

Case Presentations 11:35-12:15

**Ehab Atallah** 



## Conflicts of Interest

- Research support: Novartis, Incyte, Takeda
- Speakers bureau: BMS, Abbvie
- Advisory board: Abbvie, Novartis,



### **OVERVIEW**

#### AML

- AML therapy overview
- Intensive chemotherapy
- Azacitidine + venetoclax
- AML with FLT3 mutation
- AML with IDH1 mutation

#### • CML

- Overview
- Refractory CML
- Treatment Free Remisson



### Case Presentation

- 67 year old woman c/o easy bruising and fatigue
- Has PMH of diabetes, hypertension, COPD and obesity
- Has a very supportive family
- Labs:
  - WBC count: 50,000 cells/mm<sup>3,</sup> 60% blasts
  - Hemoglobin: 8.4 gm/dl
  - Platelet count: 36,000 cells/mm<sup>3</sup>

BM biopsy/aspirate: Normal cytogenetics, myeloid malignancy panel pending



## What is your treatment choice?

7 + 3 (Cytarabine + daunorubicin)

Azacitidine + venetoclax

CPX-351

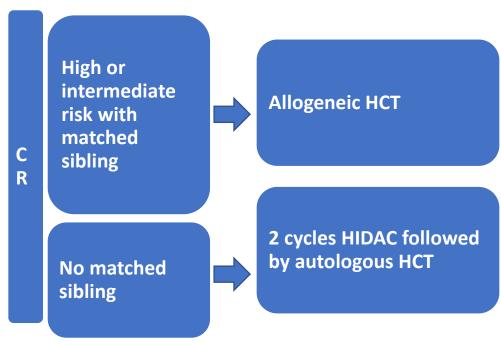
**Azacitidine** 

None of the above

## High-Dose Daunorubicin in Patients with Acute Myeloid Leukemia

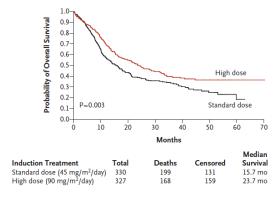
17-60 years AML Cytarabine 100 mg/m2 by CIV+ daunorubicin 45 mg/m2 (330 patients)

Cytarabine 100 mg/m2 by CIV+ daunorubicin 90 mg/m2 (327 patients)





## High Dose vs. Standard Dose Daunorubicin Response and Survival

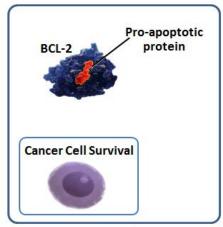


	CR	Median Survival	Mortality %
High dose	70.6%	23.7	5.5
Standard dose	57.3%	15.7	4.5

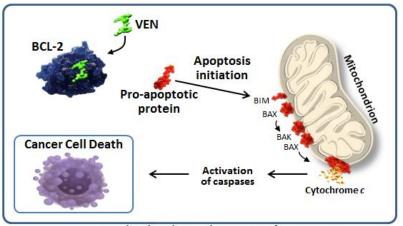


#### Venetoclax Mechanism of Action

#### VEN promotes apoptosis through selective inhibition of BCL-2



BCL-2 overexpression allows cancer cells to evade apoptosis by sequestering pro-apoptotic proteins.<sup>1-3</sup>



VEN binds selectively to BCL-2, freeing proapoptotic proteins that initiate apoptosis. 4-6



## The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 1812

AUGUST 13, 2020

VOL. 383 NO. 7

#### Azacitidine and Venetoclax in Previously Untreated Acute Myeloid Leukemia

C.D. DiNardo, B.A. Jonas, V. Pullarkat, M.J. Thirman, J.S. Garcia, A.H. Wei, M. Konopleva, H. Döhner, A. Letai, P. Fenaux, E. Koller, V. Havelange, B. Leber, J. Esteve, J. Wang, V. Pejsa, R. Hájek, K. Porkka, Á. Illés, D. Lavie, R.M. Lemoli, K. Yamamoto, S.-S. Yoon, J.-H. Jang, S.-P. Yeh, M. Turgut, W.-J. Hong, Y. Zhou, J. Potluri, and K.W. Pratz

- -≥18 years
- -Untreated AML
- -Ineligible for standard induction therapy
- -Randomized 2:1
- -N=431

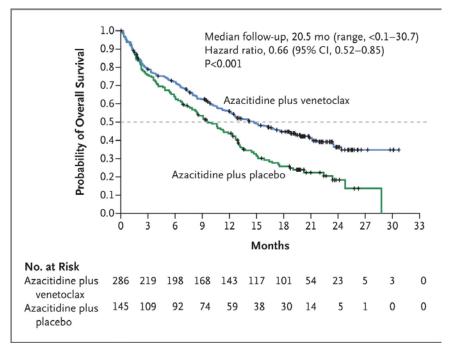


Azacitidine 75 mg/m² x 7 days IV/SQ + venetoclax 400 mg daily (after dose ramp up) N=286

Azacitidine 75 mg/m² x 7 days IV/SQ + placebo N=145



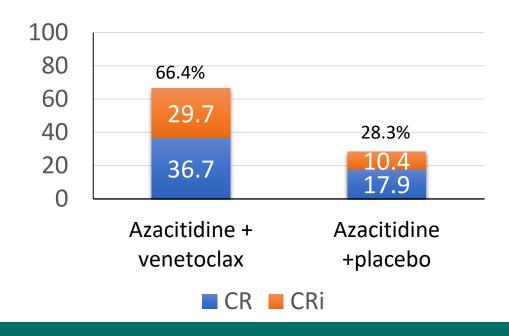
## Overall Survival Azacitidine + Venetoclax vs. Azacitidine



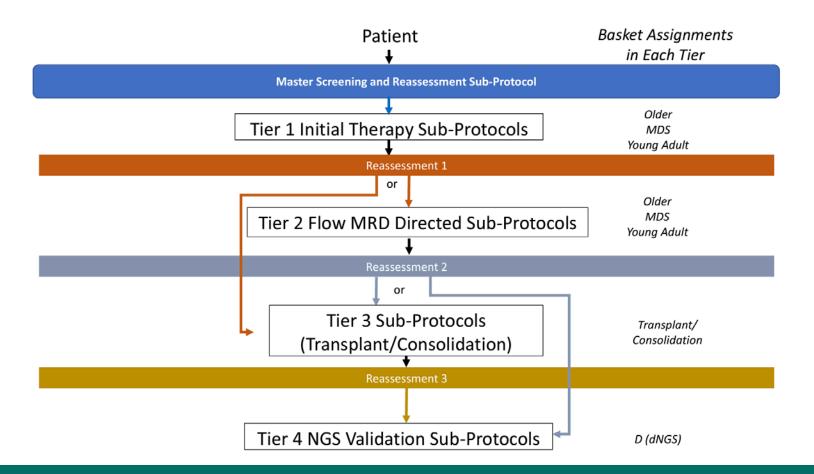
Median OS: 14.7 months vs. 9.6 months



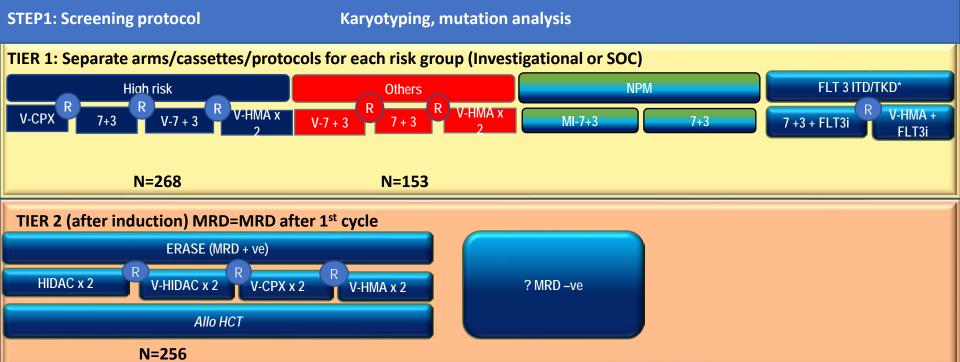
## Response: Azacitidine + Venetoclax vs. Azacitidine











Tier 3: Early MRD detection and intervention

## Patient presentation

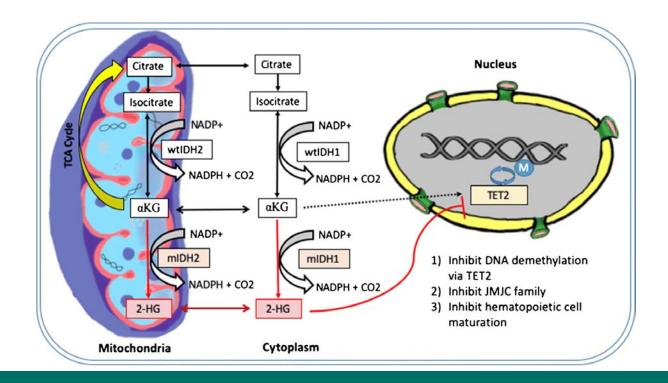
- 76 year old woman, seeing you for a second opinion
- Presents with fatigue and easy bruising
- No significant PMH
- Exam: Has some bruising
- CBC:
  - WBC count: 50,000 cells/mm<sup>3,</sup> 60% blasts
  - Hemoglobin: 8.4 gm/dl
  - Platelet count: 36,000 cells/mm<sup>3</sup>
- IDH1 mutation on NGS



## What is your treatment choice?

Azacitidine
Azacitidine + ivosidenib
Azacitidine + ventoclax
Ivosidenib
None of the above

## **IDH-1** Mutation





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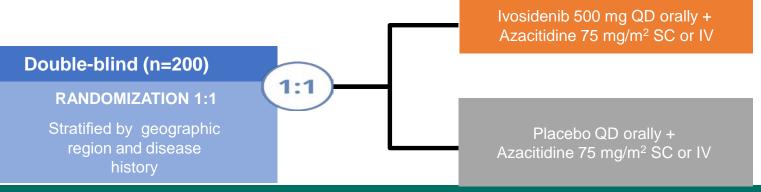
Azacitidine 75 mg/m² x 7 days IV/SQ + placebo N=145



#### ORIGINAL ARTICLE

## Ivosidenib and Azacitidine in *IDH1*-Mutated Acute Myeloid Leukemia

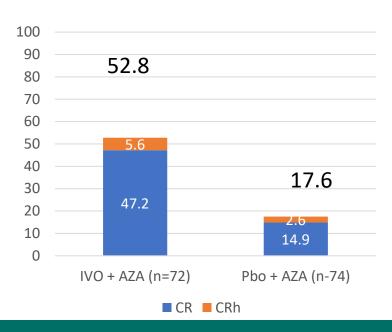
Pau Montesinos, M.D., Ph.D., Christian Recher, M.D., Ph.D., Susana Vives, M.D., Ewa Zarzycka, M.D., Jianxiang Wang, M.D., Giambattista Bertani, M.D., Michael Heuser, M.D., Rodrigo T. Calado, M.D., Ph.D., Andre C. Schuh, M.D., Su-Peng Yeh, M.D., Scott R. Daigle, M.S., Jianan Hui, Ph.D., Shuchi S. Pandya, M.D., Diego A. Gianolio, Ph.D., Stephane de Botton, M.D., Ph.D., and Hartmut Döhner, M.D.



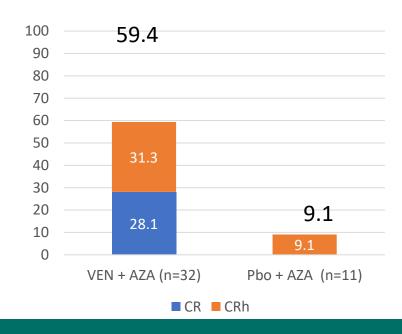


## Response rate

#### Ivosidenib



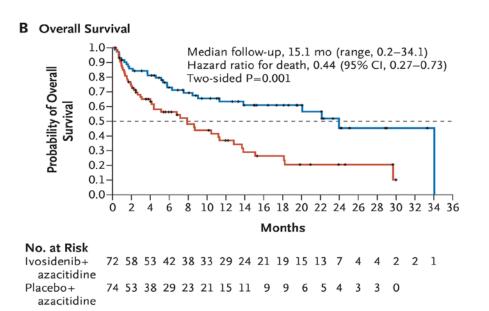
#### Venetoclax





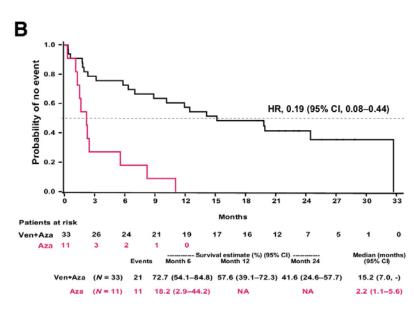
#### **Overall Survival**

#### Ivosidenib



Median OS, 24.0 months vs 7.9 months

#### Venetoclax



Median OS, 15.2 months vs 2.2 months



## Toxicity

	VEN + AZA		PBO + AZA	
Adverse events^, n (%)	All grade n=283	Grade 3/4 n=276	All grade n =144	Grade 3/4 n =136
Neutropenia	119 (42)	119 (42)	42 (29)	41 (29)
Febrile neutropenia	118 (42)	118 (42)	27 (19)	27 (19)
Anemia	78 (28)	74 (26)	30 (21)	29 (20)
Thrombocytopenia	130 (46)	126 (45)	58 (40)	55 (38)

	IVO+AZA (n=71)		PBO+AZA (n=73)	
	Any grade	Grade ≥3	Any grade	Grade ≥3
Neutropenia	20 (28.2)	19 (26.8)	12 (16.4)	12 (16.4)
Febrile neutropenia	20 (28.2)	20 (28.2)	25 (34.2)	25 (34.2)
Anemia	22 (31.0)	18 (25.4)	21 (28.8)	19 (26.0)
Thrombocytopenia	20 (28.2)	17 (23.9)	15 (20.5)	15 (20.5)



## Newly Diagnosed-AML with IDH1

- Ivosidenib monotherapy (n=33)
  - CR rate was 30%, CR/CRh was 42.5%
  - median OS of 12.6 months
- Venetoclax + azacytidine:
  - CR+CRh: 59%
  - Median OS: 15.2 months
- Ivosidenib + azacitidine (n=72)
  - CR +CRh: 52.8%
  - Median OS: 24 months



## Ivosidenib-IDH 1 inhibitor-R/R AML

- Primary efficacy population=125 patients
- CR, CRh:30.4%
- The median DOR: 8.2 months
- Transfusion independence: 35%
- Adverse events:
  - QT prolongation
  - Differentiation syndrome
  - Anemia, thromobocytopenia

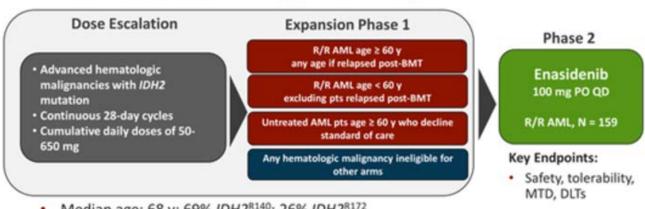


## AML with IDH2 mutation



## AMI – New Treatment: Enasidenib

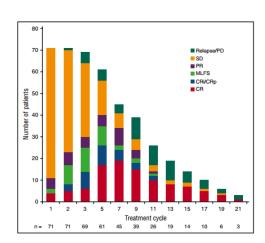
## Enasidenib (AG-221) IDH2-Mutated AML, Phase 1/2



- Median age: 68 y; 69% IDH2<sup>R140</sup>; 26% IDH2<sup>R172</sup>
- Most common AEs: hyperbilirubinemia (19%), nausea (18%)

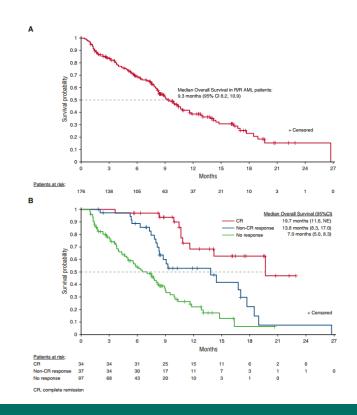


## Enasidenib-Response and Survival



#### Among 172 patients

- 71 patients responded
- Best response could take months to achieve





## Enasidenib-Adverse reactions

TEAE	Enasidenib 100 mg per day (n = 153)		
	No.	%	
Hyperbilirubinemia	13	8	
differentiation syndrome	11	7	
Anemia	10	7	
Thrombocytopenia	8	5	
Tumor lysis syndrome	5	3	
Decreased appetite	3	2	



## Patient presentation

- 76 year old man, seeing you for a second opinion
- Presents with fatigue and easy bruising
- No significant PMH
- Exam: Has some bruising
- CBC:
  - WBC count: 50,000 cells/mm<sup>3,</sup> 60% blasts
  - Hemoglobin: 8.4 gm/dl
  - Platelet count: 36,000 cells/mm<sup>3</sup>
- FLT3 ITD mutation



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## What therapy would you choose for this patient

**Azacitidine** 

Azacitidine + venetoclax

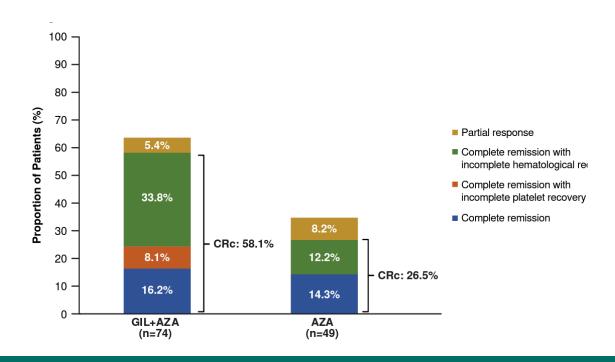
Azacitidine + giltretinib

Azacitidine + venetoclax + giltretinib

None of the above

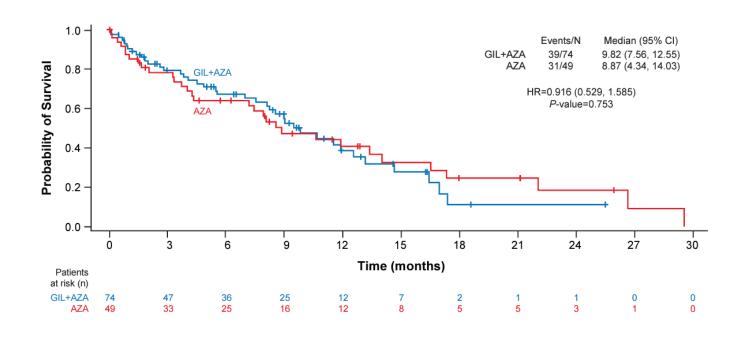


## Response-GIL+AZA vs AZA



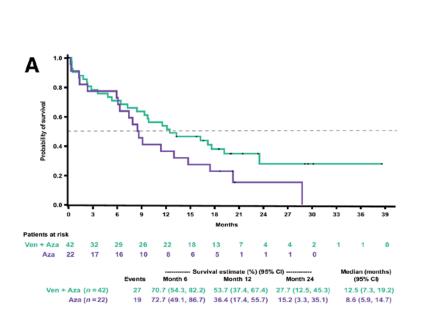


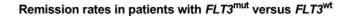
## Overall Survival-GIL + AZA vs. AZA

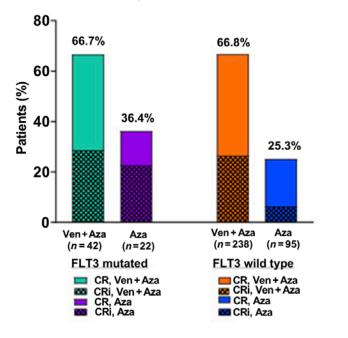




### FLT3-AML- Azacitidine + Venetoclax vs. Azacitidine









### Combine all Three

- Decitabine 10 + venetoclax + FLT3i
- Twelve patients
- ORR:
  - CRc rate was 92%
  - MRD negativity by FCM: 56% and by
  - MRD negativity by PCR/NGS in 91% of responders
- NPM (50%), IDH1/2 (33%)



## Gilteritinib in R/R AML

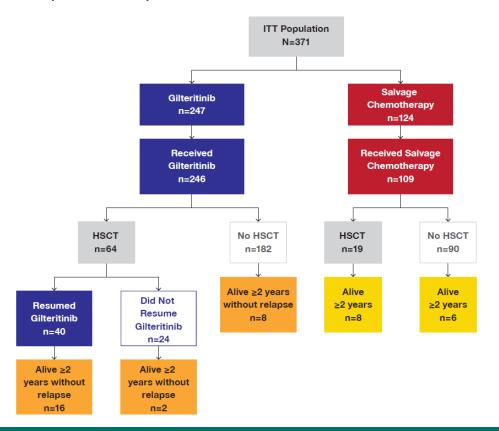


# Follow-up of Patients With *FLT3*-Mutated Relapsed or Refractory AML in the Phase 3 ADMIRAL Trial

 Masahiro Onozawa<sup>1</sup>; Alexander E. Perl<sup>2</sup>; Richard A. Larson<sup>3</sup>; Nikolai A. Podoltsev<sup>4</sup>; Stephen Strickland<sup>5</sup>; Eunice S. Wang<sup>6</sup>; Ehab Atallah<sup>7</sup>; Gary J. Schiller<sup>8</sup>; Giovanni Martinelli<sup>9</sup>; Andreas Neubauer<sup>10</sup>; Jorge Sierra<sup>11</sup>; Pau Montesinos<sup>12</sup>; Christian Recher<sup>13</sup>; Sung-Soo Yoon<sup>14</sup>; Naoko Hosono<sup>15</sup>; Shigeru Chiba<sup>16</sup>; Hee-Je Kim<sup>17</sup>; Nahla Hasabou<sup>18</sup>; Qiaoyang Lu<sup>18</sup>; Ramon Tiu<sup>18</sup>; Mark J. Levis<sup>19</sup>

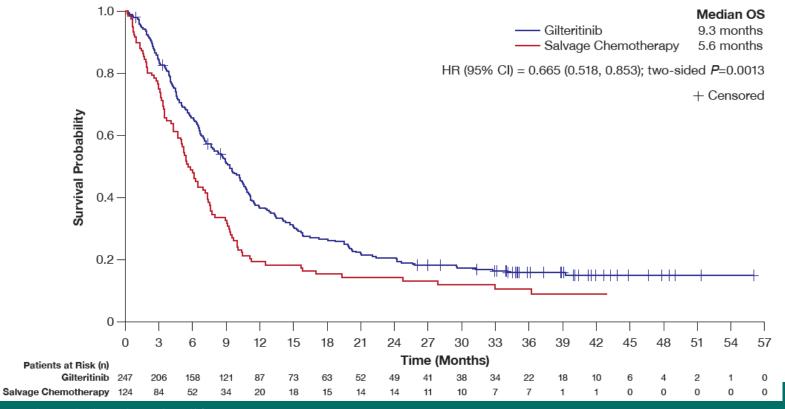
¹Hokkaido University, Sapporo, Japan; ²Abramson Cancer Center, University of Pennsylvania, Philadelphia, PA, USA; ³University of Chicago, Chicago, IL, USA; ⁴Yale School of Medicine, New Haven, CT, USA; ⁵Vanderbilt-Ingram Cancer Center, Nashville, TN, USA; ⁶Roswell Park Comprehensive Cancer Center, Buffalo, NY, USA; ¹Cancer Center - Froedtert Hospital, Milwaukee, WI, USA; ³David Geffen School of Medicine at UCLA, Los Angeles, CA, USA; ⁴IRCCS Istituto Romagnolo per lo Studio dei Tumori "Dino Amadori" – IRST S.r.l., Meldola, Italy; ¹OUniversitätsklinikum Giessen und Marburg GmbH, Marburg, Germany; ¹¹Hospital de la Santa Creu I Sant Pau and Josep Carreras Leukemia Research Institute, Barcelona, Spain; ¹²University Hospital La Fe, Valencia, Spain; ¹³Centre Hospitalier Universitaire de Toulouse, Institut Universitaire du Cancer de Toulouse Oncopole, Université de Toulouse 3 Paul Sabatier, Toulouse, France; ¹⁴Seoul National University Hospital, Seoul, Republic of Korea; ¹⁵Department of Hematology, University of Tsukuba, Tsukuba, Tsukuba, Japan; ¹¹Catholic Hematology Hospital, College of Medicine, The Catholic University of Horea, Seoul, Republic of Korea; ¹⁵Astellas Pharma US, Inc., Northbrook, IL, USA; ¹⁰Sidney Kimmel Comprehensive Cancer Center, Johns Hopkins University Department of Hematology Usersity Department of Homes Hopkins University Department of Homes Hopk

#### Patient disposition by treatment received

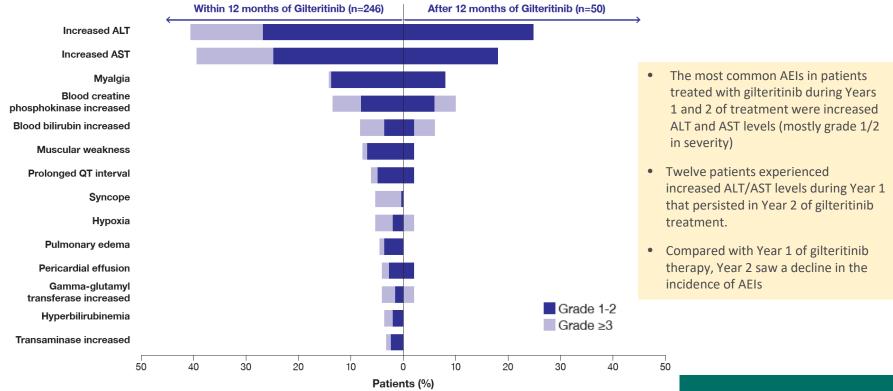


- Overall, 26 patients in the gilteritinb arm were alive without relapse for ≥2 years
- Of the 26 patients in the gilteritinib arm living without relapse for ≥2 years, 16 remained on gilteritinib therapy

#### Overall Survival in R/R FLT3<sup>mut+</sup> AML Patients: ITT population



#### Adverse Events of Interest During and After First Year of Gilteritinib Therapy





# Summary

- Eligibility for intensive chemotherapy is the first decision in magament algorithm
- Cooperative group studies will evaluate the role of high intensity vs.
   low intensity therapy in Myelomatch
- For older patients not candidates for intensive chemotherapy decision based on mutation analysis



# Chronic Myeloid Leukemia

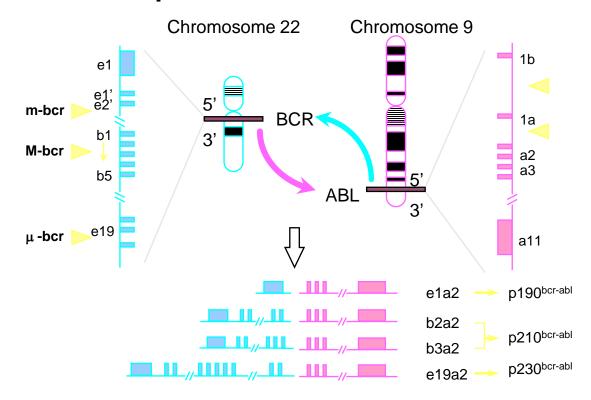


### Overview

- CML
  - Background
  - Management of patients with refractory disease
  - Treatment Free Remission



# The Philadelphia Chromosome

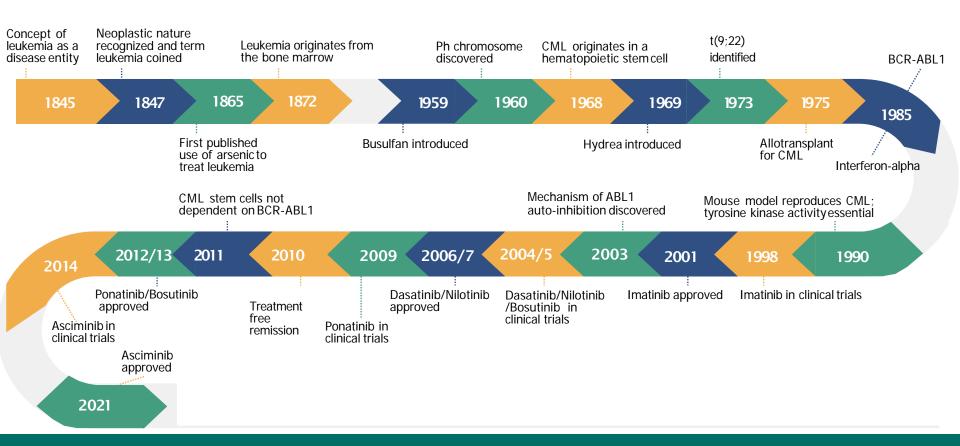




# Natural History of CML

Chronic phase (CP)	Accelerated phase (AP)	Blast phase (BP)
Ph+	Cytogenetic changes	
	Increasing blasts	
Median survival 3-5 years	12-24 mo	3-6 mo



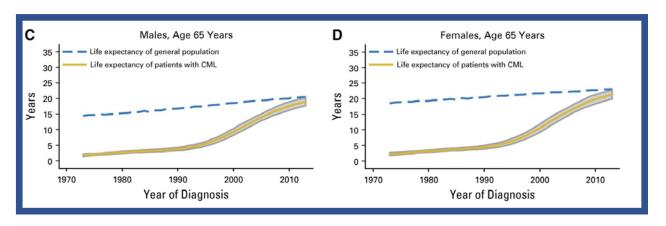




# Tyrosine Kinase Inhibitors Approved for the Treatment of Patients with Newly Diagnosed CML

- Imatinib 400 mg daily with food
- Nilotinib 300 mg twice daily without food
- Dasatinib 100 mg daily with or without food
- Bosutinib 400 mg daily with food

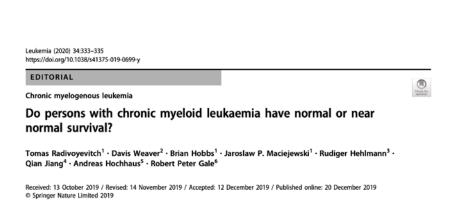
# Life Expectancy of Patients with CML

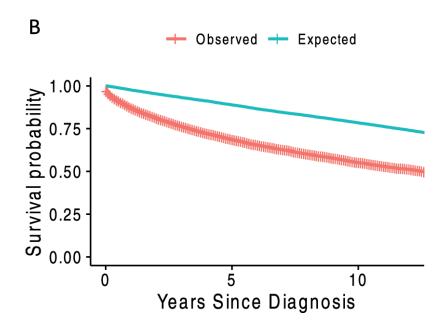


Patients of all ages diagnosed with CML will lose < 3 life-years as a result of CML



# Life Expectancy of Patients with CML





### Patient # 1

- 40-year-old lady found to have an elevated WBC count on routine CBC
- Physical exam reveals splenomegaly ~ 6 cm below costal margin
- CBC:
  - WBC count: 50,000 cells/mm<sup>3,</sup> 2% blasts, 4% basophil, 80% neutrophils
  - Hemoglobin: 13 gm/dl
  - Platelet count: 443,000 cells/mm<sup>3</sup>
- BM aspiration: hypercellular marrow (~100%) with 2% blasts
- Cytogenetics: Philadelphia chromosome in all 20 cells
- Starts dasatinib 100 mg daily



# Initial Response



Depth Duration



# Response Monitoring-BCR::ABL1 by PCR

	Optimal	Warning	Failure
Baseline	NA	High-risk ACA, high-risk ELTS score	NA
3 months	≤10%	>10%	>10% if confirmed within 1–3 months
6 months	≤1%	>1–10%	>10%
12 months	≤0.1%	>0.1–1%	>1%
Any time	≤0.1%	>0.1–1%,	>1%, resistance mutations, high-risk ACA



# Continue follow up-3 months

**Patient results** 

BCR::ABL1: 12%

	Optimal	Warning	Failure
3 months	≤10%	>10%	>10% if confirmed within 1–3 months

# Continue follow up-6 months

**Patient results** 

BCR::ABL1: 12%

BCR::ABL1: 8%

	Optimal	Warning	Failure
3 months	≤10%	>10%	>10% if confirmed within 1–3 months
6 months	≤1%	>1-10%	>10%



# Continue follow up-12 months

**Patient results** 

BCR::ABL1: 12%

BCR::ABL1: 8%

**BCR::ABL1: 6%** 

	Optimal	Warning	Failure
3 months	≤10%	>10%	>10% if confirmed within 1–3 months
6 months	≤1%	>1-10%	>10%
12 months	≤0.1%	>0.1–1%	>1%



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# What would you do next for this patient?

Assess adherence, check BCR::ABL1 mutation and bone marrow biopsy and switch to another TKI based on mutation analysis

Continue close observation

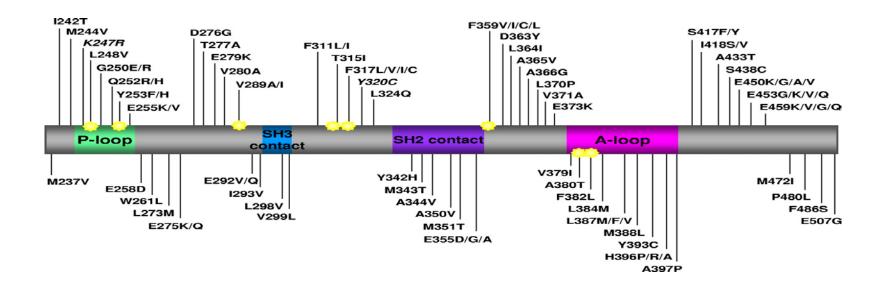
Call Ehab Atallah at 262-744-9174 or email at eatallah@mcw.edu

None of the above

- Patient is adherent to medications
- BM biopsy:
  - Blasts 2%
  - No other cytogenetic abnormalities
- BCR::ABL1 mutation analysis:
  - T315I mutation



### **BCR-ABL** kinase domain mutation





# Choice of TKI

Mutations poorly sensitive to dasatinib	V299L, <mark>T315I</mark> , T315A, F317L, F317V, F317I, F317C
Mutations poorly sensitive to nilotinib	Y253H, E255K, E255V, <mark>T315I</mark> , F359V, F359I, F359C
Mutations poorly sensitive to bosutinib	E255V, E255K, V299L, <mark>T315I</mark>
Mutations poorly sensitive to ponatinib	T315M, T315L



# What would you next for this patient

Start ponatinib 15 mg daily

Start ponatinib 30 mg daily and reduce to 15 mg daily once in MMR

Start ponatinib 45 mg daily and reduce to 15 mg daily once in MMR

Asciminib 200 mg twice daily

Asciminib 40 mg twice daily

# Ponatinib in 2nd Generation TKI-Resistant CML and Ph+ ALL: PACE Trial

Patients with
CML or Ph+ ALL resistant or intolerant
to dasatinib or nilotinib or with
emergent T315I mutation

Ponatinib 45 mg/day (n=444)

	CP-CML (N=270)			
	MCyR CCyR MMR			
R/I to dasatinib or nilotinib	56%	48%	31%	
T315l mutation	<b>72</b> % <b>70</b> % 58%		58%	
Total	60%	54%	38%	

T315I mutation: N= 64(24%) ≥ 3 prior TKIs: N=161 (60%)

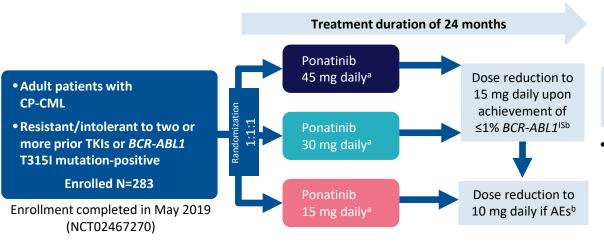


# Vascular Events Restrictions with Ponatinib

- Serious adverse vascular events
  - Phase II: 24% (median treatment duration 1.3 years)
  - Phase I: 48% (median treatment duration 2.7 years)
- Due to the risk of life-threatening blood clots and severe narrowing of blood vessels, the FDA requested marketing and sales of ponatinib be suspended on October 31, 2013
  - Patients currently taking ponatinib who are not responding should discontinue treatment and discuss alternative options
  - Patients currently responding and whose benefits outweigh the associated risks should be treated under a single-patient IND application or expanded access
  - Do not initiate treatment with new patients unless there are no other treatment options and all other available therapies have failed



# OPTIC (Optimizing Ponatinib Treatment In CP-CML): Ongoing, Multicenter, Randomized Phase 2 Trial



#### Primary endpoint<sup>c</sup>

≤1% BCR-ABL1 S at 12 months

- Statistical analysis
  - N ≥92 patients/cohort distinguished a favorable ≤1% BCR-ABL1<sup>IS</sup> rate of 35% from a null/uninteresting rate of 20% with a nominal 80% power and onesided type I error rate of 0.0083 (exact binomial test)

- Median (range) duration of follow-up: 32 months (1–57)
- Minimum follow-up (date last patient was randomized to data cutoff date [5/31/20]): 12.8 months

AE, adverse event; CML, chronic myeloid leukemia; CP, chronic phase; IS, International Scale; MCyR, major cytogenetic response; MMR, major molecular response. 

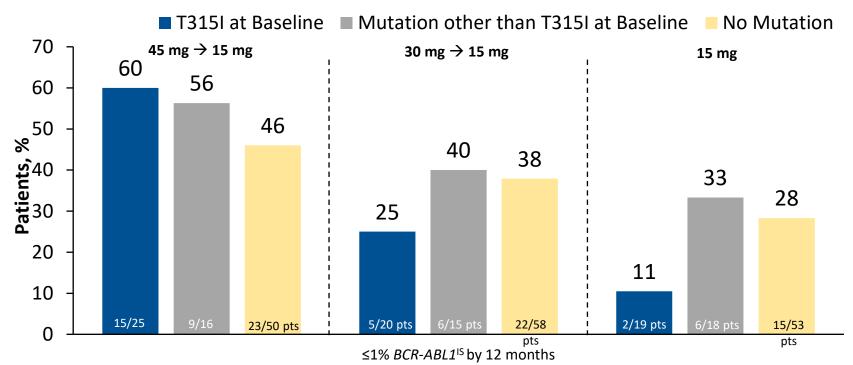
aDose reductions due to AEs were permitted.

<sup>&</sup>lt;sup>c</sup>Key secondary endpoints: MMR rate at 12 and 24 months, MCyR rate by 12 months, duration of MMR, and safety across the 3 doses.



bEscalation to the starting dose allowed for patients who lost their response following dose reduction; no dose escalation allowed beyond starting dose.

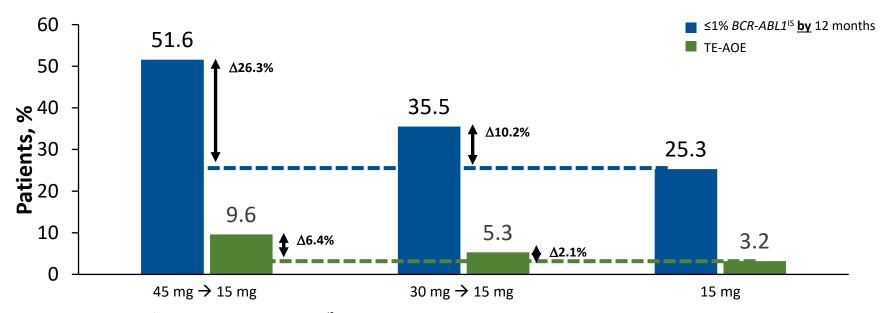
# ≤1% BCR-ABL1<sup>IS</sup> Response Rate by 12 Months<sup>a</sup> by T315I Baseline Status







# Overall Safety and Efficacy by Starting Dose

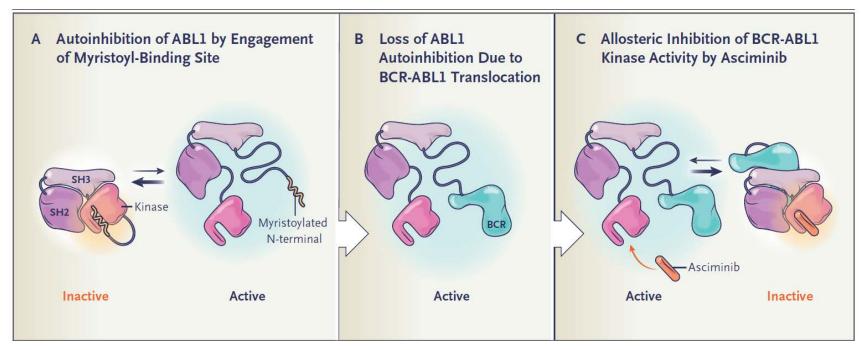


- The percentage of patients with ≤1% BCR-ABL1<sup>IS</sup> decreased with decreasing doses
- The incidence of TE-AOEs decreased with decreasing doses

TE-AOE, treatment-emergent arterial occlusive event



### **Asciminib**



Specifically Targeting the ABL Myristoyl Pocket (STAMP) inhibitor



## CML-T315I

### **Ponatinib**

	Phase I + PACE		
	N(%)		
Time	Not reported		
N	76		
CCyR	55(72)		
<1%			

#### **Asciminib**

	Ponatinib	Ponatinib	All
	Pretreated	Naive	
Time	By week 96		
N	26	19	45
CCyR			
<1%	10 (47.6)	13 (81.3)	23 (62.2)



## CML-T315I

### **Ponatinib**

	Phase I + PACE		
	N(%)		
Time	Not reported		
N	76		
CCyR	55(72)		
<1%			
<0.1%	46(61)		
<0.01%	32(42)		
<0.0032%	25(33)		

### **Asciminib**

Ponatinib Pretreated		Ponatinib Naive	All
Time	By week 96		
N	26	19	45
CCyR			
<1%	10 (47.6)	13 (81.3)	23 (62.2)
<0.1%	9 (34.6)	13 (68.4)	22 (48.9)
<0.01%	NR	NR	14 (28.9)
<0.0032%	NR	NR	11 (24.4)



# ASCEMBL CML-CP previously treated with ≥2 TKIs

- N = 233
- Stratified by MCyR
- Crossover allowed for lack of efficacy
- 2:1
- No T315I or V299L

R A N D O M I Z

E

Asciminib 40 mg bid (N=157)

Bosutinib 500 mg qd (N = 76)

Primary objective: MMR at week 24



ASCEMBL-Asciminib vs. Bosutinib 24 weeks

MMR: 25.5% vs. 13.2%

MR<sup>4</sup>: 10.8% vs. 5.3% 17.2% vs. 10.5%

96 weeks

37.6% vs. 15.8%

MR<sup>4.5</sup>: 8.9% vs. 1.3% 10.8% vs. 5.3%

BCR::ABL1<sup>IS</sup> ≤1%: 44.4% vs. 20.8% 45.1% vs. 19.4%

## Adverse Events-Asciminib vs. Bosutinib

	Asciminib N (%)		Bosutin	ib N (%)
	All grades	Grade ≥ 3	All grades	Grade ≥ 3
Headache	25 (16.0)	3 (1.9)	10 (13.2)	0
Diarrhea	18 (11.5)	0	54 (71.1)	8 (10.5)
Hypertension	18 (11.5)	9 (5.8)	3 (3.9)	3 (3.9)
Nausea	18 (11.5)	1 (0.6)	35 (46.1)	0
Fatigue	16 (10.3)	0	7 (9.2)	1 (1.3)
Nasopharyngitis	15 (9.6)	0	2 (2.6)	0
Rash	11 (7.1)	0	18 (23.7)	3 (3.9)
Vomiting	11 (7.1)	2 (1.3)	20 (26.3)	0
Abdominal pain	7 (4.5)	0	11 (14.5)	1 (1.3)

Occurring in ≥10% of patients on either arm



### Adverse Events-Asciminib vs. Bosutinib

	Asciminib		Bosutinib	
	All grades	Grade ≥ 3	All grades	Grade ≥ 3
Thrombocytopenia	45 (28.8)	34 (21.8)	14 (18.4)	7 (9.2)
Neutropenia	34 (21.8)	28 (17.9)	16 (21.1)	11 (14.5)
Anemia	15 (9.6)	2 (1.3)	6 (7.9)	3 (3.9)
Increased ALT	6 (3.8)	1 (0.6)	21 (27.6)	11 (14.5)
Increased AST	6 (3.8)	1 (0.6)	16 (21.1)	5 (6.6)

Occurring in ≥10% of patients on either arm



# Summary

- Patients with CML have an excellent survival
- Always assess adherence and mutational status in patients who do not respond
- Both asciminib and ponatinib are FDA approved for the therapy of patients with T315I mutation or in patients who have received ≥ 2 TKIs



### Patient Case

- 54 year old gentleman with chronic phase CML on TKI therapy, is in the office to discuss treatment discontinuation.
- He has been on TKI therapy for 5 years
- BCR::ABL1 levels in last 2 years:
  - 0.008
  - 0.000
  - 0.006
  - 0.000
  - 0.000
  - 0.004



⊕ When poll is active, respond at pollev.com/hematologyo105

Text **HEMATOLOGYO105** to **22333** once to join

### It is safe to go ahead and stop therapy

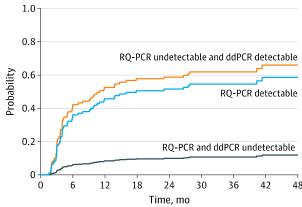
True False

# Who Can be Considered For Stopping TKIs?

- Chronic phase CML
- Duration of TKI: at least 3 years
- Duration of low level BCR-ABL by PCR: 1-2 years
- Depth of response: at least MR<sup>4</sup> (BCR::ABL1 < 0.01%)
- Involved patient
- Multi-team approach



#### **B** Probability of MRec



No. at risk RQ-PCR and ddPCR undetectable 87 76 71 13 8 70 RQ-PCR undetectable and ddPCR detectable 32 14 RO-PCR detectable 16 15 14

JAMA Oncology | Original Investigation

#### Assessment of Outcomes After Stopping Tyrosine Kinase Inhibitors Among Patients With Chronic Myeloid Leukemia

A Nonrandomized Clinical Trial

Ehab Atallah, MD; Charles A. Schiffer, MD; Jerald P. Radich, MD; Kevin P. Weinfurt, PhD; Mei-Jie Zhang, PhD; Javier Pinilla-Ibarz, MD; Vamsi Kota, MD; Richard A. Larson, MD; Joseph O. Moore, MD; Michael J. Mauro, MD; Michael W. N. Deininger, MD; James E. Thompson, MD; Vivian G. Oehler, MD; Martha Wadleigh, MD; Neil P. Shah, MD, PhD; Ellen K. Ritchie, MD; Richard T. Silver, MD; Jorge Cortes, MD; Li Lin, MS; Alexis Visotcky, MS; Arielle Baim, BA; Jill Harrell, BS; Bret Helton, BS; Mary Horowitz, MD; Kathryn E, Flynn, PhD



# Why consider stopping?

TKI therapy is associated with reduced QOL

High cost to patient and society

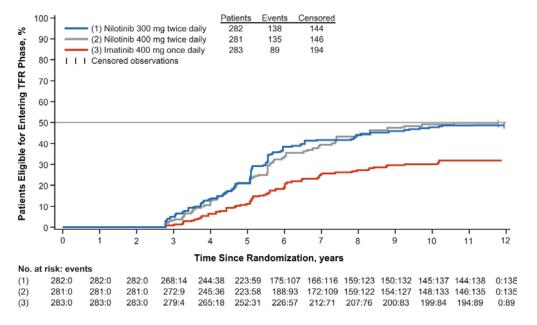
Some patients may not require lifelong TKIs

#### Children and adolescents:

- Substantial growth abnormalities
- Effect on pregnancy/fertility
- Cardiovascular toxicity and thyroid dysfunction



# TFR Eligibility-ENESTnd



	Nilotinib 300 mg BID	Imatinib 400 mg QD
5 year	20.9%	11%
10 year	48.6%	29.7%



### Continue

- Patient stopped therapy
- How should this patient be monitored?



## How should this patient be monitored?

Monthly with BCR::ABL for three years

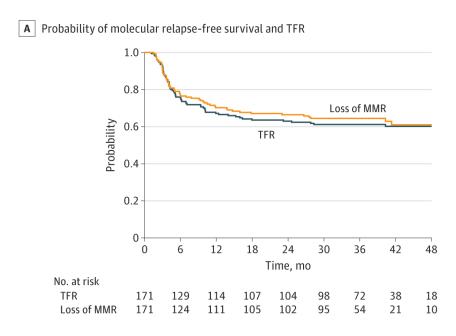
BCR::ABL every 3 months x 3 years then stop

Bone marrow biopsy every 3 monsth for one year, then PCR for BCR::ABL every 3 months

PCR for BCR::ABL monthly for 6 months, every 2 months for 6-12 months and every 3 months forever

# Monitoring

- Monthly for first 6-12 months
- Every 2 months for 18-24 months
- Every 3 months thereafter





## When would you restart treatment for this patient

BCR::ABL >0.001

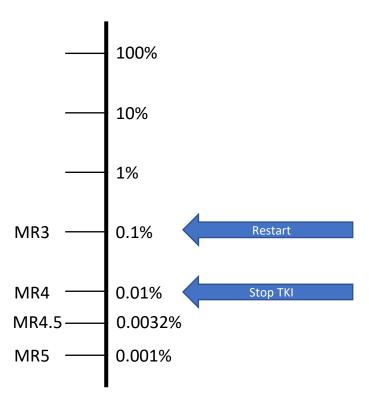
BCR::ABL >0.01

Any detectable level

You are crazy. Why did you stop treatment

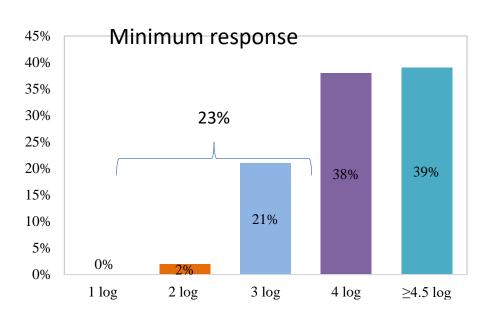
None of the above

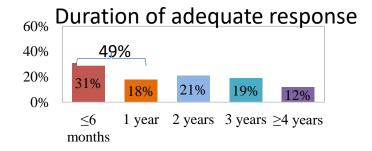
# Restart-Loss of MMR

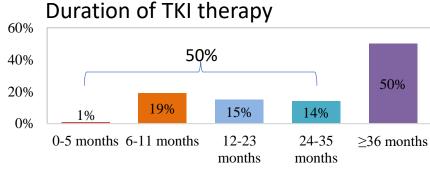




#### Discontinuation Patterns in US









#### Outcome of Select Discontinuation Studies

Study	N	TKI	RFS % (years)
STIM1	100	IFN/Imatinib	38 (7)
TWISTER	40	Imatinib	45 (3.5)
STIM2*	124	Imatinib	46 (2)
Euro-SKI	750	Imatinib	52 (2)
Dasfree	84	Dasatinib	46 (2)
ENESTfreedom	190	Nilotinib	52 (4)
LAST	173	Imatinib/Das/Nil/Bos	61 (3)

N: number of patients, IFN: Interferon, TKI: Tyrosine kinase inhibitor, RFS: Relapse free survival,



<sup>\*</sup>No prior therapy with IFN, Das: Dastainib, Nil: Nilotinib, Bos: Bosutinib

# Is Stopping TKI Realistic?

50% achieve MR4 or MR 4.5



50% restart TKI

70-80% of newly diagnosed patients with CML will need long term TKI therapy

#### TKI Discontinuation Side Effects

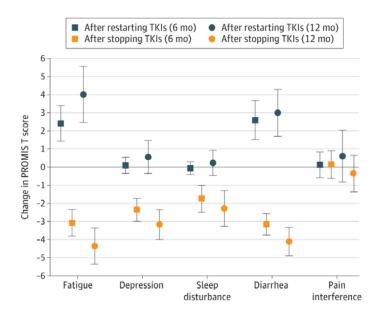
- TKI withdrawal syndrome:
  - Musculoskeletal pain/joint pain
  - 30% of patients
  - Median duration 6 months
  - Less likely to relapse
- Increased Anxiety
- More frequent monitoring



# Benefits of Treatment Free Remission



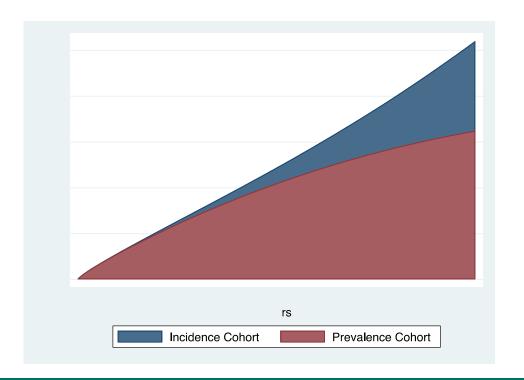
# Improved Quality of Life after Discontinuation



Mean Changes in Patient-Reported Outcomes After Tyrosine Kinase Inhibitor (TKI) Discontinuation and TKI Restart at 6 and 12 Months Vertical lines indicate 95% CIs. PROMIS indicates Patient-Reported Outcomes Measurement Information System.



# Cost Savings



\$50 billion over 30 years

\$50,000,000,000



# Summary

- TFR is safe and feasible in a select group of patients
- Close monitoring is required
- QOL does improve after successful TFR
- Multiple studies aiming at deeper remission and increasing rate of TFR are ongoing



## The H. Jean Khoury Cure CML Consortium (HJKC3)



"Galvanized by the spectacular collaboration created by the LAST study, the creation of a CML consortium was simply the next logical thing to do"



Asciminib ± Nilotinib

Attempt second treatment free remission

Ruxolitinib

Asciminib



































