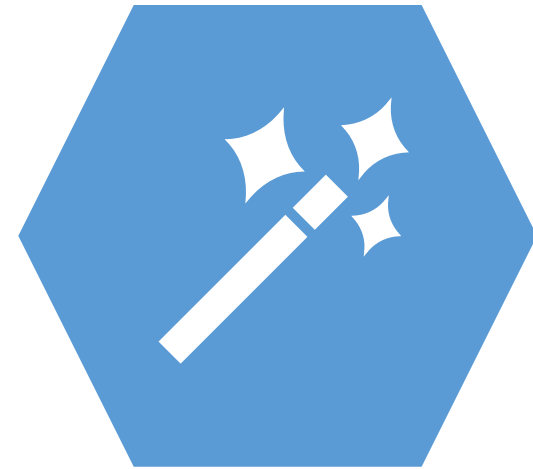


**The responsibility for  
change lies with us**



# If You Had A Magic Wand...





**What would you change with  
a magic wand?**

Podcasts



## **Buprenorphine Use in Serious Illness: A Podcast with Katie Fitzgerald Jones, Zachary Sager and Janet Ho**

April 14, 2022

[ADVERSE DRUG REACTIONS](#) · [ALL POSTS](#) · [CANCER](#) · [PAIN](#) ·  
[PALLIATIVE CARE](#) · [QUALITY OF LIFE](#)

[PALLIATIVE CARE](#) · [QUALITY OF LIFE](#)





Eric Widera (he/him/his)



Alex Smith



Zachary Sager he/him



Janet Ho



Substance Abuse and Mental Health  
Services Administration

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[Home](#) » [Programs](#) » [Medication-Assisted Treatment \(MAT\)](#) » [Become a Buprenorphine Waivered Practitioner](#)



## Medication-Assisted Treatment

MAT Medications, Counseling, and Related Conditions

[Find Medication-Assisted Treatment](#)

## Become a Buprenorphine Waivered Practitioner

NOI Buprenorphine Waiver Application

FAQs About the Buprenorphine Waiver Program

FAQs About the New Practice Guidelines (April 2021)

[Find Buprenorphine Waiver Training](#)

## Become a Buprenorphine Waivered Practitioner

Learn how to become a buprenorphine waived practitioner to treat opioid use disorder (OUD).

Qualified practitioners can offer buprenorphine, a medication approved by the Food and Drug Administration (FDA), for the treatment of opioid use disorders (OUD). The [Drug Addiction Treatment Act of 2000 \(DATA 2000\)](#) and the [Substance Use Disorder Prevention that Promotes Opioid Recovery and Treatment for Patients and Communities or SUPPORT for Patients and Communities Act of 2018 \(SUPPORT Act\)](#) expands the use of medication-assisted treatment using buprenorphine to additional practitioners in various settings.

To receive a practitioner waiver to administer, dispense, and prescribe buprenorphine practitioners must notify SAMHSA's Center for Substance Abuse Treatment (CSAT), [Division of Pharmacologic Therapies \(DPT\)](#) of their intent to practice this form of medication-assisted treatment (MAT). The [notification of intent \(NOI\), or buprenorphine waiver application](#), must be submitted to SAMHSA before the initial dispensing or prescribing of OUD treatment medication.

Qualified practitioners include physicians, Nurse Practitioners (NPs), Physician

## Medications to Treat OPIOID ADDICTION

[Methadone](#)

[Naltrexone](#)

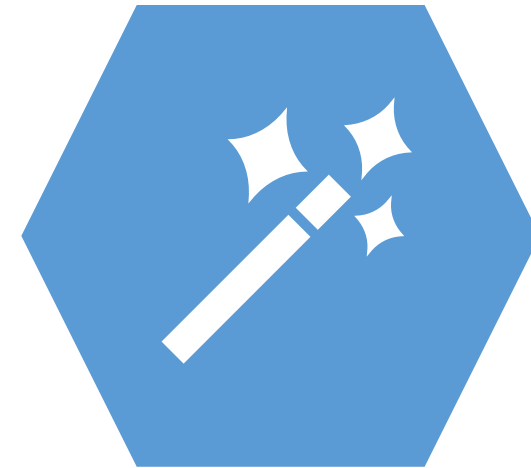
[Buprenorphine](#)

## OPIOID TREATMENT PROGRAM DIRECTORY

Medication for  
**OPIOID OVERDOSE**  
Naloxone

## Buprenorphine Waiver Contacts

For information on buprenorphine waiver, contact the SAMHSA Center for Substance Abuse



**What would you change with  
a magic wand?**

