



The 42nd Forum for Behavioral Science in Family Medicine:
Virtual Edition

***Reimagining Education and Patient Care:
Access, Equity, and Resilience***



knowledge changing life

Wednesday, September 22, 2021 All times Central Standard Time (CST)

8:00 - 9:00 am

LD101 MI for Suicide: A Practical Application to Aid Residents Manage Suicide Risk

Mark Dixon, PhD, LCSW & Steven Hyer, PhD, LCSW

LD102 Crosswalking: Integrating Your Role with the Milestones

Christopher Heron, MD & Peter Rainey, MS

LD103 Disability as Diversity: Educational Opportunities for Family Medicine

Kathleen Young, PhD, MPH, & Kathryn Newell, DO

9:15 - 10:15 am

E104 When Worlds Collide: Socio-Political Conflict in Patient Care

Robert McKinney, PhD, LICSW & Thomas Bishop, PsyD

LD105 Wellness for the Wellness Champion: Going from Micro to Macro Interventions

Carlie Nikel, PsyD, Krithika Malhotra, PhD, & Limor Gildenblatt, PhD

LD106 From Awareness to Action - After Trauma Informed Care: What Comes Next?

Jay Brieler, MD, Max Zubatzky, PhD, Stephanie Malzahn, MA, & Dymon Morgan, MD

10:30 am - 12:00 pm

SS107 GATHERING IN

Courtney Barry, PsyD, Alex Brown, PhD, & Randall Reitz, PhD, LMFT



12:00 - 1:00 pm Lunch on your own

1:00 - 2:00 pm

LD108 Remediating clinical reasoning: integrating algorithm, process, and milestones

Christopher Haymaker, PhD

LD109 Equipping Residents to Seize the Day to Address Patients' Mental Health

Claudia Allen, PhD & Joseph Tan, PhD

CPU110 Medication Assisted Treatment of Opiate Use Disorder in the Primary Care Clinic: A Multidisciplinary Approach

Kristen Fox, MD



2:15 - 3:15 pm

SS111 Zoom-Fatigue Busting Session: Keeping the Family in Family Medicine

Susan McDaniels, PhD, Julie Rickert, PsyD

3:30 - 5:00 pm

WS112 Understanding the Relationship Between Ethics, Policy, and Medical Education

Lauren Poulin, PhD, MPP & Nicholas Yaghmour, MPP (ACGME)

WS113 Protégé Effect: Behavioral health-procedural skills in a family medicine residency

Jennifer Kowalkowski, PhD, Stephen Warnick, MD, & Devan Dykstra, MD

WS132 "No Struggle, No Progress": Keeping the Anti-racism Conversation On-going

Kathryn Fraser, PhD & Hernan Barenboim, PhD, LMFT

WS114*The Balint Group Experience: Promoting Relationship Awareness *

Phillip Phelps, LCSW, Shari Holland, LPC, Jose Niño, LCPC, Rebekah Schiefer, LCSW

Thursday, September 23, 2021 (all times CST)

8:00 - 9:30 am

SS 201 KEYNOTE

Dismantling Institutional Racism: The role of behavioral science

Danielle D. Jones, PhD MPH, Director of Diversity and Health Equity, American Academy of Family Physicians



9:45 - 10:45 am

LD202 Relational Resilience: A Systemic Perspective on Resident Wellbeing

Grace Pratt, PhD, LMFT, Aubry Koehler, PhD, LMFT, Lisa Tyndall, PhD, LMFT, Cori Davis, MA, & Allissa White, MD

E203 This is My Learner, Not My Patient: Addressing Concerns with Learners with ADHD

Amber Cadick, PhD, Chris Haymaker, PhD, & Nicole McGuire, DHSc, MS, RRT

CPU204 Novel Medical Treatment of Depression 2021

Jay Breiler, MD

11:00 am - 12:00 pm

E 205 Multiple Relationships, Multiple Professions, and Multiple Ethics Codes – Challenges

Kathleen Young, PhD & Jessica Hauser, PhD

LD206 From Floundering to Flourishing: A Foundational Model for Early Intervention with Residents

Amy Romain, LMSW, ACSW, Amy Odom, DO, & James Olson, MD

LD207 Virtual Pain School: A Model for Using Telehealth to Improve Access and Program Reach

Heather Lauderback, LISW-S, Holly Ferrell, LSW, LICDC, & Laurie Greco, PhD

12:00 - 1:00 pm Lunch on your own

1:00 - 2:00 pm

LD208 Not throwing away our shot: The evidence for influencing vaccine behavior

Aaron Grace, PsyD, Katherine Buck, PhD, LMFT, & Lauren Thomas, MD

LD 209 Reimagining resilience, support, and mental health during COVID-19

Angela Colistra, PhD, Luke Mason, PhD, & Veronica Brohm, DO

CPU210 Opioid Weaning with Behavioral Support: Best Practices

John Hayes, DO, Bryan Johnston, MD, Heather Martens, PsyD, Max Lehmann, DO, & Hernan Barenboim, PhD, LMFT

2:15 - 3:15 pm

SS211 Zoom-Fatigue Busting Session: Becoming a JEDI Leader!

Julie Schirmer, LCSW, & Julie Rickert, PsyD



3:30 - 5:00 pm

E212 You say Potayto, I say Potahto: Using Emotional Intelligence to Navigate Interprofessional Ethical Conflicts

Laura Daniels, PhD, Aaron Grace, PsyD, & Kim Dulaney, MD

WS213 An Introduction to Mindful Self-Compassion: A Resource for Resilience

Valerie Ross, MS, LMFT

WS214 Health systems and Behavioral science experiential learning/competency evaluation

Leanne Chrisman-Khawam, MD, MED & Terri Dalton, MA, IMFT

WS 144 (part 2) *The Balint Group Experience: Promoting Relationship Awareness (part 2) * 3:15 - 5:15 pm

Phillip Phelps, LCSW, Shari Holland, LPC, Jose Nino, LCPC, Rebekah Schiefer, LCSW

Friday, September 24, 2021 (all times CST)

8:30 - 9:30 am

LD301 Burnout of Behaviorists: Surviving and Thriving in the Pandemic and Beyond

Amber Cadick, PhD & Lindsay Fazio, PhD

LD302 How To Teach Brief Behavioral Interventions to Physicians Virtually or In Person

Verena Roberts, PhD, Kathryn Fraser, PhD, & Kaitlin Leckie, PhD, LMFT

CP303 You're Not Alone: Helping Mothers Living with Postpartum Depression

Ling-Ling Lee, MD, MS, Terri Dalton, MA, IMFT & Ayan Sanyal, MD, MPH

9:45 - 10:45 am

SS304 Showcase of Scholarly Activity *see supplement*

11:00 am - 12:00 pm

CPU305 Digital Side Effects: Media, Smartphones and Children's Mental Health

Richard Brandt-Kreutz, MA, MSW

E306 Dancing to different tunes: The ethics and values of interprofessional team based

Thomas Bishop, PsyD & Jill Fenske, MD

LD307 The Resilient System: Adapting Family Systems Training to Virtual Platforms

Max Zubatsky, PhD, Jay Brieler, MD, Antonio Rosales, MD, & Matthew Amick, MS

12:00 - 1:00 pm Lunch on your own

1:00 - 2:00 pm

E308 Psychiatric Diagnosis as Defamatory

Stephen Hudyncia, MD & Kate Warden, PhD

LD309 Art and Antidote: A Treatment for COVID Sequelae

Mary Talen, PhD & Aimee Valeras, PhD

LD310 CBT-I: Review of Components and Application for Residents in Primary Care

Emily Traupman, PhD & Mark Dixon, PhD, LCSW

2:15 - 3:15 pm

Round Table Discussion Sessions

RT311 Video Killed the Resident Candidate Star *Sarah Bockhold, LCSW, Stacy Melton, LCSW & William Dixon, MD*

RT312 Being in the Room Where it Happens: Leveraging behavioral scientists' strengths in

leadership positions Lauren Penwell-Wines, PhD & Linda Myerholtz, PhD

RT313 Video visits with patients with disabilities- Reflections of providers and families

Sweety Jain, MD, Autumn Kieber-Emmons, MD, & Karen Kent, PhD

RT314 Promoting a Research Culture in a Family Medicine Residency: Five Years of SWAG

Scott Fields, PhD & Andy Tanner, DO

RT315 Behavioral Health in Minutes: Teaching Learners to Ease into Behavioral Health

Joanna Petrides, MBS, PsyD, Courtney Barry, PsyD, & Meagan Vermeulen, MD

3:30 - 5:00 pm

SS 315 PLENARY: Responding to Our Shared Traumas

Randall Reitz, PhD, LMFT, Grace Pratt, PhD, LMFT, Glenda Mutinda, PhD, MFT, & Katherine Fortenberry, PhD



PLANNING COMMITTEE

Julie Rickert, PsyD, Chair

Medical College of Wisconsin

Hernan Barenboim, PhD, LMFT

Medical College of Wisconsin

Molly Clark, PhD, ABPP

University of Mississippi Medical Center

Scott Fields, PhD

West Virginia University School of Medicine

Dominique Fons, MD

Unity Point Health

Kathryn Fraser, PhD

Halifax Health

John Freedy, MD, PhD

Medical University of South Carolina

Aaron Grace, PsyD

ProHealth Care/Medical College of Wisconsin

Allison Seavey, LCSW

St Marks Family Medicine Residency Program



The Medical College of Wisconsin is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The CPD Office has submitted application for continuing education for family physicians, allied health professionals, psychologists, social workers, and licensed marriage and family therapists. Determination of credit is pending and participants should check the website for updates. [Behavioral Science Forum | Family and Community Medicine | Medical College of Wisconsin \(mcw.edu\)](#)

Registration:

\$295 flat fee registration

\$100 for students and residents

<https://www.eventbrite.com/e/42nd-forum-for-behavioral-science-in-family-medicine-tickets-163878381651>

Endorse



Supplement: Showcase of Scholarly Activity

Brief Research Presentations

Rsc1 The Relationship between Problem Solving Styles and Patient Centered Care

Nicole Delgado-Salisbury, Ed.D. Edwin C. Selby, PhD, Francois Legagneur, MD, Rodika Coloka-Kump, DO; Sonia Velez, MD, JD, & Jennifer Ringstad, MD

Rsc2 Behavioral Health Services in Family Medicine during COVID-19: What Changed?

Kristin Dean, PhD

Rsc3 The Effects of COVID-19 pandemic on Family Medicine Residents: Mental Health Outcomes

Molham Solomon, MD, Bryce Ratliff, MD, Kelvin Hodges, MD, Nicole Delgado-Salisbury, EdD

Rsc 4 Physician communication effects on medication adherence

Kwanza Devlin, MD

Rsc 5 Teaching Trauma-Informed Care skills using an observational rubric tool

Bryan Johnston, MD, Lauren Bauer, MD, Heather Martens, PsyD, Hernan Barenboim, PsyD, Veneshia McKinney, MD, Kevin Hamburger, PsyD

Posters

P1 A framework for fostering diversity, equity, and inclusion in medical residencies

Kasey Windnagel, PsyD, Kim Jones, LCSW, &Areef S. Kassam, MD, MPA

P2 Nightmare rescripting: A brief intervention to treat nightmares in primary care

Kathleen Mcnamara, PhD & Mark Dixon, PhD

P3 Wellness and Support Messaging: Results and Recommendations from a Wellness Audit

Josh Rainey, PhD, Sarah Adams, MA, & Carolyn Shue, PhD

P4 Perceived Impact of Isolation and Social Support on Anxiety In Family Med Patients

Kyulee Park, PhD, LPC, Ting Chen, MD, & Julia Lancaster, LPC

P5 Social Determinants of Health: Social Work Intern Integration as Synergistic Solution

Dominique Robinson, MD, Nicole Buehrle, MSW, Hailey Calhoun, MSW, & Robert Zylstra, EdD, LCSW